

U N I S O N



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A Welcoming Congregation

Sunday Services return to 9:30 and 11:30am on September 11th



WELCOME BACK

Join a Chalice Community

Would you like to connect with and really get to know others in a small group setting? Then consider joining a Chalice Community (CC) group. Groups are forming now and will begin meeting in late September/early October.

Each facilitated gathering consists of 6-12 members that meet twice per month to discuss topics of importance. Chalice Communities are *not* therapy groups, though members of each group do care for and support each other in their spiritual lives. Chalice Communities are considered part of UU small group ministry and support all aspects of UUCF's mission statement.

A **sample session** will be conducted after the second service from **11:45am-1:30pm on September 11**. To learn more about what kinds of things are discussed and how Chalice Communities work, go to www.frederickuu.org/cc.

To register for a group, go to www.frederickuu.org/chalice/register by **September 18**. If you have further questions after reviewing the Web information or attending the sample session, please contact co-chairs Tina Whims and Tara Scibelli at cc@frederickuu.org. CC brochures are also available in the RE cabinet in the Atrium.

FOLK DANCING FOR ALL



Come to our *Ceili*



Sunday, September 18, 4:00pm.

Our first Irish Set-Dancing Ceili! *Easy* folk-dancing for all the family.

Professionals will teach us the simple steps and accompany our festivities with Irish music!! All ages can dance together. Young and old. It's that easy! This is not formal, Riverdance Irish dancing.

**Beginner's class at 4:00pm, *Ceili* at 5:00pm.
Potluck dinner and more dancing at 6:00pm.**

Cost is \$15/person plus potluck dish.

Reservations are required and space is limited. Visit the Social Events Table in the Atrium to sign up. For more information, contact Nancy Roblin at 301.662.8506 or nancy.roblin@gmail.com.

I'm writing this column on the first day of school for many students and teachers in our area. In many ways the "back to school" shift around September is the "other January 1." After an unusually hot summer, the winds of change are in the air. New Year's Day may be officially four months away, but the fall is also a natural time to reboot, refresh, or recommit.

CARL'S COLUMN

Rev. Carl Gregg



(I should also add tangentially that this summer didn't just *feel* hot. According to *The New York Times*, "July wasn't just hot — it was the hottest month ever recorded, according to NASA. And this year is likely to be the hottest year on record. Fourteen of the 15 hottest years have occurred since 2000, as heat waves have become more frequent, more intense and longer lasting." Recent weather is yet another reminder that Climate Change is all too real.)

Fall is a time when our programming kicks back into full gear again at UUCF, although we've had both excellent attendance on Sunday mornings and some wonderful programming this summer. Starting on Sunday, September 11 (the first Sunday after Labor Day), we'll move back to two identical Sunday Services at 9:30am and 11:30am with Religious Education opportunities for all ages during the 10:30am Middle Hour. That Sunday will also feature the triumphant return of our ever-expanding adult choir which typically sings twice a month at both services. Our new children's choir will likely launch in early October. More information coming soon!

I'm grateful to be with you on this journey.

Peace to you,

Carl

<minister@frederickuu.org>

Rev. Carl's New Program Offering:

"What's Fair? Who Decides?" Navigating the Ethics of Privilege

with the Rev. Carl Gregg

Thursdays, starting September 22 (8 sessions)

7:00 - 8:30 p.m. in Room 113/115

- **Textbook:** [Privilege: A Reader](#), newly-released in a 4th Edition, edited by Michael Kimmel and Abby Ferber. New copies are expensive (\$42), although it is cheaper on Kindle (\$25.99). (Reading in advance strongly encouraged, but not required.)
- **Suggested Donation to UUCF:** \$5/session ("requested, not required").
- **Childcare:** available with 72 hours' notice to education@frederickuu.org.
- Details are available at frederickuu.org/privilege.
- If possible, go ahead and start reading to get a jump start on the class.

Let Carl know if you have any questions or suggestions. Please *email* him at carl_gregg@yahoo.com if you would like to sign-up, which helps us estimate how many chairs to set-up, etc.

President's Message

Steve Berté
President of the Board of Trustees

[<board@frederickuu.org>](mailto:board@frederickuu.org)



Our new Board President has written two informative articles this month. Consider keeping them on hand as a reference to check back on as the year progresses.

Consensus: It's the UU Thing to Do

Our UU fifth principle, *the right of conscience and the use of the democratic process within our congregations and in society at large*, bears directly on how we conduct ourselves at UUCF. We use a democratic process in working together to make recommendations and decisions within our fellowship. Given the diversity of experience and ideas that any such group has, arriving at decisions can be a challenge! One of the techniques we can use to ease the process and make better decisions is to use a consensus approach. Right off the bat, I know there are some readers rolling their eyes and thinking that consensus only slows and/or waters down decision making it a futile attempt to get everyone to agree. That happens whenever people confuse consensus and agreement. So bear with me as I explain what consensus is and why it is so important to successfully live our fifth principle.

While full agreement is certainly the goal of any group discussion or decision making process, it is not required. It is the ideal, but trying too hard to achieve it can cripple our ability to effectively move forward. Some people advocate strict use of Robert's Rules of Order as the best way to proceed in committees, meetings, etc., but I see that as the opposite extreme from doggedly striving for full agreement. Robert's Rules are certainly useful for ensuring a fair and objective process is used, and for large groups can be indispensable. My concern with the Rules is their reliance on the sufficiency of majority votes. In other words, all we need do to have a basic democratic process is take votes on issues, get a majority vote, and drive on with what the majority wants. I don't think that is what we as UUs are about though. We owe it to the minority to pay attention to their views and make an honest effort to be as inclusive of their concerns as possible. Even at the size of our congregation (now over 240), consensus is doable and preferable. By using a consensus building approach, we are more inclusive of minority opinions. So, what is consensus?

Consensus involves working to get to a point where most folks either agree or "can live with" a proposed course of action. Being able to "live with" a recommendation means that while you think there may be a better approach, you admit that the proposed course of action will not be disastrous to the group goals. This is a key point. For consensus to work, participants must suppress their egos and get beyond trying to show they have a better idea. The focus should not be on personal egos or goals, but on the *group's* goals.

So how, you may ask, does this differ from majority voting since at some point the group must take a vote or poll members to see where people stand on an issue? The big difference is that once an initial vote is taken and any "no" votes are counted, the group slows down and focuses on *why* folks are voting no. The point is to attempt to hear all concerns because in so doing, we often gain insights that may help us modify the plan to both improve it and get more folks to support it.

Article continued next page

As we proceed with discussions, negotiations and compromise, it’s important to keep our focus on improving the plan. If changes are proposed that make dissenters happier, but are seen by the initial majority to significantly weaken the approach, then it may not make sense to incorporate them. This approach prevents the “watering down” effect that none of us wants. The discussion period should not become a repeating cycle of discussion until all agree. We do need to listen to the points of the minority to ensure we’ve done the best we can to adjust the plan to make it better. If we do that, we are much more likely to get to a point where we can all (or most) can at least “live with it.” In a committee environment, this may mean extending discussion to a second meeting. In a congregational meeting, it may involve extending the period of debate a finite amount of time to allow for more detailed discussion, or maybe even tabling an issue to a future meeting.

An important point is that we can arrive at consensus and still have some dissenters. That’s all right. But in keeping with our attempt to be as inclusive as possible, if the group involved in the discussion reports to a higher authority (e.g., a committee reporting to Rev. Carl or the Board of Trustees), then the recommendation forwarded to the decision maker(s) should include a note briefly describing the dissenting opinion. This ensures everyone understands that their voice was heard and decision makers get the full picture of the issue.

It sounds like consensus might take more time than simply voting on an issue and going with the majority. That is very likely. But if a better plan is the result, isn’t it worth the minor investment of time? By taking some extra time to focus on dissenting opinions and working collaboratively to achieve consensus, groups invariably end up with a stronger position. At the same time, the approach is more inclusive and helps strengthen our fellowship rather than enabling contentious issues to divide us. Minority groups who are ignored are understandably not happy and can feel isolated. We don’t have to look far in our country to see the deleterious effect of running roughshod over minority groups and opinions. Such approaches never end well. We’re better than that, so we need to ensure we work with one another in a cohesive and productive way that binds rather than divides us. Consensus lets us do that.

I encourage all members to use a consensus approach whenever involved in a group discussion and/or decision making process. Take the time to listen to dissenting opinions and try to reach mutual accord. When properly understood and executed, consensus ensures we exercise our democratic principle, are inclusive of dissenting opinions, and treat all in our fellowship with respect.

This has been a very short, but hopefully attention-getting, introduction to this subject. To learn more about the consensus process, Rev. Carl and I have created a short information paper (“UUCF Consensus Guidelines 201607”), and included more about the topic in a briefing (“Consensus Training 201607”) on the subject. You can download them from our new [“Reference Documents”](#) section in the Members’ “Documents and Records” area under “Records” on our website.



SUNDAY at UUCF

Services

9:30 and 11:30am; September 4th is at 10:30am, completing our summer schedule

- September 4:** *From Civil Rights to Human Rights*, the Rev. Dr. Carl Gregg [Last 10:30am service]
September 11: *Masculinities*, the Rev. Dr. Carl Gregg [Service includes Water Communion]
September 18: *The Legacy of Ann Braden for Today*, the Rev. Dr. Carl Gregg, Karen Reilly, Co-chair, Dismantling Racism Team
September 25: *Islam and Democracy*, the Rev. Dr. Carl Gregg



EARTH-CENTERED SPIRITUALITY

Facebook link: [CUUPS](#)

Our Earth-centered Spirituality Group meets on the **3rd Sunday of each month in the Chapel at 10:30am**. This time provides an opportunity to focus on the Sixth Source of Unitarian Universalism: "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." Join us for our September 15th meeting. Contact: Irene Glasse (irene.glasse@gmail.com) (240) 405-6389

FRIENDLY FORUM

September 4, 9:30 to 10:20am
From September 11, 10:30-11:20am

Each Sunday the Friendly Forum meets in room 113 for 50 minutes to discuss Congregational and/or Current Events.



UUCF BUDDHIST FELLOWSHIP

Our sangha continued meeting during the summer, and now that the UUCF schedule changes in September, we will revert to the later times of 10am for meditation and 10:30am for discussion and sharing. **We meet the second and fourth Sundays of each month--September 11 and 25.** Newcomers are always encouraged to join us and participate. We are an open group and no experience is necessary.

The UUCF Buddhist Fellowship is lay-led and various members of our group volunteer to facilitate sessions, which are generally focused on a book chosen by the group. We expect to finish the current selection, *The Heart of the Buddha's Teaching* by Thich Nhat Hanh, in September. For questions about the group or to be added to the email list, please contact

buddhist@frederickuu.org.

~~Nancy Hutchins



RE World

Lora Powell-Haney
Director of Religious Education

The 2016-2017 Religious Education year begins Sunday, September 11

Register your child(ren) online at frederickuu.org/re/Children_and_Youth_RE.php and click on "registration form."

- Preschool-first grade: room 120; Spirit Play.
- Second-fourth grades: room 123; We're On Our Way, a racial justice and diversity year.
- Fifth-eighth grades: room 124; Bending toward Justice, a year on dismantling racism.
- Ninth-twelfth grades: room 125; The Arc of the Universe is Long, a year on dismantling racism, community organizing, and spiritual practices for justice workers.
- Children's Choir begins in October; rehearsals will be Sunday mornings at 9:30am during the early worship service.

Contact Lora Powell-Haney at education@frederickuu.org for more information about any of these programs, or to volunteer for leading or assisting on Sunday mornings.

UUCF GROUPS

AHA ATHEISTS, HUMANISTS, AGNOSTICS

September 4, 11:45am;
September 18 we are back to 12:30pm.
We meet in the Chapel
Always challenging discussions!
Phyllis Liddell at phyllis.elaine@comcast.net

OPEN CIRCLE

Second and Fourth Sundays 12:45pm; Room 124

Drop in for our discussion group in Room 124 after the last worship service. Folks frequently come armed with coffee, treats, new friendly faces, and lively ongoing conversations.

- Nancy Pace, facilitator, njcpace@icloud.com

UU PROGRESSIVE CHRISTIAN FELLOWSHIP

This year's General Assembly included a seminar titled "Christianity as the 'Other': Communicating with the Majority Religion" (GA2016 #206). While it was well attended (over 100), it concentrated on "traditional Christianity." Rather than focusing on the increasingly irrelevant belief requirements of the 4th century, I challenge Unitarian Universalists to consider the progressive Christian movement of the present day, which concentrates on the life and teachings of the historical Jesus for clues about how to create and live within the paradigm of distributive justice-compassion.

Progressive, 21st century Christian thought is not bound to pre-modern, pre-enlightenment beliefs, but incorporates post-modern cosmology into spiritual experience and practice. Beginning in September (exact day TBA), we will begin a seminar/study model, with the DVD lecture series by John Dominic Crossan (Link: [Crossan Biography](#)).

See more information in the weekly announcements.

Please contact Sea Raven (searaven.morse@gmail.com) with your questions.

COVENANT OF UNITARIAN UNIVERSALIST PAGANS

UUCF HOSTS 2nd ANNUAL FREDERICK PAGAN PRIDE FESTIVAL September 17, 10am—6pm



People of all ages and spiritual backgrounds are welcome at this event. The event will include information booths, workshops, live music, vendors and other activities celebrating the Autumn Equinox, a time of thanksgiving in many Pagan traditions. An item of non-perishable food will be accepted as admission and donated to The Foodbank Program.

Frederick's very first Pagan Pride Day in September of 2015 drew over 336 people during the course of the day and donated 331 pounds of food for The Foodbank Program.

The food drive gives participants a way to share with those who are less fortunate while making a positive statement about Paganism. For decades Pagans have been wrongly accused of practicing devil-worship and performing "black magic." In reality most Pagans enjoy a religion emphasizing respect for nature, humanity, and oneself. Modern Paganism, or Neo-Paganism, is a growing religious movement based on combinations of ancient polytheism, modern eco-spirituality, and reverence for the Divine as both masculine and feminine.

For more information about the event or about Pagan religions, email Irene Glasse at frederick-paganpride@gmail.com. Additional information regarding Pagan Pride Day is located at <https://www.frederickpaganpride.com/>.

What's Ahead

Compassion and Choices

Saturday, September 3 at 11am, UUCF room 124

Let's get End-of-Life legislation passed in Maryland!

Climate Change Working Group

Saturday, September 10 at 11am, UUCF

Help Save This Planet! We'll work together.



Baby Steps to Better Health: A Guided Journey in Healthier Eating.

Saturday, September 10, 9am-12pm.

This class provides sensible, achievable steps that guide families or individuals in the transition to a healthier diet. Lisa Bromfield and Julia Jones, a nurse and a teacher, will lead the class.

For descriptions and registration for Adult Spiritual Enrichment courses, please click on the following link: [ASE](#)

UUCF 101: Pathways to Membership September 10, 9:00am – 1:00pm

The September class is filled, but you can sign up in the Atrium to be waitlisted for it. A sign-up sheet for October will be placed in the Atrium by mid-September.

Light refreshments will be provided and child care is available with 72 hours' notice.



Barbara Kenny returns with her 5th Art Exhibit at UUCF. Reception October 2nd, 12:30–2:30pm.

Night at the Theatre

Abridged performance of *Technicolor Life*, which deals with medical aid-in-dying.

October 2nd at the Evangelical Reformed United Church of Christ on Church Street.

More information to come.

Sponsored by Compassion & Choices

Mark your Calendars!

The UUCF Auction is Scheduled for Saturday, November 5th!

Auction Tickets are \$10

No Charge for Children under 15

Dinner Included

Live Music will be provided by:

Private Story and the Escorts

FISCAL NOTES as of July 31, 2016

General Operating Fund	Month of July	% of Budget	Annual UUCF Budget
Contributions:	\$21,776.62		\$405,419.00
All Other Income:	\$7,017.16		\$89,891.00
Total Income:	\$27,047.78	5%	\$495,310.00
Employee/Staff Expense:	\$26,504.31		\$251,186.00
Facilities Expense:	\$8,161.04		\$176,144.00
All other Expenses:	\$2,408.07		\$67,980.00
Total Expenses	\$32,257.28	7%	\$495,310.00
Difference(Net):	(\$5,209.50)		

Did you know?

Our fiscal year begins anew every July. Closing out the books for the prior year takes place during the first few weeks of each new year.

Good news: We ended 2015-2016 with a surplus of income over expenses. The Board voted to use \$13,000 of it to maintain and improve our facilities. About half of this money was spent during July to purchase a new dishwasher for the kitchen. Our facilities folks had been struggling to keep the old one working for many months.... The other half has been targeted for making some improvements in handicap access at the front entrance to our building. We are getting bids from contractors – more news when we know more.

And more good news: thanks to your generosity, we made three Split Plate gifts during the summer months: June – \$620 to NAMI of Frederick County. July - \$445 to The Equal Justice Initiative (the organization described in Bryan Stephenson’s book *Just Mercy*). 5th Sunday in July – we added \$699 to the Minister’s Discretionary Fund.

We are grateful to all members and friends who completed their payments for last year’s pledge during June (and some in July). **Please – when you are here for Sunday services – save us the cost of postage by picking up your “giving statement” for the year just ended.** If you see any errors in your statement, let me know what needs correcting. Service with a smile....

And finally, “Thank you, Janice, for your steady hand and wise counsel as Treasurer during the past four years!”

Meg Menke, Treasurer (with Janice Schlepp as Assistant Treasurer and Wendy Smith as Staff Bookkeeper.)

Smile, Buy Gift Cards, and Give a Gift to UUCF

This is the time of year when parents have to get their students ready for another school year, and we begin to think about the upcoming holidays and the associated expenses. So, this is a good time to remind you of the ongoing Gift Card program at UUCF. Every Sunday there is a crew near the coffee ready to help you purchase gift cards for clothing stores, grocery stores, gas stations and more. As a nonprofit organization, we can purchase gift cards at a discount, we sell these gift cards to you and you receive the full value in the store of your choice. You can place your order Sunday and usually we will have the cards by the next Sunday. We accept cash or checks (no credit cards).

This has been an ongoing fund raiser for UUCF for many, many years. It is easy, convenient, and reliable. If you are a really up-to-date individual, unlike this writer, you could even order gift cards while you are in the store using your cell phone. If this is your passion, stop by and we will show you the instructions.

UUCF is also registered with smile.amazon.com. You can designate us, Unitarian Universalist Congregation of Frederick, to receive a percentage of everything you spend on Amazon. You can also ‘double dip’ and designate UUCF on smile and purchase with gift cards!

Come by the table and we will show you the long list of stores participating in this program, and while you are there you can buy some Fair Trade coffee, chocolate, honey, or greeting cards.



Thanks for all your work,
Jane



Just How Big is Our Budget?

by Steve Berté
President, Board of Trustees

"We join together to encourage spiritual growth, build a beloved community, and act for peace and justice."

Look familiar? It should; it's the mission statement for UUCF, but what does it have to do with the title of this article? I intend to show you what financial resources we have to actually do anything in support of our mission. I think you'll find this information enlightening.

You should all be aware of the size of our Congregation's budget. The bottom line is just about \$500,000, or \$500k, per year. To most of you, I'm sure that looks like a big number and to an extent, it is. But it probably gives the impression we have a lot of financial resources that we can bring to bear to encourage spiritual growth, build our beloved community, and act for peace and justice. The reality is quite different.

Our, and indeed most, organizations must dedicate a huge part of their budgets to bills that must be paid. These include such things as a mortgage, utilities, staff salaries, maintenance, etc. In fact, about 91% of the UUCF budget goes for these required items! That leaves only about 9%, or roughly \$46k to support our mission! These discretionary funds are so called because we have discretion in deciding whether we want to spend them or not. In this context, I think it's fair to assume that we'd like to maximize our discretionary spending to strongly support our mission. So let's unpack that \$46k and see what we do with it.

It turns out that of the \$46k, nearly half (46%) goes to payments to the UUA and our Central East Region. That is money certainly well spent as the larger organization puts such funding to good use for both external and internal support of overall UU objectives. Nonetheless, it is money we can't directly control in terms of putting it where we as a Congregation would like to put our efforts. What we have available to support our mission in a way we can control turns out to be only about \$22-23k per year. Let's now look at how these funds are distributed.

Fourteen percent (\$6.4k) supports our wonderful internal RE program. Another 19% (\$8.5k) is essentially a pass-through of funds using the Split Plate program. Make no mistake, this supports our mission since we collectively choose which organizations we support through the Split Plate program each year. But it supports our mission by supporting other organizations whose cause we embrace, not by supporting activities and actions we at UUCF may want to conduct ourselves. After accounting for a few other minor items (e.g., speaker honoraria & support for a Minister sabbatical), we are left with about 17% of our discretionary budget or just under \$8k to do our mission. But wait, there's more.

This final \$8k of money is then distributed amongst our various committees to do the work we wish to do. At this point in time, that means our \$8K is distributed to 13 different committees. I think at this point it is useful to now start looking into the two major facets of our mission: supporting our internal and external efforts.

Our internal congregation needs are met by such worthwhile efforts as those of the Membership, Caring, Health and Wellness, Music, Visual Arts, and Social Activities Committees as well as CUUPS and our Worship Associates and Chalice Groups. The remaining four committees are primarily externally focused: Social Action Committee, Climate Change Working Group, Animal Ministry and Stewardship (this latter really supports all). This means about 59% (\$4.6k) of our \$8k goes to supporting our 9 internal efforts with the remaining 41% (\$3.2k) available to support our external efforts.

Article continued next page

“Budget” article continued

So what’s the point to this bookkeeping exercise? I think it important that we all not only have a firm understanding of what our mission is, but also of how we support it. I’m guessing that most of you are surprised at how little of our “big” budget we have to work with to support our newly-adopted mission to *join together to encourage spiritual growth, build a beloved community, and act for peace and justice*. I hope this article has made you aware of just how we are doing that right now. My point is to start a Congregational conversation over the course of the year to discuss whether we are satisfied with how well we support our mission and if there are ways we can improve that support.

If we are comfortable with where we are in terms of financially supporting our mission that’s fine. If not, we should discuss how we might change to increase our impact in the world and our community. We are a congregation of bright and focused people. If we determine we can do better, let’s bring some of our energy to bear on this issue and figure out how we can be more effective.

Stephen Berté
President, Board of Trustees

Social Action Committee

JUSTice + ACTION = JustAct

<http://uusocialjustice.org/news>

Mary Kruhm and Betsy Bainbridge, Co-Chairs

**Next Social Action Committee Meeting—September 20, 5:30pm,
brown bag meal at 5pm**

Email SAC@frederickuu.org if you would like copy of draft agenda

SPLIT-PLATE OFFERING SEPTEMBER 18



**Asian American
Center of Frederick**

Enhance. Empower. Enrich

<http://aacfmd.org/>

The Asian American Center of Frederick (AACF) has been serving some of the most invisible, voiceless, and faceless members in our community since 2005. AACF’s vision and mission is to improve integration in our ethnic and immigrant communities within Frederick County into the American way of life. AACF dedicates its efforts to provide services and programs that address social determinates so we can help build a healthy and better community.

The AACF provides vital services to assist lower income, minority, or immigrant groups reach their full potential. These services include access to health insurance enrollment, interpreters/translators, English as a Second Language (ESL) and Citizenship classes, mentoring, housing, education, employment and business development.

AACF organizes, sponsors, and participates in a great many events throughout the year to serve the minority population of Frederick County. One such event is the upcoming Frederick Community Health Fair, which will be held on October 22 from 9 am – 3 pm at the Eventplex, Home of the Great Frederick Fair, 797 East Patrick Street.

If you would like to learn more about AACF and the upcoming Health Fair, please see their website at www.aacfmd.org.

~~ Linda Lufkin



Meet some new members of our congregation



Sorry, no picture of Emily and Andrew.

- 1. Marleen Brooks** is an attorney, retired after 22 years with Allegheny Energy. She is a widow, originally from Baltimore but living in the Frederick area since the early 1980s. She enjoys folk music and has sung at several of the coffeehouses at UUCF. She is a volunteer at the Gettysburg and Antietam Battlefields. Marleen likes the people here and enjoys coming to UUCF because it is a very happy place.
 - 2. Steve Buckingham** is an attorney, a community activist, and has been a political activist since the 1960s. He helped found the Unitarian Universalist Legislative Ministry of Maryland in 2005 and currently serves as its Chair. He is currently on the Executive Committee of the Coalition of UU State Action Networks (CUUSAN). He is recognized as a lay minister for his work with the UU Legislative Ministry of Maryland, and he has provided worship services related to social justice throughout the State.
 - 3. Susan Mason** loved being a Northern Virginia psychotherapist and active congregant at Oakton, VA UU. After she moved to our area, she saw our sign from the highway and decided to try us out. In the past, the experience of seeing the love of her life after his return from Vietnam caused her to question a god who could cause such suffering. She feels she needs a broader view and good people and feels she has found them both here.
 - 4. Kim Edwards** lives and works in Northern Virginia, so has a 45 minute drive to get to us. She is a contract analyst for a large software company. Karen loves animals, nature, painting, sewing, and reading. Kim is a Pagan, met Irene Glasse, and began coming to our Pagan services and festivities. She found her home.
 - 5. Steve Ramberg** lives in Harpers Ferry. He is a life-long UU, is pleased to find a congregation in this area and hates to miss a sermon by Rev. Carl. His interests are in social justice, good governance, and climate change. He is married to our Social Action co-chair Betsy Bainbridge.
 - 6. Gini Huebner** is a life-long Frederick resident with several sojourns elsewhere. She has been on a long spiritual journey but has found a home at UUCF. Gini is interested in environmental justice and history. She tried UUCF years ago but re-joined when Mary Fletcher encouraged her to come again to hear Rev. Carl and the choir. She was hooked.
 - 7. Bill and Lisa Bromfield** recently moved here from Tennessee. Our member, and appreciated singer Julia Jones, is Lisa's sister. In our church the Bromfields found a place in which all of their family of diverse religious thinkers could find a home where they could attend church together! They value accountability and equality. We have enjoyed their music, especially at the benefit concert for Ed and Dorothea Mordan this summer.
- Emily and Andrew Roy** have come to us from California and now live in Frederick. They are parents of a 3-year-old daughter, Zia. Emily and Andrew are interested in permaculture, regenerative living, and ethics. We understand they have recently acquired some backyard chickens.

Interested in our UU Congregation? Sign up to
Learn More!

Our September 10th Pathways to Membership class is filled. We are planning for another class mid-October. Watch the UUCF weekly email update and the order of service for details. A sign-up sheet will be placed in the Atrium by mid-September.



Letter to Greater DC Area Congregations

Dearest Congregations,

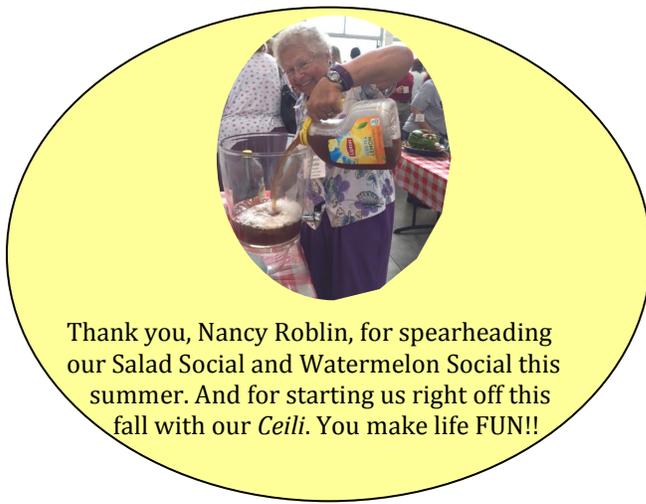
We are your clergy--those Unitarian Universalist and Ethical Culture clergy serving congregations in the DC metro area--and we want to write to you in this time of national anxiety and pain. Every week it seems there is another mass shooting or another terrorist attack. America has seen an increase in hate speech and racist and xenophobic language. And we are in the midst of an election season that holds challenging possibilities for our country, and encourages anxiety about our future, both as a nation, and a people united. We have been hearing from you, our members, about how it feels to be living in this world: scary, disheartening, hopeful, disturbing, disorienting. We feel this, too, and just as you have turned to us, we have turned to each other.

As colleagues, we are working together to coordinate our response to these times, sharing information about healing spaces and vigils, and supporting each other in ministering to you, our communities and the world. **We wanted you to know that just as none of you stand alone, neither do we stand alone;** indeed, this is a time that reminds us how grateful we are to be connected to each other, part of a engaged religious movement which reaches across the country. Beginning in September, many of us will be offering a shared moment of connection and meditation during our Sunday services. **We will ring a bell three times**, inviting all into a space of solidarity and support with each other, remembering all who have been lost to violence in the week past, and honoring our commitment to a different world. As you experience that bell ringing in your congregation on Sunday morning, know that Unitarian Universalists and Ethical Culturists across the area are experiencing it as well, and that we are united in our care for this country and its people.

Randall Best, Leader, Northern Virginia Ethical Society

Co-signed by the Rev. Dr. Carl Gregg and 17 other ministers and ethical society leaders in the DC metro area. More clergy will sign on as they return from summer leave.





Thank you, Nancy Roblin, for spearheading our Salad Social and Watermelon Social this summer. And for starting us right off this fall with our *Ceili*. You make life FUN!!

SEPTEMBER BIRTHDAYS

2nd – Ann Foard; 7th – Max Harold; 9th – Jasmine Bradley, Anne Saunders; 10th – Payson Silvio; 11th – Andrew Gribben; 15th – Christian Kloc, Emily Kloc; 16th – Pinoake Browning, Meg Menke; 17th – Joanne Spivey; 19th – Fred Stephens; 20th – Glenn Matties; 21st – Jeremiah Rene; 22nd – Rebecca Dean, Skylar Robish; 24th – Hope Sorenson (Antoniewicz), Tegan Sorenson (Antoniewicz); 25th – Matt Mead; 26th Denise McIntire Workman; and 27th – David Wilson

UUCF BOOK CLUB

The UUCF book club will meet the second Friday in September, Sept. 9, at 7:30 at the home of Diana Pitcher. She lives at 6893 Crabapple Ct. and her contact information is [719-633-3264](tel:719-633-3264) and djpitcher4@gmail.com. We will be discussing the third section of a book by Michio Kaku, *The Future of the Mind*. In August we discussed the first two sections of this book. Now we will be discussing what our mind will be able to do the near, as well as far, future! Please join us in an interesting scientific discussion of this fascinating book.

~~Fanny Johnsson



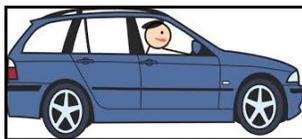
1st Tuesday
Every Month!!

Retired UU Ladies Eating Out (RUULEO)

Any UU woman who is free to enjoy lunch, come on over to Wegman's Food Lounge
Tuesday, September 6, 2016 at 11:30am

Wegman's has an incredible variety of cooked and prepared foods, plus a wonderful eating lounge with comfy chairs.

CLASSIFIEDS



RIDES, RIDES, RIDES

Nancy Lohrey is now an UBER driver! When you want a worry-free trip to the airport, schedule your rides with UBER Nancy.

She would love business from UUCF members and friends.

[UBER](https://www.uber.com) or more info from Nancylohrey@gmail.com



NEED SOME HELP?

Facilities Manager Rick Anderson's niece to the rescue

My name is Meghan Laser and I graduated from Tuscarora HS in 2015. I am looking for odd jobs - babysitting, working with the elderly, housework, pet sitting, etc.

I have my Babysitter's certificate from the Red Cross as well as CPR/AED training from the Red Cross.

Blanche Ames Gallery Presents

GATHERED VISIONS



Garden Shed
Elayne Rogge

a mixed media exhibit of works by
more than 20 members
from the Frederick County Art Association

Opening Reception

Sunday, Sept. 4

The public is invited to an opening reception and refreshments provided by the artists at 12:30 - 2:30pm.



Santa Barbara 2
Lou DiPasquale

Frederick County Art Association's objective is to stimulate interest and participation in, and appreciation of, the visual fine arts. The organization of over 100 members encourages activities dedicated to the promotion of art. In 2016 they earned the Maryland Seal of Excellence in Nonprofit Management. For more information about FCAA please contact Karen Peacock at <http://www.fcaamd.org/karen@peacockartanddesign.com>

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Publications

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