



www.frederickuu.org – September 12, 2010

# Unison

Weekly Announcements  
Unitarian Universalist Congregation of Frederick  
4880 Elmer Derr Road  
Frederick, Maryland 21703  
301-473-7680

## Two Sunday Services — 9am and 11am Childcare at Both Services

**Sunday – September 12 – *Sources of Our Living Tradition* – Rev. Robert Hughes –**  
Often we focus on our UU Principles and Purpose. Seldom do we focus on the Sources from which we draw. This Sunday we'll take a look at some of those sources - where they originated and how they can be resources for living.

Please bring water from your travels in August to commingle with waters of past years and past travels on this **Water Communion Sunday**, which inaugurates our return to two Sunday services.

### FROM OUR MINISTER'S DESK – REV. ROBERT HUGHES

#### Ordination

We rejoice with the UUs of Cumberland Valley, York, and Wellsprings at the ordination of Kathryn L. Ellis. The service is scheduled for September 19, 2010 at 5:00 pm at the Unitarian Church of Harrisburg, PA.



#### Alarm System Needed

In order to keep people as safe as possible, the legal authorities have recommended that we have some sort of alarm system; so that, should an intruder enter the building, other people can be alerted to lock down. This would be especially applicable if someone came in the front door so that we could alert the staff in the CLC program. If anyone in the congregation has some expertise in such matters, please contact Stan Schlepp.

#### Video Recording

If there is a member of the congregation who has some video equipment and who would be willing to record occasional events – such as an occasional worship service - please contact Rev. Hughes or Mary Fletcher.

#### 10.10.10

Sunday, October 10, 2010 will be a special day for us. Here are a couple of things presently planned.

\* Following the worship service the Membership Committee will host a conversation regarding our expectations of one another. Drawing on the book, *The Almost Church Revitalized*, and Rev. Hughes' sermon regarding membership, the meeting will focus on what we are willing to commit to as members of UUCF. See Dick Roblin for additional information.

\* Also, those who are willing to provide some assistance to our grounds are asked to bring a change of clothes and hand trowels (if available). Under the direction of Dick Menzer (landscaper extraordinaire) we will remove some weeds from the various beds around the building and lend a hand to plants we would like to see thrive. (This would be an ideal activity for families with children old enough to help and learn!) Mr. Menzer is also willing to lead a tour of the grounds after the work is done.

\* Those who wish are invited to bring a bag lunch, so that we may be appropriately fortified to engage in some yard work.

### **Awakening the Dreamer**

There is still room for people to attend the “Awakening the Dreamer” Symposium, which UUCF is helping sponsor on September 19 from 1:30 until 5:30 p.m. The event will be held at the Unity Church in Frederick. Call Dottie Hall to register.

This highly praised event helps participants focus on what can be done to further the sustainability of our good earth – a project that is of vital importance to us all. See the website for more information or pick up a flyer in the Narthex.

### **Murray Grove Homecoming 2010**

This event at our UU camp in New Jersey is scheduled for September 24-26. The event celebrates 240 years of Universalist and Unitarian Heritage. See <http://www.murraygrove.org/> or call 609.693.5558 for additional information.

## **Congregational Life**

### **FRIENDLY FORUM**

**\*\*\*Winter Schedule (10:00 AM)\*\*\***

September 12 - The Good, the True, the Beautiful - Religion and Science, Psychology and Culture (Rev. Hughes)

**THE UUCF BOOK CLUB** will meet on Friday, September 24 at the home of Carol Colloton in West Virginia. The book we will be discussing is *Paradox of Choice* by Barry Schwartz. We meet at 7:30 pm. For directions to Carol's house, you may e-mail her at [cacolloton@hotmail.com](mailto:cacolloton@hotmail.com). Her phone number is 304-728-6425, and her address is 164 Bedford Drive, Charles Town, WV 25414.

### **LANDSCAPING NEEDS YOUR SUPPORT**

Our church needs twelve volunteers to spend two hours per week between March and November maintaining our landscape of five acres. If we include mowing as we did until this year, this will add eight hours per week about twenty times between the third week of May and the first week of November. There is no more money for mowing.

Dick Menzer will be away from September 17th to 26th, and October 15th to 23rd. He has spent ten or more hours per week from March through September planting, weeding, fertilizing, pruning and watering. The drought has cost us about 20 of the 70 plants put in during the spring. More will be lost if the watering is not maintained on 10 percent of the 600 plants added in the past seven years.

Dick will be in the Narthex after the second service this Sunday to sign people up. Call him at 301-662-2729 for more details. All the tools needed are at church. Thank you in advance for volunteering.

### **SAVE THE DATE: OCTOBER 23RD FOR THE UUCF AUCTION**

The annual UUCF Auction, our main fund-raising event, is scheduled for Saturday, October 23rd. Please be thinking of what you will put up for sale, especially social activities that you host. These provide opportunities for new members to get to know others. Also, consider auctioning a vacation home for a week, offering your services, or how about that still usable item that you no longer want? You sell the activity or item at the Auction, the money goes to UUCF.

### **"MYTH"**

Most of us think that "myth" means something that is not true. The American Edition of the Oxford Dictionary and Thesaurus says myth is an allegory (the Platonic myth). But Joseph Campbell and other scholars of human culture suggest that myths contain deep truths about us, who we are as nations and as individuals. The September 19 sermon by Sea Raven, D.Min. will be What Are We Mything?

### **LABYRINTH PICTURE NEEDED**

"UUCF is in the process of adding our labyrinth to the "world labyrinth locator" on the web. We would like to add a picture. If anyone has a good picture, please forward to Nancy Hutchins. It must be in the following format in order to upload it the site easily: JPEG, PNG, or GIF."

## **SOCIAL AND ENVIRONMENTAL JUSTICE**

### **REMINDER: SEPTEMBER SEJ DISCUSSION RESCHEDULED TO THIS SUNDAY, SEPTEMBER 12**

The SEJ Discussion Group has been rescheduled in order to allow members to attend the Awakening the Dreamer symposium that will be held on September 19. The focus of the discussion will be an action plan for completion of our Green Sanctuary certification this year. If you have been active in any part of greening UUCF (building, grounds, kitchen, sustainability, fair trade, etc), please try to attend this initial organizational meeting. We particularly need input from those who have a historical perspective of UUCF's Green Sanctuary program.

### **GREEN SANCTUARY NEWS – RAIN GARDEN WORKSHOP**

Potomac Conservancy, in partnership with the Interstate Commission on the Potomac River Basin, is hosting a rain garden workshop at Bar-T Mountainside. Learn how to manage stormwater through rain gardens, pollinator gardens and other turf-reducing practices, and get hands-on experience planting native plants.

When: Saturday, September 25, 10:00 am – 4:00 pm

Where: Bar-T Mountainside, 2914 Roderick Rd., Urbana, MD

RSVP to Aimee Weldon, [weldon@potomac.org](mailto:weldon@potomac.org), no later than September 20.

### **FAIR TRADE NEWS – FASHION SHOW**

Volunteer to be a model in the 2010 Fair Trade Fashion Show, which will be held Saturday, December 4, 2010. Sign-up sheets will be in the Green Sanctuary Cabinet. All ages and genders invited! Feel free to browse the on-line catalogues of this year's fashion partners; and if you see an outfit you particularly like, we will try to obtain it for you to model! As in the past, models (and other volunteers) will be offered a discount on apparel they purchase at the show. You can sign up on the sheet in the Green Sanctuary Cabinet, or by e-mailing [fashionshow@frederickuu.org](mailto:fashionshow@frederickuu.org). As soon as you confirm your participation, your picture will be published on facebook.com/uufairtrade.

Our 2010 fashion partners are:

\* Marketplace: Handwork of India - (<http://marketplaceindia.org/Main.aspx>) - A nonprofit organization helping to build women-led social enterprise movement through fairtrade fashion and local community action in India's slums. We featured their fashions in our first Fairly Fashionable Show (2009).

\* Autonomie Project, Inc. (<https://www.autonomieproject.com/>) - a New Fair Trade fashion company, founded in 2007, offering stylish sweatshop-free, vegan, and eco-friendly footwear, clothing, and accessories. Autonomie Project is part of Fair Trade Boston.

\* Deva Lifewear (<http://www.devalifewear.com/mm5/merchant.mvc>) - A US company that started as a cottage industry in Burkittsville, Maryland, offering comfortable, functional cotton clothing crafted at home.

\* We are in the process of negotiating one more vendor who will be more attractive to the younger set (i.e. eco-chic!). Please stay tuned!

We are in the process of choosing a theme title for this year's show. Our previous 2 years were:

2008: Fairly Fashionable: Looks that Flatter & Wages that Matter (suggested by Danielle Grace)

2009: Fashion Made Fair

If you have an idea for a catchy title for the 2010 show, send it to

[fashionshow@frederickuu.org](mailto:fashionshow@frederickuu.org). If your title is used, you will receive 2 free tickets to the Show.

Check us out for the latest updates at [www.facebook.com/uufairtrade](http://www.facebook.com/uufairtrade).

## **Adult Spiritual Enrichment**

### **NEW ADULT SPIRITUAL ENRICHMENT BROCHURE**

The new green brochure is available at the welcome desk in the lobby, at the Religious Education kiosk in the Narthex, and, together with online registration, at [www.frederickuu.org/re/adult\\_spiritual\\_enrichment.php](http://www.frederickuu.org/re/adult_spiritual_enrichment.php).

Other classes, discussions, or workshops that may yet be scheduled this fall will be announced through the Unison. Please sign up for things in which you are interested; it helps the planning. Any questions, comments, or proposals are welcomed at [enrichment@frederickuu.org](mailto:enrichment@frederickuu.org). ASE Committee: Ann Foard, Nancy Hutchins, Carole Benson, and Penny McDougal.

### **WOULD YOU LIKE TO JOIN A SMALL GROUP AT UUCF?**

The UUCF Chalice Community (also known as small group ministry) is a program made up of small groups, normally six to ten members each, which meet twice monthly October through June for spiritual and intellectual exploration and growth through discussion of topics of interest to the group. Newcomers, friends and members are all most welcome. Our discussions are based on our personal and life experiences—no homework! This year some of the sessions will parallel Rev. Hughes discussions of our UU sources.

Groups are being formed for 2010-2011 and will begin meeting mid-October. Please register so we can begin forming the groups for this year. Re-registration IS necessary for previous participants. Our registration process includes a place for you to tell us when you're available to meet. Please include all times you could meet, as groups will be formed based on participants' availability. We welcome newcomers, friends, and members to participate.

Please see the yellow CC brochure and registration information at the Religious Education station in the Narthex and on the web at [www.frederickuu.org](http://www.frederickuu.org) under "Adult Spiritual Enrichment" You may indicate your interest in CC by emailing [cc@frederickuu.org](mailto:cc@frederickuu.org). Please include your contact information and all available mornings or evenings you are available. Steering Committee co-chairs: Nancy Hutchins & Diane Shuey.

### **CHALICE COMMUNITY SAMPLE SESSION SEPTEMBER 19 AND OCTOBER 3**

Curious about how a CC meeting might go? Want to test drive this program? Two separate sessions will be offered after the late service on September 19 and October 3. See the Adult Spiritual Enrichment brochure for more information or contact [cc@frederickuu.org](mailto:cc@frederickuu.org).

## **Visual Arts**

### **FROM THE BLANCHE AMES GALLERY**

Some of you may remember the very successful exhibit, called "Critters", shown in our Gallery in 2007. The drawings were done by Frederick artist, Frank DuVal. He has returned with "Critters II". You are sure to enjoy these new extraordinary drawings featured all this month. Many of his "critters" were encountered along the streams, ponds and hiking paths of Frederick County.

A few years ago, DuVal lived a year as Artist in Residence in the Badlands National Park. Some drawings from his experience there have been incorporated into a volume of poetry by Roger Mitchell. The book will be available at the reception in this gallery to be held this Sunday, September 12, 12:30 – 3:00 p.m. All are invited to meet and talk with Frank. Please come and bring your friends. See you in the gallery!

## **Children and Youth**

### **RELIGIOUS EDUCATION KICKOFF**

Sunday, September 12 begins our Fall RE session! Please remember to register your child(ren), even if you have registered before. Registration forms will be available in all classrooms, in the RE cabinet in the Narthex, and in the hands of the DRE!

RE has opportunities for newcomers and veterans alike to participate in learning and teaching. The registration form has space for indicating your interest in volunteering with our young people of all ages; just think what you could learn by leading or assisting!

For more information, contact Lora Powell, UUCF Director of Religious Education, at 301-473-7680 or [education@frederickuu.org](mailto:education@frederickuu.org).

"... your ears thirst for the sound of your heart's knowledge." --Kahlil Gibran

### **HAPPY SEPTEMBER BIRTHDAYS**

***1st – Wallis Shamieh; 2nd – Ann Foard; 3rd – Chloe McKeel, Dudley Smith Hasty; 7th – Gabriel Consaul, Max Harold; 10th – Seth Albers, Bryce Wellington; 11th – Andrew Gribben, Alexandra Kindahl; 15th – Christian Kloc, Emily Kloc; 16th – Pinoake Browning, Meg Menke; 17th – Ezra Harner, Joanne Spivey; 19th – Luke McMullen, Fred Stephens; 20th – Glenn Matthies; 21st – Lindsey Roschel; 22nd – Seamus Callin, Rebecca Dean, Skylar Robisch; 24th – Hope Sorensen (Antoniewicz), Tegan Sorensen (Antoniewicz); 25th – Matt Mead; 26th – Denise McIntyre-Workman; 27th – David Wilson; 28th – Kraig Elliott; and 30th – Walt Slaby..***

## **Fiscal Matters**

### **OUCH!!!**

What's the problem, you ask? It's the pain caused by our August electric bill: \$1900 for one month's electric usage -- more than double the amount of any bill we have ever gotten in the summer months. Even though we pay for electricity on a fixed rate contract through an electric cooperative, we really got socked in August. It's because our daily power usage on that bill was 400 KWH per day, compared to about 250 per day in other summers.

Yes, I know we had lots of 90 degree days this year, but on some of those days, doors were left open while the AC was running, or the AC was running in rooms that were empty, or lights were left on all night long. Please, please, please -- help us conserve -- especially when it is really hot or really cold. No matter the weather, we can be more careful of how we use both our natural resources and our financial resources.

### **WHAT IS THE "UUCF WISH LIST"? HOW DO I MAKE A CONTRIBUTION?**

At the Congregation's Annual Meeting on June 13, UUCF members approved our financial plan for the new UUCF church year that began on July 1. The plan has two parts. First is the "status quo" budget. It takes care of all regular salary, building and program costs; these are the things you pay for through pledges, fund-raising projects, etc. Second, members adopted a "wish list" of improvements we would like to make, all of which will require new donations. Here are the items on the Wish List:

- a mowing service to keep our grounds trimmed on a year-round schedule.
- paying the full amount of our annual dues to UUA and JPD (the status quo budget will pay for part of the dues, but we wish to pay them all!)
- donations targeted to our Capital Reserve Fund, i.e., the money we use for major repairs of the building

People have inquired how to make a donation to the Wish List. Remember, these will be donations over and above your regular pledge. You can write a check or submit a "Wish List Pledge". Pledges should be in writing, telling the Treasurer how much you plan to donate to the Wish List and when you will make payments. If you can write a check to UUCF, add the note "Wish List" on the memo line.

Yes, you may designate your donation to just one of the Wish List items. Be sure to tell us your intention by making a note on your check or supplementary pledge.

## **Pastoral Care**

**THE PASTORAL CARE ASSOCIATES** stand ready to be of service to each of our members and friends when illness, death or family difficulties arise. We count on hearing from you in time of need so that we might be useful in caring. No one need cope alone. We honor your privacy with utmost respect. Please call or write any of the Pastoral Care Associates listed below.

Fanny Johnsson – [fjohnsson@comcast.net](mailto:fjohnsson@comcast.net) – 301-694-5474

Carol Silkwood – [crsilk@comcast.net](mailto:crsilk@comcast.net) – 301-663-5674

Maida Wright – [maida2@netzero.net](mailto:maida2@netzero.net) – 301-694-6518

Diane Shuey – [dbshuey@comcast.net](mailto:dbshuey@comcast.net) – 301-865-6023

Deborah Calhoun – [deborahcalhoun@comcast.net](mailto:deborahcalhoun@comcast.net) – 301-865-0249

**IT IS ALWAYS BEST TO CALL AHEAD IF YOU WISH TO MEET WITH REV. HUGHES OR ANY STAFF MEMBER.**

**REV. ROBERT HUGHES' CURRENT WORK SCHEDULE**

**Thursdays:**

9:00 am – 12:00 Noon  
2:00 pm – 5:00 pm  
6:00 pm – 7:30 pm

**Fridays:**

10:00 am – 12:00 Noon  
1:00 pm – 4:00 pm

**Sundays** – 8:30 am – 2:00 pm

The minister will preach two Sundays each month and will usually be present on the other Sundays.

When there are committee meetings or board meetings on a Thursday night, the minister will stay later. The two hours on Thursday from 12:00 Noon until 2:00 pm are for lunch and any needed hospital visitation

Ms. Dottie Hall, the church administrator, has access to the minister's calendar. Should the minister not be available, you may talk with her regarding scheduling a meeting. Please reserve any free Thursday evenings for people who have day jobs.

Should there be needs outside of the available times allotted, please let the minister know.

**DIRECTOR OF RELIGIOUS EDUCATION – LORA POWELL'S OFFICE HOURS**

Sunday – 8:00 am – 1:30 pm	Wednesday – 9:00 am – 2:30 pm (at home)
Monday – Day Off	Thursday – 9:00 am – 2:30 pm
Tuesday – 9:00 am – 2:30 pm	Friday – 9:00 am – 12:00 Noon (at home)

**THE UUCF STAFF** meets regularly. There is a "staff suggestion" box in the Narthex. Please either contact the staff directly or through the box. If you would like a response, please include a name and phone number and/or an email address.

Rev. Robert Hughes – [minister@frederickuu.org](mailto:minister@frederickuu.org)

Dottie Hall – [office@frederickuu.org](mailto:office@frederickuu.org)

Lora Powell – [education@frederickuu.org](mailto:education@frederickuu.org)

Sue Singley – [circleoflife@frederickuu.org](mailto:circleoflife@frederickuu.org)

Carrie Bagwill – [clcadmin@frederickuu.org](mailto:clcadmin@frederickuu.org)

Alice Kleinfeld – [calendar@frederickuu.org](mailto:calendar@frederickuu.org)

Turner Stokes – [webmaster@frederickuu.org](mailto:webmaster@frederickuu.org)

**Dottie Hall's Office Hours**

Monday – Day Off

Tuesday – 9:00 am – 5:00 pm

Wednesday – 9:00 am – 5:00 pm

Thursday – 9:00 am – 5:00 pm

Friday – 9:00 am – 5:00 pm

**REMINDER:** In order to schedule a room for meetings, etc., please complete a "Calendar Reservation Form" located in the office (and next to the drinking fountains by the office door) or reserve space online at [www.frederickuu.org/space\\_reserve.html](http://www.frederickuu.org/space_reserve.html). Changes should be forwarded to [calendar@frederickuu.org](mailto:calendar@frederickuu.org). As a scheduling aid, you may refer to the UUCF 3 Year Schedule of Events at [www.frederickuu.org/uucf\\_schedule\\_3yr.html](http://www.frederickuu.org/uucf_schedule_3yr.html).

**REMINDER:** When you are planning to use the office facilities either for equipment use (i.e., computer or copier) or for office support (i.e., bulk mailing or copying), please coordinate this through the Office Administrator, Dottie Hall. Dottie can be reached at 301-473-7680 or [office@frederickuu.org](mailto:office@frederickuu.org).

**REMINDER:** Please send all submissions to our weekly newsletter, The Unison, to [announcements@frederickuu.org](mailto:announcements@frederickuu.org) – Deadline is Noon on Wednesday. Please specify in the subject line either "Unison" or "Mid-Week Announcements".

# **UUCF Activities – Week of September 12, 2010**

## **Sunday, September 12**

9:00 am – Early Worship Service – Sanctuary  
10:00 am – Friendly Forum – Rooms 113/115  
10:30 am – Nursery (0-5 years); 11:00 am–Religious Education  
11:00 am – Late Worship Service – Sanctuary  
11:30 am – Art Reception Preparation – Room 113  
12:00 Noon – Art Reception – Room 113  
12:30 pm – Social and Environmental Justice Discussions – Room 124

## **Monday, September 13**

9:00 am – CLC Preschool – Nursery/Room 119

## **Tuesday, September 14**

7:00 pm – Tai Chi Class – Chapel  
7:00 pm – Program Council Meeting – Rooms 113/115

## **Wednesday, September 15**

9:00 am – CLC Preschool – Nursery/Room 119

## **Thursday, September 16**

9:00 am – CLC Preschool – Nursery/Room 119  
10:30 am – CLC Parent Council/Board Meeting – Rooms 113/115  
12:30 pm – Paid/Volunteer Staff Bag Lunch and Meeting – Room 113/115  
7:00 pm – Worship Associates Meeting – Room 113

## **Friday, September 17**

9:00 am – CLC Preschool – Nursery/Room 119  
3:00 pm – (Kol Ami Kol Nidre Set up – Sanctuary)  
7:00 pm – (Kol Ami Kol Nidre Set up – Sanctuary)  
7:30 pm – (Kol Ami Kol Nidre Service – Sanctuary)

## **Saturday, September 18**

9:00 am – (Kol Ami Yom Kippur Setup – Sanctuary)  
9:30 am – (Kol Ami Yom Kippur Children’s Service – Sanctuary)  
10:00 am – (Kol Ami Yom Kippur Jr. Congregation – Rooms 113/115)  
10:00 am – (Kol Ami Yom Kippur Service – Sanctuary)  
10:00 am – (Kol Ami Yom Kippur Children’s Programming – Room 124)  
12:30 pm – (Kol Ami Yom Kippur Afternoon Programming – Rooms 113/115)  
3:00 pm – (Kol Ami Yom Kippur Break Fast Set up – Kitchen)  
4:30 pm – (Kol Ami Yizkor – Sanctuary)  
5:00 pm – (Kol Ami N’eilah Break Fast – Sanctuary)

## **Sunday, September 19**

9:00 am – Early Worship Service – Sanctuary  
9:00 am – Membership Committee Meeting – Room 113  
10:00 am – Friendly Forum – Rooms 113/115  
10:30 am – Nursery (0-5 years); 11:00 am–Religious Education  
11:00 am – Late Worship Service – Sanctuary  
12:30 pm – Chalice Community Sample Session – Room 125  
1:30 pm – “Awakening the Dreamer” held at the Unity Church in Frederick

**(Parenthesis denotes an outside rental guest)**