



www.frederickuu.org – March 16, 2008

Unison

Weekly Announcements
Unitarian Universalist Congregation of Frederick
4880 Elmer Derr Road
Frederick, Maryland 21703
301-473-7680

Two Sunday Services — 9am and 11am

March 16th – Jerusalem – Rev. Abigail Stockman – Palm Sunday celebrates the triumphal return of Jesus to Jerusalem. Where are our Jerusalem's today? – The trio Alyssa Boxhill (violin), Amy Hutchens (flute) and Danielle Grace (piano) will be our special performers for both services.

SPRING IS COMING! SPRING IS COMING! AND EASTER TOO!

This coming Holy Week will provide us with a number of decidedly Unitarian Universalist worship events to honor this liturgical season.

March 18th (Tuesday), 7:30pm–8:00pm in the Chapel – A Rite Of Spring – A vespers like labyrinth walk welcoming spring. To be held outdoors in the labyrinth weather permitting or indoors in our gracious and serene chapel.

March 20th (Thursday), 7:00pm–7:30pm in the Sanctuary – Tenebrae Service – A service that begins in light and ends in darkness and explores the meaning of loss and death through the image of Jesus in the tomb.

March 20th (Thursday), 8:00pm – CUUPS in the Chapel – Spring Equinox – An earth-centered event of our pagan circle to celebrate the arrival of spring and the renewal of life.

March 23rd – Easter Sunday: A Spring Alleluia – Rev. Abigail Stockman – The palette of spring arrives again – a time to praise and rejoice for many. As part of our celebration, we will welcome new members today.

March 30th – Connections – Rev. Abigail Stockman – Faith community offers us many opportunities for making and deepening connections. Today's service will celebrate connections in music, in poetry, and in word.

March 14, 2008

Dear Congregants, Members, Friends and Circle of Life Pre-School Cooperative Families,

Brandee Carrigan, our Director of Religious Education, has resigned her position as of March 23, 2008. Attached is a copy of the resignation letter she submitted to us.

Brandee asked us to include the following remarks to this letter.

It has been a pleasure serving this congregation and I am blessed to have all the wonderful memories to take with me. I will be transitioning back into the finance world and be able to work for the town I live in. This past year has been a time of transition for me, both personally and professionally. I once was called to Religious Education, then again directly to U.U.C.F., and now it's time to move on to the next call. The only thing consistent is change. I will miss all of U.U.C.F and thank you for the opportunity.

We are very grateful to Brandee for her dedicated service to our congregation and Circle of Life Pre-School during these past two years. She helped create and maintain our religious education program as well as direct our Cooperative Pre-School. We will be sad to say good-bye, but we wish her all the best in her future financial position.

We will provide support and direction as needed to the Religious Education Committee and the Circle of Life Pre-School during the coming weeks and months. Lora Powell, Chair of the Religious Education Committee, and Sue Singley, Circle of Life teacher and former director, will continue in their important leadership roles for the remainder of this school year.

Your Board of Trustees will work to create a process for seeking new leadership for these vital programs with the appropriate groups. We will do this work in the same thoughtful and dedicated manner as used in our ministerial search. Let us remember that ours is a strong and healthy congregation. We are able to weather the seas and chart new courses as needed while holding the rudder steady and moving forward.

Please join us for fellowship on Sunday, March 23rd, after the 11:00 am service to celebrate Brandee's contributions to UUCF.

In faith and community,
Reverend Abigail Stockman, Minister
Susan Kloc, President of the Board of Trustees

March 5, 2008

Dear Susan and Abigail:

Please accept my resignation as Director of Religious Education and Director of the Circle of Life Cooperative Preschool. My last day will be Sunday, March 23, 2008.

I feel very fortunate to have been associated with U.U.C.F. for the last two years. My experiences have been invaluable, and I leave with many pleasant memories.

Sincerely,
Brandee S. Carrigan
Director of Religious Education
Director of the Circle of Life Cooperative Preschool

Congregational Life

OUR PLEDGE DRIVE -- NOW IS THE MOMENT

The 2008-2009 Stewardship Campaign to support next year's annual budget continues through the end of March. Payments do not begin until July 1, but we need to know how to plan, budget, and assure our staff and program leaders that their salaries and expenses will be paid next year.

Here are three reasons why a generous pledge from you is important:

1. If you and your loved ones are participants in services and activities at this church, you have a responsibility to see that these programs are supported financially.
2. If you do not participate, but understand how vital our principles are, you want this movement to flourish. In particular, the two pillars of our faith that state, first, that we value all people, not setting up a group of "saved" people as opposed to "unsaved" people, an "us vs. them" attitude of superiority, and second, that we firmly believe in the interconnected web of all existence, an idea we espoused years ago and which now has almost universal currency.
3. If you understand that we do not receive any money from benefactors or institutions and our success as a community relies solely on each other, you will do your part.

It is possible to be monetarily generous. You can do it. We can help.

Mail your pledge today or go to our interactive site at

www.frederickuu.org/pledge_form_2008.html.

Community -- Commitment -- Generosity. It's what we're all about.

2008 UUCF PICTORIAL DIRECTORY

Sunday, March 16 Is The Last Day To Sign Up In Person For A Photo Appointment For The Directory!

Instructions for online sign-up, which will be possible for a few more days after Sunday, will be available at the table by the Membership/Social Action cabinet in the Narthex.

NOTICE

Whoever provided the lovely poinsettias for our holidays, please remove them from the facility. The poinsettias are located in the cloak closet area. Thank you for providing the beauty of these plants for our congregation.

THE UUCF BOOK CLUB will meet at the home of Fanny Johnsson on Friday, March 28, at 7:30 pm. The book we will be discussing is *A New Earth* by Eckhart Tolle. Please call Fanny at 301-694-5474 to let her know whether you can come to the meeting and for directions to her home if you need them.

FRIENDLY FORUM meets on Sundays between services from 10:00 AM to 10:55 AM in Room 113. Upcoming programs are as follows:
March 16 - Nuclear Disarmament (Doug Foard)

GAME NIGHT

In an attempt to revive the Frederick Young Adult Group (aimed at ages 21 to 40) I'm organizing game nights: Saturday, April 12, 2008, from 6:00pm to 9:00pm in Room 113.

While everyone is welcome to come, I'm particularly interesting in people in that age group attending so we can see if there is interest in more group activities. Bring a game and a snack and an open mind. If you have any questions just email me at sbutki@gmail.com Scott Butki - <http://sbutki.newsvine.com>.

Wider Community

INTERNATIONAL CONVOCATION OF UNITARIAN UNIVERSALIST WOMEN

Weaving global partnerships to enrich women's lives

Houston, Texas

Thursday, February 26 to Sunday, March 1, 2009

Join us for the first international gathering of U*U women and progressive women of faith.

www.icuuw.com

ELIOT AND PICKETT HOUSES

6 Mt. Vernon Place

Boston, MA, 02108

(617) 948-4679

FAX (617) 742-1364

e&p@uua.org

Eliot and Pickett Houses offer the charm and style of bed & breakfast lodging in the heart of Boston. Located at the top of historic Beacon Hill, just steps from the Boston Common, both houses are typical of the 1830's style of brick town houses, cozy, yet stately. The pleasant, high-ceilinged rooms are decorated in a style appropriate to the period. Each room is distinctively appointed, and feature double or queen-sized beds. Eliot and Pickett Houses are centrally air conditioned and most rooms have modern private baths and clock radios. The two houses include 20 guest rooms. Our kitchens are fully stocked for your complimentary, self-serve breakfast and are available for preparing other meals (if you want to feel truly at home). We also provide a roof deck, piano and a den for reading or watching cable television. Both Eliot and Pickett Houses are non-smoking facilities. The Eliot & Pickett Houses are only open to members of Unitarian Universalist congregations.

Joseph Priestley District

www.jpduua.org/

JOSEPH PRIESTLEY DISTRICT SPRING CONFERENCE

Voices of Justice, Hands of Change

March 28-30, 2008

Doubletree Hotel, Bethesda, MD

Join Unitarian Universalists from DC, Maryland, Delaware, Northern Virginia, Southern New Jersey, and Eastern Pennsylvania for a weekend of leadership development, UU worship, inspiration, and celebration.



The conference will include Childcare, Elementary, and Middle School programs, plus select workshops for High School Youth and a full-length Bridging Program for graduating high school seniors. Bring the whole family!

See www.jpduua.org/pages/jpd-conference.php for detailed info and registration or contact the Joseph Priestley District

Office at 302-778-4564.

Green Sanctuary

A UNIQUE FESTIVAL - THROUGH MARCH 22ND



A unique Festival, featuring 115 family-oriented films on a wide range of subjects ranging from water use to growing tea to clean up of nuclear waste sites. Some are animated. At various venues throughout D.C. For schedules, locations, preview clips, and ticket information, go to www.dcenvironmentalfilmfest.org/home.php, where you can also view a welcome video featuring Philippe Cousteau, and featuring clips from the following films: Ribbon of Sand, Islander, Genesis, Scarred Lands and Wounded Lives, Save Rainforests, Save Lives, The 3 Rooms Of Melancholia, Manufactured Landscapes, and Sharkwater.

The site also includes information about an associated film forum, including discussions, green filmmaking, and green short films.

Children and Youth

EGG HUNT

Let us celebrate spring with an Inter-Generational Egg Hunt. Everyone, of every age, is invited to our egg hunt on March 23rd from 12:30pm-1:30pm. (Collection bags will be provided)
(Note: eggs should be emptied and returned after the hunt)

EGG STUFFING PARTY

After services March 16th, Room 125.
Bring a bag of candy to help stuff all those eggs.
Thanks!

PLAYGROUND

Just a reminder that the playground is a compliment to childcare, not a substitute. An adult needs to be present while children are at play.

Social Action

“RACE – THE POWER OF AN ILLUSION” VIDEO-DISCUSSION SERIES

Sunday March 16, 12:45 – 2:45 pm

Part 3: The House We Live In - Although race is a biological myth, racism is very real. Learn how U.S. institutions have shaped and created race, giving different groups vastly unequal life chances. Visit www.pbs.org/race for more info or contact Carol A. at 301-606-9235, ecacres@comcast.net. Part of Frederick’s “Seasons for Nonviolence.”

UUCF SOCIAL ACTION COMMITTEE

If you are interested in helping the congregation address social justice issues through social action, come to a meeting of the Social Action Committee. Meetings are the first Tuesday of the month at 7:00pm.

WATER FOR LIFE—SPLIT PLATE DONATION MARCH 16, 2008

The AIDs pandemic affects 15% of the adult population of Kenya. The children of this generation have been orphaned by the disease and are being raised by the grandparental generation. Many of these grandparents — mostly women — had counted on their children to take care of them in their old age, but now are forced through unhappy circumstance, to provide for their children's children. Elderly women walk five or more kilometers a day to the river to obtain clean water for their grandchildren. For these women, the long walk is an extremely time-consuming, fatiguing, and for the arthritic, difficult task. It takes up the time they would have spent cooking and washing clothes, or harvesting maize to sell at a local market. The Social Action Committee of the UUCF has approved using our Third Sunday split plate to provide funds to the Kenya Orphans Development Program (an award-winning Non-governmental Organization in Kenya) to support the digging of a well in Bukunja-Ngabo District of Western Kenya, to provide potable water close to home for the grannies who are parenting their grandchildren. Please give generously. \$1200 will pay for the digging of one well.

Performing Arts

For the music this Sunday, March 16, Alyssa, Amy and Danielle provide us with an interesting and eclectic mix of new and old. First you will hear the slow movement of the "Bach Double Concerto" (as violinists affectionately know it). In this case, however, the second violin part is played by Amy on flute. The concerto is perhaps one of the most famous works by J.S. Bach and considered among the best examples of the work of the late Baroque period.

The Ashokan Farewell piece is back by popular demand! This hauntingly beautiful melody was made famous in the PBS Ken Burns Series THE CIVIL WAR. Despite its use in this historic documentary, it is a contemporary piece written in 1982 in the style of a Scottish lament. Our Trio played this as a Postlude a few months back, and plays it again this Sunday in honor of St. Patrick's Day and for the people of Celtic backgrounds in the congregation.

The "Berceuse" and "Badinage" are lovely little ditties that are delightful and fun! César Cui was one of the original "Les Cinq" (The Five) - a group of gifted young Russian composers including such beloved composers as Borodin, Mussorgsky, and Rimsky-Korsakov. Cui lived from 1835-1918, and while he composed under the heading of "Romantic Era", these selections are light, graceful, charming, and lyrical.

Visual Arts

BLANCHE AMES GALLERY

March is Children's Art Month! We are celebrating with a display of work by a number of our own UUCF young people. They range in age from students in the Circle of Life pre-school through high school. We admire their talent and their love of creative fun. They deserve our recognition and encouragement.

Adult Spiritual Enrichment

ADULT SPIRITUAL ENRICHMENT NEEDS YOUR GREAT IDEAS

The Adult Spiritual Enrichment (ASE) Committee is soliciting proposals for the next session of ASE offerings (May through August). Do you have a talent or an interest you'd be willing to share with others at UUCF? If so, we need you! You can contact co-chairs Nancy Hutchins and Carole Benson at enrichment@frederickuu.org; call Nancy at 301-668-8213; or submit your proposal using the form on the UUCF web site (www.frederickuu.org/proposal_form.html). We'd appreciate receiving draft proposals or expressions of interest before Friday, March 21. (When preparing your proposal form, it's a good idea to check with the church office to make sure your suggested dates are free. We welcome proposals for Sunday activities but encourage you to schedule your offering on another day, when the church is not quite so busy.) Thank you in advance for your generous donation of your time and talent!

TAI CHI CLASSES STARTING IN APRIL

Denise McIntyre-Workman will once again offer Tai Chi practice at UUCF. Tai Chi is a Chinese martial art that is primarily practiced for its health benefits, including dealing with tension and stress. It emphasizes complete relaxation and is essentially a form of "meditation in motion." Denise will offer the following sessions:

* A five-session mini-series for those who have some experience from previous classes. This session will meet on Tuesdays, from 7:00 to 8:00 p.m., between April 1 and April 29. There are only eight openings in this class, so sign up today. The suggested donation to UUCF is \$25.

* A new session of Tai Chi beginning in May, suitable for both beginners and those with experience. Watch for details in the new Adult Spiritual Enrichment brochure to be published in April.

YOU CAN REGISTER FOR THE APRIL CLASS ON THE UUCF WEB SITE

(www.frederickuu.org/enrichment_2008_01.html), by email (enrichment@frederickuu.org), by calling the church office (301 473-7680), or by signing up in the book at the RE station in the Narthex. If you have questions, you can contact Denise through Adult Spiritual Enrichment by emailing enrichment@frederickuu.org.

CHECK OUT THESE OTHER SPRING ADULT ENRICHMENT OFFERINGS

The following Adult Spiritual Enrichment (ASE) opportunities are coming up fast. See the ASE brochure (on the UUCF web site or at the RE station in the Narthex) for more details about these offerings. Don't delay, sign up today.

* **Race: The Power of an Illusion:** Session 3 of this program meets on Sunday, March 16 at 12:45. You are most welcome to attend even if you missed the first and/or second session. This offering is free.

* **“The Work” of Byron Katie:** An Introduction: This session will be offered twice on Thursday, March 27 and April 3, between 7 and 9 p.m. You can sign up for either or both sessions. The suggested donation to UUCF is \$5 per session.

* **Cakes for the Queen of Heaven:** An Exploration of Women’s Power—Past, Present, and Future: Join Rev. Abigail Stockman and Tina Whims for this 10-session program, which begins Wednesday, April 2. The suggested donation to UUCF is \$40.

* **The New U:** An Introduction to Unitarian Universalism and UUCF: Bobbi Mead (Membership Committee) and Rev. Abigail Stockman will again offer this program for newcomers on Sundays (April 13 and 20, May 4). This program is free of charge.

You can register for any of these offerings on the UUCF web site (www.frederickuu.org/enrichment_2008_01.html), by email (enrichment@frederickuu.org), by calling the church office (301 473-7680), or by signing up in the book at the RE station in the Narthex. If you have questions, please contact Adult Spiritual Enrichment by emailing enrichment@frederickuu.org.

Fiscal Matters

SUPPORT UUCF When You Shop Online For Fair Trade & Earth-Friendly Products.

UUCF will receive a percentage of every purchase you make when you access any of our Fair Trade and/or eco-conscious affiliates through links on the UUCF Fair Trade web site (www.uufairtrade.org then click on "Affiliates"). You can benefit UUCF while you shop at World of Good, Organic Bouquet, Our Green House, Magic Cabin, gDiapers, the Green Office, and many more earth-friendly vendors! It's easy and automatic, nothing to fill out!

Pastoral Care

The Pastoral Care Associates stand ready to be of service to each of our members and friends when illness, death or family difficulties arise. We count on hearing from you in time of need so that we might be useful in caring and no one need cope alone. We honor your privacy with utmost respect. Please call Rev. Abigail or call or write any of the Pastoral Care Associates listed below.

Janet Ady - jady80@aol.com - 301-293-2275

Fanny Johnsson - fjohnsson@comcast.net - 301-694-5474

Ginny Laughlin - no e-mail - 301-644-5870

Judie Kirkpatrick - no e-mail - 301-662-7654

Carol Silkwood - crsilk@comcast.net - 301-663-5674

Maida Wright - maida2@netzero.net - 301-694-6518

Rev. Abigail Stockman - minister@frederickuu.org - 301-473-7680 ext 103

UUCF Activities – Week of March 16, 2008

Sunday, March 16

9:00 am – Enlightenment Study Group – Chapel
9:00 am to 12:30 pm – Nursery (0-5 year); 11:00 am – Religious Education Classes
9:00 am and 11:00 am – Worship Services – Sanctuary
10:00 am – Friendly Forum – Room 113
10:00 am – Spring Boutique - Narthex
12:15 pm – Membership Committee Meeting – Room 113
12:15 pm – Visual Arts Committee Meeting – Room 111
12:15 pm – Egg Stuffing Party – Room 125
12:45 pm – Spiral Scouts International Meeting – Room 123
12:45 pm – Race - The Power of Illusion Class – Room 124
2:00 pm – (Kol Ami Purim Carnival – Sanctuary/Kitchen)

Monday, March 17

9:00 am – (Circle of Life Preschool)

Tuesday, March 18

9:00 am – (Circle of Life Preschool)
11:00 am – (CLC Parent Council Meeting – Room 123)
12:30 pm – Staff Luncheon Meeting – Room 113
6:30 pm – Service and Labyrinth Walk – Room 123 and Chapel)

Wednesday, March 19

10:00 am – Chalice Community Meeting – Room 125
6:00 pm – Rental Committee Meeting – Room 124
7:00 pm – Chalice Community Facilitators Meeting – Room 125
7:30 pm – UUCF Choir Rehearsal - Sanctuary

Thursday, March 20

8:00 am – (CLC Usage – Nursery/Room 119)
7:00 pm – Tenebrae Service - Sanctuary
7:30 pm – Spring Equinox Celebration – Room 125 and Chapel
7:30 pm – Ministerial Transition Team Meeting – Room 113

Friday, March 21

6:30 pm – (Kol Ami Service – Sanctuary)
9:00 pm – (Kol Ami Service – Kitchen)

Saturday, March 22

10:00 am – (Kol Ami Meeting – Room 113)

Sunday, March 23

9:00 am – Enlightenment Study Group – Chapel
9:00 am to 12:30 pm – Nursery (0-5 year); 11:00 am – Religious Education Classes
9:00 am and 11:00 am – Worship Services – Sanctuary
10:00 am – Friendly Forum – Room 113
12:15 pm – New Member Reception – Room 113

(Parenthesis denotes an outside rental guest)

Happy March Birthdays

2nd – Michael Horvath; 3rd – Phillip Spivey; 5th – Laurel Ady, Lucy Hansen; 6th – David Hutchins, Forrest Reilly; 7th – Betty Evans; 8th – Jasmine Whims; 11th – Marvella Rau, Kathy Sargent, Peter Singley; 12th – Rick Mead; 14th – Ethan Albers; 15th – Hannah Klipp; 18th – Michael Askounes; 20th – Elaine Lynch, Emer Mullen, Zachary Shattuck; 21st – Gary Hays, Liam Kerr-Atkinson; 22nd – James Breuer; 23rd – Karen Butler, Lila Grace; 24th – Meghan John; 25th – Noah Zeglin; 27th – Jim Bryant, Julia Burdette, Alexa Gleaton, Ed Sorensen; 28th – Patricia Spicer, Judith Terrill-Breuer; 29th – Sam Norris; 30th – Jack Flint.

REMINDER: In order to schedule a room for meetings, etc., please complete a “Calendar Reservation Form” located in the office (and next to the drinking fountains by the office door) or reserve space online at www.frederickuu.org/space_reserve.html. Changes should be forwarded to calendar@frederickuu.org. As a scheduling aid, you may refer to the UUCF 3 Year Schedule of Events at www.frederickuu.org/uucf_schedule_3yr.html.

REMINDER: Please send all submissions to our weekly newsletter, The Unison, to announcements@frederickuu.org – Deadline is Noon on Wednesday.

REMINDER: When you are planning to use the office facilities either for equipment use (i.e., computer or copier) or for office support (i.e., bulk mailing or copying), please coordinate this through the Office Administrator, Dottie Hall. We would appreciate at least 5 days notice. Dottie can be reached at 301-473-7680 or office@frederickuu.org.

THE UUCF STAFF meets regularly. There is a “staff suggestion” box in the Narthex. Please either contact the staff directly or through the box. If you would like a response, please include a name and phone number and/or an email address.

Rev. Abigail Stockman – minister@frederickuu.org
Dottie Hall – office@frederickuu.org
Brandee Carrigan - education@frederickuu.org
Sue Singley – circleoflife@frederickuu.org
Alice Kleinfeld – calendar@frederickuu.org
Turner Stokes – webmaster@frederickuu.org

Dottie Hall’s Office Hours

Monday – Day Off
Tuesday – 9:00am – 3:00pm
Wednesday – 9:00am – 3:00pm
Thursday – 9:00am – 3:00pm
Friday – 9:00am – 1:00pm

Rev. Stockman’s scheduled Office Days

are Monday, Tuesday and Wednesday. Thursday is her sermon writing day, and Friday her day off.

You are always welcome to drop-in, but due to meetings and other scheduled events away from the office, it is best to call first or make an appointment. She is also available to schedule appointments at other times. Rev. Stockman may be reached by phone at: 301-473-7680 or at minister@frederickuu.org.

Brandee Carrigan’s Office Hours

Monday – 9:30am – 2:30pm
Tuesday – 9:30am – 2:30pm
Wednesday – 9:30am – 2:30pm
Thursday – Home Office
9:30am – 2:30pm
Friday – Day Off

Please call in advance if you want to come in and see me, as these hours may vary.