

# U N I S N



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◇ June 2015

*A Welcoming Congregation*

*Special Note: This issue marks our last until September. Save summer calendar dates. We will see you in the fall. Thank you for reading each month!*



View of the tower from the atrium.  
Photo by Carl Kruhm.

## JUNE 7 AT 11:30am ANNUAL CONGREGATIONAL MEETING

We are the stockholders of our congregation. When there is business to be done, decisions to be made, we gather together to hear, alter, accept and finally approve matters of importance to the stability of our community. Once each year we review our finances, elect or approve the slate of our lay leaders and on occasion wrestle with the destinations toward which we all want our congregation to move.

To accomplish our work smoothly, we need you — or your proxy — at our annual meeting. If you cannot attend, stop by the office to pick up a proxy form or click on the link in President Bob's letter (p. 3), print it out, and give it to a Board member or someone else to bring to the meeting. As with most thriving organizations, we need a quorum. Even if you cannot attend, you can still do your part.

All information you need is on our website, if that convenient for you. We hope to see you at the "stockholders" meeting! ([frederickuu.org/AnnualMeeting](http://frederickuu.org/AnnualMeeting))

### NOMINATING COMMITTEE SLATE

Vice President – Steve Berte  
Secretary – Jan Fullerton  
Board of Trustees at Large – Geoff Coleman, Dave Lufkin, Bobbi Mead  
Endowment/Legacy Trustee – Leslie Powell  
Assistant Treasurer – Jeff Wilson (Board Appointed)  
2016 Nominating Committee – Laura Cornwell, Patricia Cronin, Charles Haney, Nancy Pace, Herb Wolf

### Congregational Conversation

**Congregational Conversation on Sunday, May 31:** Rev. Carl will be preaching a sermon at the 10:30am service based on this year's UUA Common Read, "Reclaiming Prophetic Witness: Liberal Religion in the Public Square" by Paul Rasor, which asserts that conservative Christianity is not the only valid religious voice in our national social policy. This book challenges UUs to claim our contribution, as religious liberal, to the pressing moral and ethical debates of our contemporary world. Everyone is welcome to join the conversation at 11:30am.

COMING SOON

#### CUUPS

##### Full Moon Labyrinth Walk

Tuesday, June 2 at 8:00pm

Come enjoy the beauty and peace of the Labyrinth by the light of the full moon! The labyrinth will be illuminated from 8 pm till 10 pm. Everyone is welcome. Weather permitting, this will be an outdoor, drumming walk. The first hour will be a quiet walk, the second hour drumming, so feel free to bring hand drums and other percussion instruments. If you haven't walked a Labyrinth before, there is no ceremony or ritual. We put out the little flickering LED tea lights and keep the space open.

#### Summer Solstice

Sunday, June 21 at 7pm. Details on p. 4.

#### RUUMEO

Retired UU Men Eating Out will meet June 3 at 8am at Bob Evans on the Golden Mile (Rt. 144 west).

#### CG LUNCH

The Chronologically Gifted will meet at Outback Steakhouse on route 144 at noon on June 19. There's really no age limit. Come join us for lunch. We'd like to see you there. Call Marj Mansfield 301-693-6195 if you have questions or need more information.

#### COFFEEHOUSE

Saturday, June 13 at 7pm. Music, Poetry and more.

#### BOOK CLUB

Friday, June 26 at 7:30pm. *Tell the Children* by Dora Apsan Sorell. This is the story of a Jewish woman, a trained physician, who was in a German concentration camp for several years and how she endured the hardships and was released at war's end. It tells of her finding family among the refugees. It is an inspiring autobiography. The book is available from Amazon and may also be available at some of the other book sellers. The author, now in her 90's, is living in San Francisco. Meet at Steve and Jill Schatken's home in Shepherdstown, WV. [schatken@frontiernet.net](mailto:schatken@frontiernet.net)

amazon.com

If you use Amazon, please click on this link.

<http://tinyurl.com/kozsvan>

You will be taken to your account, but UUCF will receive a percentage of your book, or other, order.

# UPDATE YOUR CALENDAR LOOK WHAT'S COMING!

## JULY — BOOK CLUB

Friday, July 24<sup>th</sup> at 7:30pm  
*Being Mortal* by Atul Gawande  
Jill and Steve Schatken's home.

In the information on the back of the book, Oliver Sacks notes, "We have come to medicalize aging, frailty, and death, treating them as if they were just one more clinical problem to overcome. However it is not only medicine that is needed in one's declining years but life—a life with meaning, a life as rich and full as possible under the circumstances. *Being Mortal* is not only wise and deeply moving, it is an essential and insightful book for our times, as one would expect from Atul Gawande, one of our finest physician writers." After reading this thought provoking book, I'm sure you will agree with Mr. Sacks.

~~ Fanny Johnsson

## AUGUST — FREDERICK CUUPS LAMMAS RITUAL

Saturday, August 1 at 7:00pm  
Church

Join Frederick CUUPS for an open, family-friendly Lammas Ritual! Lammas or Lughnassadh is the time of year when plants first start to drop their fruits or seeds. With the days growing shorter, Pagans celebrate the bounty of the Earth with the first harvests of grains. We will share a Lammas celebration (led by Charles & Lora). Potluck to follow, please clearly LABEL any offerings with the ingredients included.

Charles Haney  
CUUPS Co-coordinator  
703-725-4088



## SEPTEMBER — FREDERICK PAGAN PRIDE DAY

Saturday, September 12 at 10:00am - 6:00pm

Coming Out of the Broom Closet on Pagan Pride Day 2015

Frederick's very first Pagan Pride Day will be held on Saturday, September 12, 2015 at the Unitarian Universalist Congregation of Frederick.

People of all ages and spiritual backgrounds are welcome. The event will include information booths, workshops, live music, vendors and other activities celebrating the Autumn Equinox, a time of thanksgiving in many Pagan traditions.

An item of non-perishable food will be accepted as admission and donated to The Foodbank Program operated by the Frederick Community Action Agency.

## CARNIVAL

September 19; Rain Date September 26

Save the date(s) for the UUCF Carnival! This will be a cookout and potluck, with games, races, booths, music, and much more. Fun for the whole family. We need volunteers to help and we seek ideas for games and races from the entire congregation.

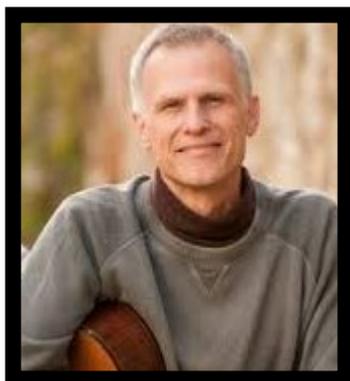
Please contact Nancy Roblin, [nancy.roblin@gmail.com](mailto:nancy.roblin@gmail.com) if you can help or need more information.

## *The Incomparable* **PETER MAYER**

Saturday, September 26

The performance by Peter Mayer will be a public event. Peter is a renowned songwriter and singer and a UU favorite. He wrote the beloved song in our UU hymnal, "Blue Boat Home."

We are fortunate to have this extraordinary musician come to our church. We expect a crowd. Invite your family and friends to save the date for a special evening of musical joy.



In Case you missed President Bob's letter to the Congregation, we reprint it here.

## LETTER FROM PRESIDENT OF THE UUCF BOARD ABOUT 2015 ANNUAL MEETING

Dear members and friends of UUCF,

The UUCF Annual Meeting will be on **Sunday, June 7 at 11:30 am.** in the sanctuary. (We will take a ten minute break between the end of the 10:30 am. service and the beginning of the Annual Meeting.)

Our Fifth UU Principle includes practicing the "democratic process within our congregations," and at our upcoming meeting:

- We will **decide on a budget** for the coming twelve months.
- We will **hold elections** for new Board of Trustees members and a new Nominating Committee for next year.

Your participation is needed as our congregational democracy is only effective to the extent that each of us is informed and involved in the yearly gathering of our congregation.

To prepare for the meeting, please use the following links:

- [Procedure for Congregational Meetings](#)
- [Annual Meeting Agenda](#)
- [Minutes from the June 2014 Annual Meeting](#)
- [Minutes from the November 2014 Congregational Meeting](#)
- [Budget Summary](#)
- [Budget Detail](#)
- [Ballot](#)

Paper copies of the handouts are available from the UUCF office on request.

**If you are unable to attend the meeting, please give your [written proxy vote form](#) to a UUCF member who will be there** to help ensure we have a quorum. Proxy forms are also available from the UUCF office. Each person attending the meeting may vote up to two proxies.

Thank you in advance for making our congregation a model of democracy in action!

In service,

Robert C. Ladner  
President, Board of Trustees

## *Creating a UUCF Legacy Circle*

Do you remember when you first felt you belonged here — in this congregation, with these people, as part of this larger movement of hope called Unitarian Universalism?

For many members and friends of UUCF, such realizations of belonging come after long spiritual journeys — making the moment, and the sense of peace and connection, particularly poignant.

UUCF was here before you, and you have made it more than it was. Our responsibility then becomes to help ensure that our welcoming, compassionate community continues to be a beacon of hope for others, as it has been for us, for many years to come. At our recent annual Transitions service, Rev. Carl reminded us of the importance of "Seventh-Generation Thinking," one invitation of which is to increasingly see yourself as the midpoint of a seven-generation span — such that ethical decisions should try to honor the wisdom of the three generations that preceded you (back to your great-grandparents) and to consider the legacy you are leaving for the three generations that will follow you (your great-grandchildren).

As you consider the legacy you want to leave, the power of giving is one among many ways that we can think beyond our lives. As part of this effort, **we are creating a Legacy Circle to recognize and celebrate members and friends of our congregation who have included UUCF in their estate planning.** Regardless of size, every bequest is a meaningful way to leave a legacy of support for Unitarian Universalist values in our area. Such contributions could be made through wills, charitable remainder trusts, life insurance policies, securities, and other means. We encourage you to discuss alternatives with your attorney or financial adviser.

If you have already included UUCF as a beneficiary, we invite you to email Bill Butler ([wb6566@gmail.com](mailto:wb6566@gmail.com)), a member of our elected UUCF Endowment Board of Trustees to share your plans with us so that we may offer them a source of hope and inspiration to others. If you have not made UUCF a beneficiary but are interested in doing so, please also email Bill, and we will then invite you to join an initial discussion about the formation of a UUCF Legacy Circle and how you might participate. You may also contact Rev. Carl or set an appointment to speak with him ([minister@FrederickUU.org](mailto:minister@FrederickUU.org), 443-949-6779).

We look forward to celebrating the formation of a UUCF Legacy Circle and leaving a light in the window for spiritual travelers for generations to come.

In Service,

The UUCF Endowment Board of Trustees  
(Bill Butler, Roy Greene, Susan Holt, Carole Larsen, Leslie Powell)



Thank you to everyone who helped make our recent "Spring into Action" Picnic a wonderful success. In addition to being a great reason to get outside and enjoy the beautiful seven acres of land that surround UUCF, there was wonderful food, fellowship, games. Thank you as well to all the vendors who shared their art and the social action groups who reminded us of the many ways we can connect and help the larger community.

**CARL'S  
COLUMN**  
*Rev. Carl Gregg*



For other ways to get involved at UUCF, on Sunday, June 14 I will be facilitating one of our twice yearly "UUCF 201: Pathways to Leadership" classes immediately following the 10:30 a.m. service. These classes are intended to be both ongoing training for our current leadership as well as a way to learn about leadership opportunities in the congregation for those who are interested in taking the next step of involvement at UUCF.

At the end of June, I'm looking forward to traveling to Portland, Oregon for the annual UUA General Assembly along with a number of other delegates from UUCF. Even if you are unable to be there in person, many of the highlights of GA each year are streamed free online. More information is available at [uua.org/ga/virtual](http://uua.org/ga/virtual). Also, note that next year GA will be much closer to home, within driving distance: Columbus, OH (June 22-26, 2016). Looking ahead, future GA sites include New Orleans (2017) and Kansas City (2018).

Relatedly, in my final sermon before leaving for GA, I'll be preaching on "The Promise of Summer, Free Time, and the Forgotten American Dream." Here at the beginning of the summer, I encourage you to reflect on what shape you want your summer to take. How might you feel led to embrace the promise of summer, to carve out some free time, and savor opportunities for a change of pace.

Thank you for your ongoing support of all that we do at UUCF; I'm grateful to be with you on this journey.

Peace to you,

Carl  
<[minister@frederickuu.org](mailto:minister@frederickuu.org)>



## *RE World*

Lora Powell-Haney  
Director of Religious Education

Coming soon to an in-box near you!

For more idea sharing, resources for faith development at home and finding out what's going on in religious education communications, look for an email or Facebook invitation to join a Facebook Group just for parents of children registered with our program! If you aren't sure your child is registered, please email DRE Lora Powell-Haney at [education@frederickuu.org](mailto:education@frederickuu.org). Invites will go out in early June.

Seeking young adults, 18-25

No, not for experiments or tests: for fellowship and faith! Let's get together over coffee or food or Frisbee for conversation and some study, and sharing about your faith journey. Interested? Send an email to [education@frederickuu.org](mailto:education@frederickuu.org) (include a cell phone number for event texts).

No Summer RE? Yes, Summer A&E!

While our religious education program is on summer break, faith formation still goes on, in worship and in our Arts & Exploration time for preschoolers through 3rd graders. Come volunteer with our youngest friends and explore spiritual practices, crafts, outdoor play, and our Lego ministry. Found a great activity on Pinterest and want to try it out? We have experienced experimenters! Come join in this summer for one or two Sundays; work with a friend, partner, new acquaintance; contact DRE Lora at [education@frederickuu.org](mailto:education@frederickuu.org) for more information.

### THE GREEN CORNER

"Car pools" - an old term, long applied to travel to work and school - why not to UUCF?

As we've seen recently, our parking areas get pretty full with only one Sunday service, plus the groups meeting before and after that service. Maybe you have neighbors, or someone lives en route, with whom you could share rides. Not a lot of gasoline would be saved nor exhaust fumes eliminated per car per trip perhaps, but collectively we could do a little bit for our environment.

An alternative: arrange to meet UUCF acquaintances at the public parking area at the Mt. Zion/Elmer Derr intersection. That may not save much gas, but would free up a parking space at UUCF, not to mention saving some aggravation finding one, and might possibly build another UU friendship!

~Bill Butler

# SUNDAYS AT UUCF

## Sunday Services

Sundays at 10:30am

**June 7:** *The Practice of Forgiveness*, the Rev. Dr. Carl Gregg

**June 14:** *The Promise of Summer, Free Time, and the Forgotten American Dream*, the Rev. Dr. Carl Gregg

**June 21:** *TBA*, the Rev. Mike Morse

**June 28:** *Singing into our Lives*, Lora Powell-Haney and Cosette Blackmer

## Friendly Forum

Sundays at 9:15am  
in room 113

**June 7:** Discovering our own inner resources - innate tools for living; such as inner strength, choice and hope - the possibility of personal peace (Patricia Barrett)

**June 14 :** Second Chances Garage (June Split Plate)

**June 21:** TBA

**June 28:** Current Events



## UU PROGRESSIVE CHRISTIAN FELLOWSHIP

UU Progressive Christian Fellowship Summer Eucharist  
First Sunday of the month from 9:30 to 10:15 am.

UU Progressive Christians are followers, not worshipers of Jesus; we explore in worship the meaning of a Cosmic Christ that embodies the UU principles and respects the fourth source of Unitarian Universalism.

Sunday June 7 a Eucharist of contemporary praise music;  
Sunday July 5 Eucharist in the spirit of Taize;  
Sunday August 2, a contemplative Eucharist led by Rev. Dr. Carl Gregg.  
Communion will be served. All are welcome.

~~Sea Raven, D. Min.



## EARTH-CENTERED SPIRITUALITY WITH FREDERICK CUUPS

Our Earth-centered Spirituality Group meets on the 3rd Sunday of each month at 9:30am in the Chapel.

Sunday, June 21 at 9:30am  
Sunday, July 19 at 9:30am  
Sunday, August 16 at 9:30am

This time together provides an opportunity to focus on the Sixth Source of Unitarian Universalism: "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." Join us for our June meeting (led by Charles) as we celebrate the longest day of the year.

For more information, please contact Irene Glasse  
[irene.jericho@gmail.com](mailto:irene.jericho@gmail.com) or Charles Haney [chazhaney@yahoo.com](mailto:chazhaney@yahoo.com).



## UUCF BUDDHIST FELLOWSHIP

UUCF BUDDHIST FELLOWSHIP -  
SUMMER 2015

Special meeting for May 31. Please join us at 9:30 - 10:20 AM in the chapel to discuss Rev. Carl Gregg's sermon from May 24, "The Fourth Turning of the Wheel." The discussion will be facilitated by Rev. Gregg and Nancy Pace. You can access the sermon at [www.frederickuu.org/sermons](http://www.frederickuu.org/sermons).

Summer calendar. We meet at 9:00am for meditation and 10:00am to 10:20 for discussion, facilitated by members of the group, on the **second and fourth Sundays** in the chapel. You are welcome to attend either or both parts of our meeting. We are studying together *Wise Heart* by Jack Kornfield, and generally focus on two chapters each meeting. On June 14, our discussion will focus around chapters 17 and 18. We are pleased that Sheri Bergman has arranged an ASL interpreter to attend our group beginning in June. Her name is Jinah Williamson. Please welcome her.

Our schedule will remain as above until after Labor Day.



## ATHEISTS, HUMANISTS, AGNOSTICS

AHA meets at 11:45am :

**June 7:** Join Annual UUCF Congregational Meeting

**June 21:** TBD  
Phyllis Lydell at [phyllis.elaine@comcast.net](mailto:phyllis.elaine@comcast.net).



## COVENANT OF UNITARIAN UNIVERSALIST PAGANS

Litha Ritual

Sunday, June 21 at 7:00pm

Join Frederick CUUPS for an open, family-friendly Litha Ritual! Litha, the Summer Solstice, falls on the longest day of the year. With the Sun at its highest point in the sky, Pagans rejoice in the Sun's life-giving warmth and ability to make things grow. We will share a Litha celebration (led by Charles & Lora). Potluck to follow, please clearly LABEL any offerings with the ingredients included.

~~ Charles Haney [chazhaney@yahoo.com](mailto:chazhaney@yahoo.com)

# FISCAL NOTES as of April 30, 2015

General Operating Fund	Month of April	Fiscal Year To Date July through April 2015	% of Annual Budget – 83 % through the year
Contributions:	\$18,749.99	\$285,574.03	87%
All Other Income:	\$ 5,498.40	\$ 78,932.29	93%
<b>Total Income:</b>	<b>\$24,248.39</b>	<b>\$364,506.32</b>	<b>88%</b>
Employee/Staff Expense:	\$16,505.73	\$159,446.92	83%
Facilities Expense:	\$16,164.76	\$130,824.96	79%
All other Expenses:	\$ 3,025.35	\$ 37,103.27	68%
<b>Total Expenses</b>	<b>\$35,695.84</b>	<b>\$327,375.15</b>	<b>79%</b>
<b>Difference (Net):</b>	<b>(\$11,447.45)</b>	<b>\$ 37,131.17</b>	

## Did you know?

For the month of April, we spent \$11,447.45 more than we took in. There were no unusual expenses, just not much income. However, for the fiscal year, we are still ahead by \$37,131.17.

Our available cash in the General (Operating) Fund is **\$97,357.76** as of April 30, 2015.

The proposed budget for our next fiscal year is available on line at [www.frederickuu.org](http://www.frederickuu.org). We will be voting on this June 7<sup>th</sup> so please put that date on your calendar or if you cannot be there, please pick up a proxy in the UUCF office so your vote can be counted.

Enjoy the weather!

Janice

# Board of Trustees Notes

**ANNUAL REPORTS:** A reminder: If your committee or task force has highlights from the past year that should be recorded for posterity, for the benefit of institutional knowledge, or for the benefit of the work for future committees, you are invited to send them by June 1 to Nancy Hutchins at [nhutchins471@comcast.net](mailto:nhutchins471@comcast.net) to be included in our Annual Report.

The reports are published on our website and can be read there.

**ANNUAL AWARDS:** We will honor four outstanding volunteers on May 31st during the service. Their names will be added to the plaques that hang in the entry hallway.

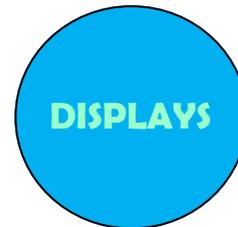
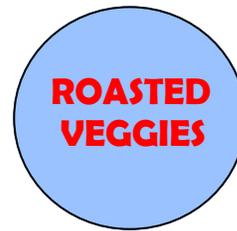
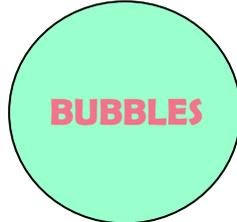
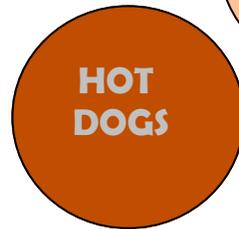
**BOARD BUSINESS IN MAY:** The Board approved a FY2016 draft budget to be presented to the congregation at the June 7 meeting. Again, we are grateful for the generosity of so many of you. We are able to meet most of our goals and we are bringing our operating reserve figure up to \$60,000, which is about two months of expenses at this point.

**ANNUAL CONGREGATIONAL MEETING JUNE 7:** Don't forget to mark your calendar for our Annual Meeting, where officers will be elected and the final budget presented for your vote: June 7, 2015 after the service. Please look for announcements and links to the ballot and budget that will be forthcoming. We have adopted a streamlined process for calling a quorum and we can devote our time together for answering questions and conducting business. Please see the letter (p.3) by Board President Bob Ladner for details.

**SPECIAL THANKS** are due to Carolyn Marino who donated the considerable profit from the sale of her photographs to UUCF. Many thanks to Stan Schlepp and our Facilities Management Team for managing the lawn care and the repair to our heating and air conditioning for the chapel and the atrium (to be completed soon), and for all that they do. Thanks again to Dick Menzer for his continued care of the grounds. Thanks, everybody!

~Nancy Hutchins, Secretary

# Spring into Action! Ice Cream Social and Picnic



Thank you, Social Action Committee, for sponsoring this annual spring social which gives us an opportunity to find out about the good work we can do in our community and abroad while eating, shopping, and having fun with old and new friends.



**Second Chances  
Garage**

Second chances for cars... and the people who need them!

## SPLIT-PLATE FOR JUNE 21<sup>ST</sup>

Here are TWO ways you can support Second Chances Garage in June:

1. **Get your car washed** on Saturday, June 6th. 10am - 2 pm. Free (yes, there will be a box for donations). The Car Wash will be at the Garage, corner of 6th and North Market Streets as a First Saturday event. If you plan to attend the Frederick Arts Festival on the Creek that day, come a bit early. Your car, too, can be a shiny work of art.
2. **Give during UUCF's Split-plate collection** on Sunday, June 21st. Half the amount of regular plate donations will support Second Chances Garage (or all of any donation that is marked "to SCG" or "all to split plate").



### WHY SUPPORT SECOND CHANCES GARAGE? CAN YOU IMAGINE YOUR LIFE WITHOUT A CAR?

SCG is a Frederick non-profit that helps low income families and individuals meet their personal transportation needs. SCG solicits donated vehicles, refurbishes them and matches suitable cars to people who have a job but no car to get to work. The clients are referred to us by Partner Agencies from throughout the area. Some of our other split plate recipients are among these Partner Agencies (e.g., The Religious Coalition and Heartly House).

Second Chances Garage also offers Reduced Cost Car Repairs for anyone who is eligible, based on household income that is no more than 2.5 times the Federal Poverty Guidelines. The cost of repairs in this program is half or less what a standard car repair shop would charge.

For more information: <http://www.secondchancesgarage.org>. On the website you'll find out how to donate a vehicle, how to qualify for a Program Car, or how to schedule an appointment for repairs. Phone [240-724-1919](tel:240-724-1919). The shop is located in downtown Frederick at 528 North Market Street. Thank you!

~~Meg Menke

# Social Action Committee

**JUSTice + ACTION = JustAct**

<http://uusocialjustice.org/nws>

Mary Kruhm, Chair

The goal of the UUCF Social Action Committee (SAC) is to serve as a resource for community service and social justice internationally, nationally, and within the greater Frederick community. An open, ongoing committee assesses justice issues and how best to act on them and supports the work of *Liaisons* who are passionate about individual projects. We challenge our congregation to get involved by:

Partnering with other faith communities and community service organizations.

Collaborating in social action projects.

Volunteering as a Liaison.

Participating in social justice causes individually and collectively.

## DO YOU HAVE AN IDEA FOR A SOCIAL ACTION PROJECT?

You can:

- o Join the SAC.
- o Become an SAC Liaison.
- o Nominate and support a split-plate recipient.
- o Support SAC events, from split-plates to other activities we sponsor.
- o Request the SAC support a group with which you volunteer.

## EMERGENCY FAMILY SHELTER

The Religious Coalition For Emergency Human Needs launched the Emergency Family Shelter Program in September 2014. The Program serves local families who are homeless. The shelter is a scattered-site shelter program comprised of local churches, about 16 of which provide actual shelter space in their buildings. Each church provides shelter for one or two weeks per quarter. Other churches provide volunteers, food and other support.

UUCF and Kol Ami are partnered with Evangelical United Church of Christ, located at 15 West Church Street in Frederick. EUCC provides the shelter space and many of the volunteers. During evening hours, two volunteers assist the paid staff in offering activities and entertainment to the residents. One or two volunteers along with the paid staff stay overnight at the shelter location.

Members of all three congregations volunteer for the evening or overnight positions, as well as preparing one or more of the evening meals. Volunteer opportunities are also available at the day shelter on days when school is not in session. Summer is fast approaching. Some of the children may be attending local camp programs, but those with ideas for children's activities will be welcome at the day shelter.

Client families' day begins at 5:45 am, with wake-up call and transportation to the day shelter. There, breakfast is served, children are picked up for school, and adults work with their case managers. School aged children are dropped off about 3:00, and from 3:00 till 5:00 they do homework and play. At 5:30, the families are transported to their host church, where they have their evening meal. From 6:30 till 10:00 pm lights out, participants have free time at the host church site.

Families who are selected to participate are involved in a 90-day education and support program of parenting skills, employment support, and general life skills. The goal is for each family to secure employment and independent housing.

Our next scheduled dates to assist with the Emergency Family Shelter are September 5 – 19 and November 14 – 21 2015. A brief training for new volunteers is planned before then. If you'd like to volunteer or learn more about the program, contact Patricia Cronin, 301-865-4442.

## MEMBERS AND LIAISONS

### Social Action Committee (SAC) Members, 2014-2015

**Betsy Bainbridge, Bill Butler, Patricia Cronin, Cynthia Kuske, Monica Greene, Nancy Hutchins, Phyllis Liddell, Nancy Pace, Joanne Spivey, Lynne Wolfe, Carl Gregg** (minister), **Lora Powell-Haney** (Religious Ed.), **Mary Kruhm** (Chair)

### SAC Liaisons, 2014-2015

**Nancy Hutchins** (Criminal Justice/Prison Volunteers & UULM-MD), **Ben Gaffigan** (UU UNO), **Susan T. Holt** (Mental Health Resources & Publicity), **Mike Stockman** (Frederick Soup Kitchen), **Dorothea Mordan** (Web/Graphic Design), **Irene Zmitrovis** (Frederick Immigration Coalition)

### Committee members who also work as Liaisons

**Bill Butler** (UUSC), **Patricia Cronin** (Fred'k. Emergency Shelter), **Monica Greene** (UU UNO, Healthcare Is a Human Right, and FP&JN), **Phyllis Liddell** (League of Women Voters, and FP&JN), **Nancy Pace** (FP&JN), **Lora Powell-Haney** (Religious Ed.), **Joanne Spivey** (Food Bank), **Mary Kruhm** (UULM-MD and FP&JN)

## SUPPORTING SOCIAL ACTION

Used book sale profits, managed by Phyllis Lydell at the "Spring into Action" event, will go toward SAC work.

Women from our Sip'nStitch Club also (at right) sold items at the Social and made a donation of the proceeds.

Pictured at right are a few members who stitched for social action: from left, Jane Ladner, Diane Creedon, Joan Deacon, Mary Bowman Kruhm, and Ann Nathan.



President Bob Ladner stands ready to serve dinner at the Emergency Family Shelter — bring on the food.



# Blanche Ames Gallery Presents



ARTIST TALK & RECEPTION  
JUNE 7, 12:30—2:00pm

## AN EXHIBIT BY CAROL FOERSTER

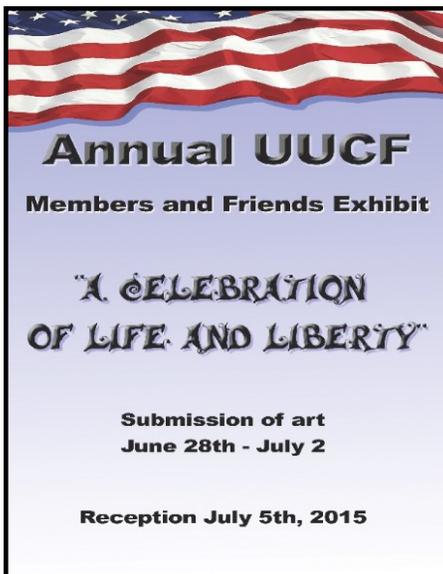
Carol Foerster of Littlestown, Pennsylvania is a master artist with the graphite pencil medium. She is exceptional for the super realism in all her works.

Carol has entered shows and contests, winning some awards along the way. She garnered a spot in the Art of the State Show at the State Museum of Pennsylvania in Harrisburg and recently had work exhibited at the Salmagundi Club in New York City.

To learn more about Carol, visit her website,  
<http://www.carolherrenfoerster.com/>.



SHOW DATES  
JUNE 7 to 28



## CELEBRATE YOUR LIFE AND LIBERTY WITH ART

It's a **Blanche Ames Gallery** tradition to dedicate our walls in July and August to artwork created by UUCF members and friends over the past year. The Gallery invites you to celebrate your new work in our summer art show, opening July 5th.

- Every UUCF member and friend over the age of 18 may exhibit/sell art.
- Exhibited art will be in the Gallery July 5 – August 16.
- Maximum of two exhibited works per person for this show; there is no entry fee. At least one of your exhibited art works must be for sale.

### Submission Requirements:

- All exhibited work must be framed and securely wired for hanging.
- Delivery dates for exhibited art: Sunday June 28 (noon – 2pm) or Wednesday July 8 (6-8pm) Put a label on each artwork that you bring.
- Exhibit installation date – Thursday morning July 2.
- Please inform the Gallery now that you plan to exhibit - see participation info and forms in the Gallery.
- Leave the application form in the folder in Gallery, or send the information by email to [galleries@frederickuu.org](mailto:galleries@frederickuu.org).

### Reception on July 5th, noon - 2pm.

As with all our artist receptions, the food and drink will be provided by participating artists.

UNITARIAN UNIVERSALIST SERVICE COMMITTEE (UUSC) -  
Nepal Relief Fund

We UUs certainly have a lot of "UU" organizations, don't we? One of the most important is the UUSC, our arm for reaching out to address major social justice/social action issues both in the United States and abroad. The most recent example, of course, is help for the Nepal earthquake victims. While major relief organizations are working with the Nepalese government to meet needs for food, shelter, clothing, and medical supplies and services, UUSC locates and sometimes helps create local groups to identify and address matters that "fall through the cracks."

This has been UUSCs approach in Haiti and the Philippines, to cite two recent disasters. UUCF programs in those countries are still needed and are on-going, after other organizations have turned to other matters. With respect to the Nepal disaster, UUSC is partnering with Chetana and Tewa, two local organizations, to deliver much needed supplies and to aid particularly women in Buntag and other remote locations. UUSC workers are also active in re-establishing local schools and in addressing other community problems.

We urge you to donate to the UUSC-UUA Nepal Earthquake Relief Fund at <[uusuc.org/nepalfund](http://uusuc.org/nepalfund)>

Note that UUSC has a 4-star rating by Charity Navigator.  
~~Bill Butler

Due to circumstances beyond our control, Birthdays of people who have joined UUCF in the last year could not be included.

**June Birthdays**



1<sup>st</sup> – Christopher Carrigan, Lila Rudisill; 2<sup>nd</sup> – Andy Celmer; 5<sup>th</sup> – Mike Schlepp; 8<sup>th</sup> – Charles Haney; 10<sup>th</sup> – Colleen McDougal; 11<sup>th</sup> – Kelly Brooks; 12<sup>th</sup> – Ethan Powell, Susan Singley; 20<sup>th</sup> – Bill Greene; 17<sup>th</sup> – JP Gaffigan; 21<sup>th</sup> – Eva Moore, Sara Rippeon; 22<sup>nd</sup> – John Ditman; 24<sup>th</sup> – Robin Dugan; and 25<sup>th</sup> – Carol Antoniewicz.

**July Birthdays**



8<sup>th</sup> – Keegan Simmons; 12<sup>th</sup> – Katrina Scobie-Saedlo, Connor Stalzer; 13<sup>th</sup> – Scott Norris; 15<sup>th</sup> – Christine Larsen; 19<sup>th</sup> – JT Bergman; 22<sup>th</sup> – Janet Ady; 23<sup>rd</sup> – Cosette Blackmer, Melinda Vajaria; 24<sup>th</sup> – Tara Scibelli; 25<sup>th</sup> – Janet Menzer, Devin Shamieh; 26<sup>th</sup> – Joshua Scibelli; 28<sup>th</sup> – Jack Vlahos, Jesse Vlahos, Griffin Withers; 29<sup>th</sup> – Mary Bowman Kruhm, Kiley Mead, Glen Sargent; 30<sup>th</sup> – Elaine Gleaton; and 31<sup>st</sup> – Tabitha Cosham.

**August Birthdays**



1<sup>st</sup> - Diane Askounes; 3<sup>rd</sup> – P.K. Hadfield; 6<sup>th</sup> – Tommy Grace; 9<sup>th</sup> – Sharon DiMaria, Neil Sweeney-Haney; 10<sup>th</sup> – Piers Ady; 11<sup>th</sup> – Lincoln Robisch, William Singley; 12<sup>th</sup> – Mary Fletcher; 13<sup>th</sup> – Rebecca Galdamez; 14<sup>th</sup> – Bobbi Mead; 16<sup>th</sup> – Margaret Hays; 17<sup>th</sup> – Emily Bertram; 19<sup>th</sup> – Marge Fortman; 22<sup>th</sup> – Mark Butler; 23<sup>rd</sup> – Rachel Askounes.; 25<sup>th</sup> – Melody Askounes; 26<sup>th</sup> – Marie Harold; 27<sup>th</sup> – John Thomson; 28<sup>th</sup> – Bill Laughlin; and 29<sup>th</sup> – Sea Raven.

**The Unitarian Universalist Congregation of Frederick, MD**  
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## Publications

**Unison Deadline**: submissions by the 24th; web posting on the 28th  
**Mid-Week Announcements**: submissions by Wednesday, noon; e-mailed on Thursdays  
**Submission address**: [frederickuu.org/announce](http://frederickuu.org/announce)

# June 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 7pm "Unitarian History" Class, Rev. Carl Gregg 8pm Full Moon Labyrinth Walk	3 8am RUUMEO (Bob Evans on Rt. 40) 6pm YRUU "Hang Out and Homework)	4 1pm Social Action Committee Mtg.	5 12:30pm Level One Prana Flow Yoga Class	6 9am UUCF101: Pathways to Membership (Class Filled)
7 9:30am UU Christians (Chapel) 9:30am Friendly Forum (113) <b>10:30am Summer Worship Service</b> 11:30am <b>UUCF ANNUAL CONGREGATIONAL MEETING</b> 11:45am AHA Discussion 12pm Art Reception—Carol Foerster	8	9 7pm "Unitarian History" Class, Rev. Carl Gregg	10 6pm YRUU "Hang Out and Homework)	11 7pm Board of Trustees Mtg.	12 12:30pm Level One Prana Flow Yoga Class	13 7pm <b>COFFEEHOUSE!!</b>
14 9:00am Buddhist Fellowship (Chapel) 9:30am Friendly Forum (113) <b>10:30am Summer Worship Service</b> 11:30pm New Member Reception 11:45 UUCF 201 Pathways to Leadership	15	16 7pm "Unitarian History" Class, Rev. Carl Gregg	17 6pm YRUU "Hang Out and Homework)	18	19 12:30pm Level One Prana Flow Yoga Class	20
21 9:30am Earth-Centered Service 9:30am Friendly Forum (113) <b>10:30am Summer Worship Service</b> 11:45pm AHA Discussion 7pm Summer Solstice/Litha Ritual (CUUPS)  FATHER'S DAY	22	23	24	25	26 12:30pm Level One Prana Flow Yoga Class	27
28 9:00am Buddhist Fellowship (Chapel) 9:30am Friendly Forum (113) <b>10:30am Summer Worship Service</b>	29	30	<b>** This calendar is not all-inclusive of UUCF'S building use. Please go to <a href="http://frederickuu.org/calendar/">http://frederickuu.org/calendar/</a> for a complete schedule.</b>			

