

UNISON



Published by the UU Congregation of Frederick, MD (www.frederickuu.org) ♦ February, 2016

A Welcoming Congregation

BLACK LIVES MATTER; Celebrate Black History Month

Read! From the Frederick library: *Bill Lee Remembers: A Chronicle of Twentieth Century Black Life in Frederick, Maryland*; Two books by Joy Onley: *Memories of Frederick: Over on the Other Side*, and *Dear Old Faithful Lincoln*, about the community of teachers and students at Frederick's segregated high school.

View and listen! *Up from the Meadows: A History of Black Americans in Frederick County*. DVD features interviews with Kathleen Snowden, William O. Lee, Jr., Lord Nickens, Arnold Delauter and Dr. Blanche Bourne-Tyree and covers the time periods from slavery to emancipation and segregation to civil rights equality within a divided Maryland.

Visit! African American heritage sites in Frederick City and County. A guide is available at the Frederick Visitor Center 151 S. East St. and online. See [African-American Heritage Sites](#).

Support! AARCH: African American Resources – Cultural and Heritage. AARCH works to identify, collect, preserve, exhibit, and disseminate the history and culture of African Americans in Frederick County to provide an understanding of how the past shapes and enriches the present and the future for all citizens. Visit www.aarchsociety.org.

Attend! Fantastic musical performance by the Carolina Chocolate Drops



Members Rhiannon Giddens, cellist Leyla McCalla, and singer/songwriter Bhi Bhiman explore the rich thread of protest songs throughout the South, bringing to life old and new stories alike:

Swimming in Dark Waters: Other Voices of the American Experience in honor of Black History Month

Thursday, February 25, Weinberg Center, 7:30pm.



New international star Rhiannon

See the CBS Sunday Morning interview at [Discover Rhiannon](#).



Invitation for this Saturday

Join Karen Reilly, Carol Antoniewicz and Nancy Pace at the Third UU Racial & Social Justice Summit, "Black Lives Matter: Following Leaders & Reflecting on Actions" Saturday, January 30, 2016 - 9:30am-3:30pm (lunch included)
Paint Branch UU Church-3215 Powder Mill Road, Adelphi, MD 20783; cost \$20 per person.
More info: [Racial and Social Justice Summit](#); or
Nancy Pace: 301-788-6642, njcpace@icloud.com.

Dear UUCF Members and Friends,

I am excited to begin with celebrating the good news that (at last count) our Mortgage Reduction Fund efforts have brought in more than \$120,000, exceeding our \$100,000 goal! Thank you to everyone who contributed for your generosity — and for investing in the long-term future of the incredible congregation we are building! Instead of making another thirty year loan, we are now in the process of negotiating for a loan of 15-to-20 years. We're getting closer all the time to one day owning our building and land!

CARL'S COLUMN

Rev. Carl Gregg



Relatedly, thank you to everyone who participated in our recent Congregational Conversation about our proposed new Mission Statement. In general, the response was overwhelmingly positive for the initial work done by the Mission Statement Team (Mike Morse - chair, Mary Bowman-Kruhm, Bill Butler, Bob Ladner, Dave Lukin, Nancy Roblin, and myself). After listening, the statement was revised to the following: "We join together to encourage spiritual growth, build a beloved community, and act for peace and justice." The tagline will remain the same: "Spirituality ~ Community ~ Justice." Be on the lookout for the congregational vote on this proposal. A vote of the membership is required because it is a change in our bylaws. I'm excited about the ways this Mission Statement can help focus and direct our work together.

In other news, both the Bookkeeper Search Committee and the Office Administrator Search Committee have been hard at work. We expect to have an announcement of our new bookkeeper soon, and of the Office Administrator not too long afterward. In the meantime, Linda Howard is proving to be an expert Interim Administrator. Be sure to stop by the office to introduce yourself if you are at UUCF during the week.

Be on the lookout as well for invitations that will be rolling out eventually to all members of UUCF. We're inviting 8 members at a time to join in 90-minute listening sessions to answer "Four Questions about UUCF's Future." This process will help more fully align our individual values with our work together at UUCF and the larger UU movement.

I am grateful to be with you on this journey.

Carl

<minister@frederickuu.org>

Frederick CUUPS Lenaia Ritual Saturday, February 6, 7-9pm

Join Frederick CUUPS and special guest ritual leaders "The Proto-Demos Potomac Valley Palladium of Hellenion" for our family-friendly February ritual offering - the Lenaia!

The Lenaia is a Dionysian festival celebrated to rouse the slumbering vegetation and open the door to still-distant springtime. We will celebrate with a traditional pompe (procession), offerings to Dionysos and some wild and raucous shouting to waken the green!

Experience a Hellenic (Greek) ritual with Frederick CUUPS!

Contact: Irene Glasse (irene.glasse@gmail.com)

Full Moon Labyrinth Walk Monday, February 22, 7-9pm

Come enjoy the beauty and peace of the indoor Labyrinth while the full moon shines outside!

We'll be rolling out a beautiful Classical pattern canvas Labyrinth in the Chapel of the UUCF. The labyrinth will be illuminated.

The Labyrinth is very sensitive to soot and moisture, so please either plan to go barefoot or bring socks or clean slippers to wear while walking.

Contact: Irene Glasse (irene.glasse@gmail.com)
(240) 405-6389



SUNDAYS AT UUCF

Sunday Services

9:30 and 11:30am

Feb. 7: *The Spiritual Practice of Doubt*, the Rev. Dr. Carl Gregg with Nancy Pace

Feb. 14: *Darwin*, the Rev. Dr. Carl Gregg

Feb. 21: *W.E.B. DuBois*, the Rev. Dr. Carl Gregg

Feb. 28: *Rising Strong*, the Rev. Dr. Carl Gregg

Friendly Forum, in room 113
10:30 to 11:20am

Each Sunday the Friendly Forum meets for 50 minutes to discuss Congregational and/or Current Events.



UUCF BUDDHIST FELLOWSHIP

February 14 and February 28

We meet the second and fourth Sundays in the chapel: 10am for mediation and 10:35am for discussion. All are most welcome to attend either or both parts of the morning's program and there is always a seat for the newcomer.

On February 14, we will begin reading and discussing *The Heart of the Buddha's Teaching: Transforming Suffering into Peace, Joy, and Liberation* by Thich Nhat Hanh, facilitated by Wendy Duke. Nancy Pace will facilitate on February 28.

Reading ahead may be helpful to you but not a prerequisite for participating in the discussion.

Item of Interest: Amie LaPorte (leading with Kelly Myers a special service January 31) has spoken with the president of Dharma Voices For Animals and he sent a link to their acclaimed 50 minute video *Animals And The Buddha* which you may want to view. <http://dharmavoicesforanimals.org/>

~~Nancy Hutchins

buddhist@frederickuu.org



UU PROGRESSIVE CHRISTIAN FELLOWSHIP

UU Progressive Christian Fellowship
First Sundays throughout the Year

UU Progressive Christians are followers, not worshipers, of Jesus; we explore in worship the meaning of a Cosmic Christ that embodies the UU principles and respects the fourth source of Unitarian Universalism.

Join us Sunday February 7 from 10:30 to 11:15am in the Chapel for an exploration of the meaning of Ash Wednesday and Lent for progressive 21st century Christians, led by Scot Hull. Communion will be served. All are welcome.

~~Sea Raven, D. Min.



EARTH-CENTERED SPIRITUALITY WITH FREDERICK CUUPS

Our Earth-centered Spirituality Group meets on the 3rd Sunday of each month from 10:30 to 11:30am in the Chapel.

This time provides an opportunity to focus on the Sixth Source of Unitarian Universalism: "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature."

Join us for our February 21 meeting (led by Irene, Sea Raven and Cat) as we celebrate the growing light.

For more information, please contact Irene Glasse irene.jericho@gmail.com (240) 405-6389.



AHA: ATHEISTS, HUMANISTS, AGNOSTICS

First and Third Sundays, 12:45pm
Always challenging discussions!

Phyllis Liddell at phyllis.elaine@comcast.net

RECOVERING RELIGIOUS REFUGEES, RUNAWAYS AND REBELS

Second and Fourth Sundays 12:45-2pm; Room 124

Join our discussion group for the following topics:

February 14: "Sharing favorite spiritual paths"

Feb 28: "Resentment"

Mar 13: "What is Buddhism?"

Mar 27: "What is Earth-Centered (Pagan) Spirituality?"

Nancy Pace njcpace@icloud.com (301) 788-6642

FISCAL NOTES as of December 31, 2015

General Operating Fund	Month of December	Fiscal Year To Date July through December 2015	% of Annual Budget – 50 % through the year
Contributions:	\$36,617.81	\$226,610.29	60%
All Other Income:	\$6,624.04	\$ 59,900.95	64%
Total Income:	\$43,241.85	\$286,511.24	62%
Employee/Staff Expense:	\$21,955.37	\$106,660.99	46%
Facilities Expense:	(\$13,502.16)	\$ 84,525.35	49%
All other Expenses:	\$ 4,527.38	\$ 21,771.81	42%
Total Expenses	\$12,980.59	\$212,958.15	46%
Did you know? Difference(Net):	\$30,261.26	\$ 73,553.09	

For the month of December, we took in \$30,261.26 more than we spent. The big red credit in “Facilities Expense” for the month was the reimbursement from our most generous donors for the down payment for the generator being installed. If you recall, last month we showed that UUCF had paid that deposit. Our available cash in the General (Operating) Fund is \$151,750.92 as of December 31, 2015, less the \$60,000 reserve leaves us \$91,750.92.

Janice

GIFT CARD PROGRAM – STILL GOING, BUT WE NEED YOU!

In light of recent events, we are re-evaluating the gift card program, but we refuse to let these recent events keep us down! Our new plan consists of:

Prepaid orders only, no cards will be kept on site. When you place an order you can expect a normal one-week turn-around. So, give us a check one week, and pick up your cards the following week. We need an order minimum of \$800, to cover the shipping costs and still make a profit....so the more people who order, the better.

ScripNow is available for anyone wanting to sign-up for cards using your smartphone or computer. Check out the website for Great Lakes Scrip Program at www.shopwithscrip.com and follow the registration procedures. To enroll, you will need the enrollment code for the congregation, available from the Treasurer, Janice Schlepp, treasurer@frederickuu.org. Enter your own banking information and personal security to use with PrestoPay, be prepared to pay 15 cents per card purchased. Then click on the huge selection of vendors who offer discounts to nonprofits, like us. You can also install a free eScrip app that lets you buy, manage and redeem your digital cards instantly, along with real time balance checking, and the opportunity to see how much you have contributed.

UUCF has worked with Great Lakes Scrip Program since the 1990s. Representing more than 30,000 organizations, including schools and churches, Great Lakes Scrip has an excellent Better Business Rating. Participating stores and vendors include everything from Ace Hardware to Zappos, from grocery stores to gasoline, from clothing to cruises, from hamburgers to home repair. Since you'll be spending the money anyway, why not get more bang for your buck, by having the vendor discount go to UUCF. Turn your everyday shopping into fund-raising!

The gift card program is tasked in our current budget to raise \$5,000. The theft of in-stock cards set us back. **Thank you** to everyone who replaced their checks for card purchases. A few are still outstanding.....

If you have any further questions, please see one of us at our table on Sunday.

Yours in service to UUCF – Joan Deacon, Jane Ladner, Ann Nathan

After nine years being the friendly face in our office, Dottie Hall retired as our Congregational Administrator.

Dottie Hall Retires

Dottie will miss working with many of our congregants, whether helping them or having them help her. She especially enjoyed providing information to visitors in person or by telephone.

Dottie has seen many changes at UUCF during her years with us: the Social Action Committee and their activities have expanded; there are more volunteers, especially on the Facilities Management Committee including a Manager on staff now; a choir of 30+ members with a professional conductor and accompanist; CUUPS are sponsoring more activities with increased



Dottie at her retirement luncheon.

attendance; more public events are involving more congregants. The growth of the church and expansion of activities are happening because of the guidance of our settled minister, Rev. Carl.

Dottie has no special plans right now for her retirement years other than to enhance her social calendar and rekindle some former hobbies.

She wishes the best for the UUCF and wants us to know that when she travels down Rte. 340 she will have warm thoughts when she views the church.

We thank you Dottie for your years of service for us and wish you every happiness in your retirement.

Linda Howard has made something of a career of being an interim office manager. She

Interim Office Manager

has previously helped out three churches in Frederick as they searched for permanent office managers: Evangelical Reformed United Church of Christ, Calvary United Methodist Church, Evangelical Lutheran Church, and now she comes to our church as we search for our replacement for Dottie. She has agreed to stay long enough to help train our permanent office manager, so long as she can be free to focus on her garden come April!



lived in the north part of the city since 2002 and loves Frederick!

She is a Habitat for Humanity volunteer and serves on the PR Committee and other committees as needed. She wrote a newsletter for the Uptown part of Frederick for one year (from 4th Street north) and took photos of Habitat homes.

Linda hopes to meet a few of us as she works here and invites folks to drop by to say hello. She is a morning person, so she will be in the office T-TH 8am to around 2pm.

Welcome, Linda. We are grateful to have you with us and hope your time with us will be enjoyable.

Blanche Ames Gallery Presents

MAGIC ART QUILTERS



"I Spied an Oriole"
Cosette Blackmer

The Blanche Ames Gallery exhibit for the month of February is a new medium for the gallery. Visitors and members who attend will view the creativity of 14 quilters and their art. All will be amazed at the uniqueness and beauty of each.

The Magic Art Quilters (MAQ) began in 2012 by members of the Four County Quilters Guild to explore fiber art, mixed media, contemporary quilting, and creativity. The group meets monthly to encourage creativity and personal growth as they explore fiber and mixed media arts and share new techniques through hands on experimentation and demonstrations. They issue challenges yearly, participate in book studies, and share their work in a supportive environment.

ARTISTS' RECEPTION

Sunday, February 7
12:30-2pm



"Looking Up"
Judy Miller

Show runs until
February 28

OPEN MIC COFFEEHOUSE —February 27, 7pm

Coming Soon!

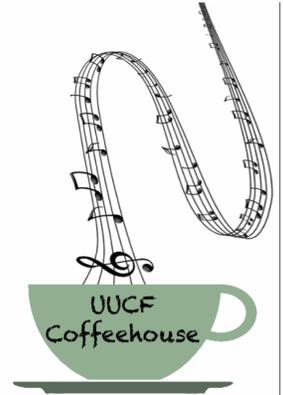
Our first Coffeehouse of the year was a blast -- and we're doing it again in February... Please join us with a song or poem (or two or three) and a friend (or two or three!). This is the perfect opportunity to share your talents with an appreciative crowd! Hope to see you there.

As always, BYOB and please feel free to bring a treat or beverage to share.

Date: 27 Feb 2016

Time: 7:00pm to 9:30pm

Contact: Elaine Gleaton (efgleaton@gmail.com) 301-



From left, Martha Jones, Danielle Grace, Deb Int Veldt, Scarlet Coleman, Julia Jones, Elaine Gleaton, and Louise Van Gilder. Missing in the picture, Irene Glasse and Calvert Thompson.

ODARA: A CELEBRATION OF WOMEN'S VOICES IN SONG

Saturday, March 5 at 7:30pm in the sanctuary.

Featuring performances by nine gifted female vocalists in ensembles and as soloists — with songs spanning Classical, Pop, Folk, Musical Theater genres. Nick Int Veldt will accompany on piano.

Tickets are \$15 for adults, \$10 for seniors, students and veterans. Proceeds to benefit the UUCF.

A rare musical event!

Dinner at Dutch's Daughter

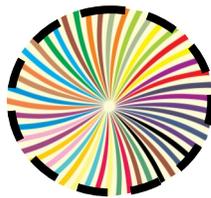
All UUCF members and friends are invited to a dinner celebrating stewardship and fellowship on Tuesday, March 15 at Dutch's Daughter Restaurant. The event, featuring a talk by Reverend Carl on "Soaring to New Heights," a rousing choir performance, and guided table discussions, will begin at 6:30 and conclude at 9pm.

Tickets will cost \$10 per person and will be on sale in the narthex/atrium of the church every Sunday from February 7 to March 6. Early purchase is the best way to guarantee your place and that of your family and friends at this important gathering of our community.

Young Adult Fellowship at UUCF

We're starting a group at the Unitarian Universalist Congregation of Frederick for UUs ages **18-28**. Our first meeting will take place on **January 31 at 12:45** in room 125 where we will take some time to get to know everyone, speak a bit on what to expect from the group and bring forward any and all ideas! Contact Lora Powell-Haney, DRE, with any questions: [lo-raphaney@gmail.com](mailto:loraphaney@gmail.com); [240-409-8175](tel:240-409-8175).

New Programs



January 31
Start Dates

Parents/Caregivers as Sexuality Educators class

The Our Whole Lives (OWL) sexuality education program from the Unitarian Universalist Association has a new series for parents and caregivers; UUCF is a field test site! Sessions include Hopes and Concerns; Communication; Sexual Health; Gender Identity; Consent Education. We'll hold three sessions on Sunday evenings, coinciding with our 8th-10th grade OWL class: **January 31**, February 14 and 21, 6-8pm. Contact Lora Powell-Haney if you are interested: loraphaney@gmail.com.

A Celebration of Life will be held on Saturday, February 6 at 11:00am at UUCF for **Carol Morse**, who died quietly at 6:23am on Friday, January 1. In lieu of flowers, a donation may be made in Carol's name to the Alzheimer's Association (alz.org) or Frederick Hospice (hospiceoffrederick.org).

Rev. Carl Teaching at FCC
 "Comparing Religions: Coming to Terms"
 Thursdays at 10:00am - 11:30am,
 March 10 – April 21 (skip 3/24).
 Much more than another survey of beliefs and practices in the world religions. Consider the history, nuances, promises, and costs of different comparative practices and the significance for our contemporary world.
 To register: iratfcc.com/portfolio/

"Happily Ever After — A Workshop for Couples"
 Whether you're already married, newly engaged or seriously dating, every couple can use a relationship tune up! Grounded in research and guided by humor and common sense, Happily Ever After: The Heart and Science of Strong Marriages is a dynamic and interactive experience designed to provide committed couples with the tools for successful, long lasting marriages. Turn something good into something great!
 Cost: \$149 starting. Scholarships available.
 Date: 20 Feb 2016
 Contact: Julie Hanson (hanson.julie@gmail.com)
 214-683-5686
<http://inner-evolution.com/couples/happily-ever-after/>

The Circle of Life Gives Thanks to Di Creedon
 The Circle of Life Cooperative Preschool is dedicated to teaching our next generation many ways of caring for one another and for the earth which we all share.
 During the Summer Break our ten year old composter suffered a fatal collapse. We've been searching high and low for an affordable and pest proof composter since then. Today, we give thanks to Di Creedon! She generously donated a Compost Tumbler to the children of the Circle of Life.

UUCF's Second Annual Square Dance
 SAVE THE DATE
 Saturday, April 16 from 7:30 to 9:15pm
 (Contact Nancy Roblin for further information: nancy.roblin@gmail.com.)

Women's Brunch



The **FIRST** brunch of the **Retired Unitarian Universalist Ladies Eating Out (RUULEO)** will be held at the Double T Diner. Tuesday February 2, 2016 at 10:30am.

Welcome to any UU lady who has the time to brunch. Please come.

Double T Diner
 5617 Spectrum Drive.
<http://www.doubletdiner.com/restaurants/frederick-restaurant.aspx>

Any questions call 301-606-4282 (Nancy C Lohrey)

CLASSIFIEDS
 If you have a **personal, sales, or service ad** you wish to share with our mailing list, please send it to me by **January 20**. With a request, ads may run for two consecutive months. Classified ads should not exceed 100 words and may be accompanied by a picture. No business cards or display ads, please. Tibby Middleton, Editor
midken@comcast.net.

For Sale: Epson 200XL inkjets. I got the wrong size! Two black and all colors too. Five altogether. \$20 for the lot. I hate to see them wasted. Tibby midken@comcast.net



2016 Joseph Priestley District – District Assembly
Congregations in Covenant: Living the Interdependent Web
April 8-9, 2016

Wyndham Garden York – 2000 Loucks Road,
York, PA 17408

Featuring Keynote Speaker, UUA Moderator, Jim Key
with Featured Musical Performance by Emma's Revolution



"Fervent and heartfelt" -The New York Times

On the agenda will be a vote in support of the plan for
regionalization. To learn more, go to:

[CERG](#)

History in the Making

The UUA Presidential Search Committee today [announced](#) two nominees for the 2017 election of a new president of the Unitarian Universalist Association: the Rev. Alison Miller and the Rev. Sue Phillips. Other candidates may enter the race by petition between February 1, 2016, and February 1, 2017. Delegates to the 2017 General Assembly in New Orleans will elect a successor to President Peter Morales.

We have never had a female UUA President. In 2017 that tradition changes.

Read about it at
<http://www.uuworld.org/articles/miller-phillips-nominated>



17th – Raeann Robisch; 18th – Amy Rembold; 21st – Trevor Ellis; 22nd – Rett Dean; 23rd – Luke King, Sianna King, Tracey Law; and 27th – Knicki Bergman.

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Webmaster, Rick Holt <webmaster@frederickuu.org>

Publications

Unison Deadline: submissions by the 20th; web posting on the 28th
Mid-Week Announcements: submissions by Wednesday, noon; e-mailed on Thursdays
Submission address: frederickuu.org/announce