

# U N I S N



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*A Welcoming Congregation*

## School of Religion comes to UUCF



*Learning for Life  
2015*

The Frederick School of Religion is an interfaith organization providing religious education to our greater community every spring.

This year we host the school, which offers classes on Mondays and Tuesdays between **February 9 and March 16**. Go to the website to choose the days and times (afternoons and/or evenings) which you prefer.

To register: download and copy the registration form at [frederickschoolofreligion.org](http://frederickschoolofreligion.org).

Fees are \$25 per class, book orders being extra, should you wish to order any.

Course listing this year are

- 1) Banned Questions of the Bible
- 2) Spirituality and the Arts
- 3) A New Look at the Dead Sea Scrolls
- 4) Great Lights of Reform and Revival
- 5) Supporting the Needs of our Struggling Neighbors
- 6) Yoga: A Spiritual Practice
- 7) The Book of Isaiah
- 8) Faith in Film

## Nourish our Roots Grow our Future



Our Pledge Drive begins this month with Fellowship Dinners in members' homes. In March, we will be asked to pledge financially to ensure that our congregation continues and expands our mission to bring liberal religion to our greater Frederick region.

Today we enjoy participating in a vibrant Unitarian Universalist congregation. Our minister is of a quality that only mega-churches usually can employ. We are maintaining our building and improving on the original structure. Our grounds are a lovely respite from the congested world.

We welcome diverse groups here and we support a pre-school program based on our principles of responsibility and peace. We engage in social action with other churches and community organizations. We have social groups and chalice groups that meet individual needs. We have religious enrichment for children and adults.

We have a vibrant congregation now. We owe what we have to those who came before us. They started small and gave and grew and risked and picked themselves up after setbacks. On their shoulders we stand today.

We have at least four members today who joined the congregation 50 or more years ago who have been pledging and volunteering since they joined. There are those who have been here 10, 20, 30, and 40 years and deserve our gratitude for their pledging and volunteering since they joined.

**Dotty Ewing, August 1961, Charter Member**

Marge Fortman, March 8, 1962

Eva Moore, January 3, 1965

Pinoake Browning, January 1, 1966

Those who came before planted and nourished the roots. Now, our Stewardship Committee is asking that we continue to **Nourish the Roots and Grow our Future**. Our **yearly Pledge Commitment begins March 1, Pledge Sunday**.

For more information, see p. 2

**CUUPS Gathering —  
Imbolg**  
aka: Groundhogs Day, St. Brigid's Day

Monday, February 2  
We gather at 7:30; our rite begins at 8:00  
UUCF Chapel

Through the long winter months we long for the first signs of growth and life. As the first dandelions press toward the sun, and the ewes are lambing we will be celebrating the creative spirit of the universe by sharing our own personal creative spirit.

In the style of the Bardic Circle you are asked to share music, poetry, drumming, chanting, words or whatever stirs your creativity. You could bring something that you made, a photo or any item that sparks your muse. As always, our circle is open and you are not required to share. You can choose to simply come and enjoy and maybe become inspired.

Plan to bring a snack to share after our ritual. All are welcome. Minors must be accompanied by an adult. Free will donations gladly accepted.

~~Cosette Blackmer <[lafingfrog@gmail.com](mailto:lafingfrog@gmail.com)>

Well known Unitarians in history include John and Abigail Adams, Ben Franklin, Thomas Jefferson, Ralph Waldo Emerson, Henry David Thoreau, and Louisa May Alcott. On the Universalist side, there was Clara Barton and Susan B. Anthony. Modern-day Unitarian Universalists include Sylvia Plath, Frank Lloyd Wright, Pete Seeger, Christopher Reeve and Paul Newman. Who from UU history inspires you?

## CARL'S COLUMN

Rev. Carl Gregg



In a history book written for the 50th Anniversary of the consolidation of the Unitarians and the Universalists to form Unitarian Universalism, Warren Ross writes that, “Unitarian Universalists may not believe, with Henry Ford, that history is bunk, but many probably do believe that history is for historians — not a matter of concern for the average member of a local congregations. We tend to ignore the warning of George Santayana that those who forget their history may be condemned to repeat it, or the admonition of Rebecca Parker, that there is a shallowness that comes from each generation defining itself, assuming it can ignore whatever came before. Putting it positively, Alice Walker said “To acknowledge our ancestors means we are aware that we did not make ourselves.”

I’ve been thinking a lot in recent months about our Unitarian Universalist history and heritage in preparation for a course I’m co-teaching this spring at Wesley Theological Seminary in D.C. on “UU History and Polity.” And while I will by no means try to make you all sit through the hours of lectures and stacks of books that are required of our UU seminarians — although I do appreciate that some of you would actually enjoy that — I will be inviting you to experience a few more sermons this winter and spring than I might otherwise, in order to draw from our UU history and heritage and share with you some of the insights I am learning. If history is not your favorite subject, there will be lots of additional topics in other weeks. And my goal will be to keep the history dynamic and relevant. My hope is that we will each increasingly see our UU history and heritage as a source of help and hope for us today.

I’m grateful to be on this journey with all of you.

Peace to you,

Carl

<[minister@frederickuu.org](mailto:minister@frederickuu.org)>

## Stewardship Committee Unveils Plans for Pledge Drive

“Nourish Our Roots & Grow Our Future” is this year’s annual Pledge Drive theme to support the upcoming Congregational Year, July 2015 - June 2016. Members and Friends of UUCF are already responding to invitations to attend a Stewardship/Fellowship meal at the home of a UUCF member-host on either February 14 or 21.

This year’s Pledge Drive is particularly important to sustain the growth that UUCF has experienced over the past several years. We need more financial resources to nourish our growing staff and now Settled Minister, Rev. Carl Gregg, to expand our developing music program, and to increase support for our Facilities Maintenance program as Stan Schlepp prepares to reduce his hours after this June.

This year’s Pledge Drive comes at a time when the financial boost that UUCF received from the special 3-year Full-time Minister Fund that we raised initially to hire Rev. Carl will end in June 2015. To continue to grow our future, the Stewardship Team urges UUCF Members and Friends to give serious consideration to pledging this year in one of two ways:

If you made a “Year 3” contribution to the Full-time Minister Fund and the Operating Fund last year, please consider **continuing to pledge and contribute the combined amount of these pledges this year.** The letter that you will receive with your pledge card will indicate the amount of this combined pledge.

If you were not part of the Full-time Minister Fund, please consider **pledging a 10% increase over last year’s pledge.** The letter that you will receive with your pledge card will indicate the amount of this combined pledge.

~Dick Roblin, Stewardship Committee



## Pledge Early for Chances to Win a \$150 Gift Certificate to any Voltaggio Restaurant

Get your pledges in early to receive chances to win this year’s Pledge Drive raffle prize, a \$150 “Bryan Voltaggio gift certificate” valid at any of his 6 restaurants. You’ll receive three raffle tickets if you return your pledge by Sunday, March 1, two tickets if by March 8, and one ticket if by March 15. We’ll draw the winning raffle ticket after the 11:15 a.m. service on March 22.

# SUNDAYS AT UUCF

## Sunday Services

Sundays at 9:15 and 11:15am

**February 1:** *William Ellery Channing*, the Rev. Dr. Carl Gregg

**February 8:** *Recovery of Soul: Healing "Moral Injury,"* the Rev. Mike Morse

**February 15:** *The Love Bug and Chocolate for Lent*, the Rev. Dr. Carl Gregg and Danielle Grace

**February 22:** *Where Have You Encountered God?* the Rev. Madelyn Campbell

## Friendly Forum

Sundays at 10:15-11:05am  
in room 113

**February 1:** Neo-feudalism (Doug Foard)

**February 8 :** Community Free Clinic (Our February Split-Plate)

**February 15:** Immigration Issues (Irene Zmitrovic)

**February 22:** A New Planned Community (Kay Schultz)



## UU PROGRESSIVE CHRISTIAN FELLOWSHIP

UU Progressive Christian Fellowship meets on the **first Sunday of the month at 10:15am** for Christian worship that is grounded in progressive Christian theology. We are followers, not worshipers of Jesus; we explore in worship the meaning of a Cosmic Christ that embodies the UU principles and respects the fourth source of Unitarian Universalism.

On February 1 we will celebrate Imbolc/Candlemas and the legacy of St. Brigid of Kildare – an Abbess who bridged the worlds of the Pagan Celts and the early Celtic Christians. Led by Sea Raven, D.Min. A milk & honey, bread & wine Eucharist will be served. All are welcome.

~~[searaven.morse@gmail.com](mailto:searaven.morse@gmail.com)



## EARTH-CENTERED SPIRITUALITY

Our Earth-Centered Spirituality Service will be held on **February 15 at 10:15am** in the Chapel.

This time on Sunday morning provides an opportunity to focus on the Sixth Source of Unitarian Universalism: "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature."

Brightest Blessings,

~~ Cosette Blackmer



## UUCF BUDDHIST FELLOWSHIP

Our UUCF Buddhist Fellowship meets on the **second and fourth Sundays**. We continue to meet at 9:30am for meditation and have adjusted our presentation/discussion to begin at 10:15am, so that others may easily join us for that part of our program. You are welcome to attend either or both parts of our program. Newcomers are always encouraged and welcome.

Various members of our group will be leading the sessions, which are currently discussions of *Wise Heart: A Guide to the Universal Teachings of Buddhist Psychology* by Jack Kornfield, which we began at the last meeting in January. On February 8, we will base our discussion on chapters 3 and 4, and, most likely, review chapters 5 and 6 Feb. 22. Reading the material is encouraged, and you are welcome whether or not you have done so.

The bi-annual meeting of the UU Buddhist Fellowship (national) is meeting at the Garrison Institute in Garrison, New York, over the weekend of March 20 - 22. If you would like more information about this, please contact Nancy Hutchins For questions regarding our Buddhist Fellowship, email [buddhist@frederickuu.org](mailto:buddhist@frederickuu.org).



## ATHEISTS, HUMANISTS, AGNOSTICS

AHA meets at 12:30pm on the following dates:

**February 1:** Morality and Politics, tentative

**February 15:** *Waking Up*, by Sam Harris. Discussion leader, Nancy Pace

~~Phyllis Liddell

# Adult Spiritual Enrichment

The Adult Spiritual Enrichment Committee is one of the many shared ministries of UUCF. Its central purpose is to honor and promote the 3<sup>rd</sup> and 4<sup>th</sup> Principles: Acceptance of one another and encouragement to spiritual growth in our congregations; and a free and responsible search for truth and meaning. The Committee fulfills its mission by arranging, coordinating, and advertising presentations, classes, workshops, and educational series on a variety of topics.

During the course of the year, classes have been offered by Rev. Carl Gregg, outside presenters, and by members of the congregation as well. Among these offerings were Building Your Own Ethics and also a Parenting Forum, both led by Rev. Carl; Pathways to Membership, by the Membership Committee; The Future is Calling Us to Greatness, by the evolutionary evangelists Michael Dowd and Connie Barlow; Vegan Cooking, by Denise McIntyre Workman & Kathy Myers; and an ongoing Prana Yoga class by Irene Jericho.

Other past and future offerings are: Transcendental Poetry, by Herb Wolf; Writing Letters to the Editor, by Jack Topchik; and Writing an Ethical Will, by Penny McDougal. We hope to offer a class in Mental Health 1<sup>st</sup> Aid in the spring and also to arrange a tour of the White House as a community-building event for interested members of the congregation.

As you can see, the possibilities and potential are endless... the Committee, however, is very small. We need a larger and more robust committee to realize all of the potential and to develop a broader base of ideas for future programming. Let us know your ideas about topics that would interest you or that you would be interested in presenting. Current committee members are: Tara Scibelli (Chair) and Penny McDougal. They can be reached at [enrichment@frederickuu.org](mailto:enrichment@frederickuu.org).

In a beloved community, the enrichment of one is the enrichment of all. Please consider joining us.

~Tara Scibelli

## Speaking to Generations to Come

Adult Spiritual Enrichment Classes have been enjoyed and meaningful to us over years. At the right we are printing the response of Ron Moore to a workshop he attended in January.

Ron attended the workshop on leaving an ethical will for those who come after us and was so moved with the information, discussion and assignment during the workshop that he wrote the poem on the right.

Members of the group were impressed by his words and his method of leaving his ethical legacy to the future and asked that it be reprinted here to show just what an effect Adult Spiritual Enrichment can have on a person.



-Photo by Sheila Ryan

What are we all If not a solitary handprint calling from beyond the Wall	And as we search for answers All casting shadows of doubt
What small creatures are we To dream of legacies and eternities	Will the ages come forth, With glowing light to guide us out?
Crying out to live again Amidst the blackness of the singularity	Will we be alone in this darkness, This hollow blind space
May the air we have taken Be returned to our descendants	Did our message make sense In our brief time in space
May our minds shape the future Of the coming generations	No truths exist here For the meaning has many faces
If I look back at Earth From trillions of miles	I hold no man or woman Above anger or above patience
While my house on the prairie Grows green and wild	If I leave this handprint, Will you know my face?
Will the world Keep turning? Who can say? Who can know?	Will you remember my story throughout history
But into the void We are all fated to go	In space...
This handprint of mine Covered in grime, blood, sweat, and tears.	Ronald D Moore Scientist Poet Brother Lover Friend Human
Will It show the people coming My joys, My hopes, My fears?	I WAS HERE
Will it inspire wonder, excitement, or pain? What treasures will be found? What Loss? What gain?	Walk Hard Never Bow Be Humble Stay Human

**February:** African-American Unitarian and Universalist History month. In preparation for the March Youth Art Show in the Blanche Ames Gallery at UUCF, we'll offer some resources and lessons on African-American spiritual ancestors, both Unitarian and Universalist. Below are some book resources, available through the UUA Bookstore online at <http://www.uuabookstore.org/>.



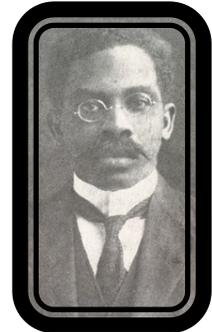
Rev. Thandeka



Rev. Mark Morrison-Reed



Francis Ellen Watkins Harper



Ethelred Brown

**March Youth Art Show: Bending the Arc Toward Justice:** Our theme for this year's youth art show will be justice, and we'll introduce African-American Unitarian Universalists for inspiration: Francis Ellen Watkins Harper and Ethelred Brown, Reverends Thandeka and Mark Morrison-Reed. How will our children and youth represent justice? What words or pictures speak to them? Submission forms will be available in January and February; ready-to-hang (wired) artwork must be submitted by Sunday, February 22.

**Arts & Exploration:** Consider sharing 40 minutes or so for our younger children. Maybe in March or April? We have time during early and late worship for simple activities, and you will have assistance! Music might be an idea that appeals to you. We haven't had much opportunity for that yet. Contact Lora with ideas and for more information: [education@frederickuu.org](mailto:education@frederickuu.org); [loraphaney@gmail.com](mailto:loraphaney@gmail.com), 301-473-7680.

## Blanche Ames Gallery Presents



### Restore

a show of abstract mixed media artwork created by  
*Shelly Lee Marie*

Visitors, Friends and Members are welcome to view the show and meet the artist at the reception on February 1, from 12:30 to 2:00

The show runs from January 25—February 21. To view the show on days other than Sunday, please call [301-473-7680](tel:301-473-7680) to assure the building is open. The gallery hours vary.



For over a decade, Shelley's mixed media paintings have drawn inspiration from an exploration of remedial and environmental survival, both from a personal and communal viewpoint. Her influences grew from a fascination over the ability of the body to heal and adapt to the unpredictable. Survival can be disastrous, but it can also be revitalizing.

Shelley is a Visual Artist with a Master of Fine Arts Degree in Painting from American University (study abroad, full term in Italy); as well as a Bachelor of Fine Arts in Studio Art and a minor in Interdisciplinary Dance from Pennsylvania University. Shelley has exhibited nationally and internationally; as well as collaborating with fellow artist and students. Such professional participation has included assuming the responsibilities of an instructor, exhibiter, performance and collaborative artist, personal assistant, and exhibition curator, designer and installer. Shelley has eight years' experience working for the National Gallery of Art in Washington, DC.

# A Few of the Faces in the Crowd:



Fanny



Patricia

Candid photos from the January book discussion. Wine, conversation and conviviality reigned at Thia Wood's house.



Nick and Mary

## Join the February Book Club

The UUCF book club will meet on Friday, Feb. 27<sup>th</sup>, at 7:30pm at the home of Mary Bowman Kruhm. The book we will be discussing is *The Oath* by Jeffrey Toobin.

This interesting book is about the Supreme Court justices. If you need directions to Mary's home, her contact information is 301-712-6828 or [writer@marybk.com](mailto:writer@marybk.com). All are welcome and we hope to see you there.



Thia



Zakir



Dave, Kathleen, Nancy and John



Marj, Jane, Bob, and Janet

Candid shots of several diners from the Chronologically Gifted luncheon at AYZE MEZE in January. Sue Thomson made all arrangements.



Barbara and Mary



Sue



Tibby, Gail, and Sandi



Sally, Pinoake, and Carole

# LOOKING FORWARD

## INDOOR Full Moon Labyrinth Walk

Come enjoy the beauty and peace of the Labyrinth by the light of the full moon! During the cooler part of the year, we take our Labyrinth practice indoors. We'll be rolling out a beautiful Classical pattern canvas Labyrinth in the Chapel of the UUCF. The labyrinth will be illuminated from 7 pm till 9 pm. Everyone is welcome. The Labyrinth is very sensitive to soot and moisture, so please either plan to go bare-foot or bring socks or clean slippers to wear while walking.

Date: 3 Feb 2015  
Time: 7:00pm to 9:00pm

Contact: Irene Jericho  
([irene.jericho@gmail.com](mailto:irene.jericho@gmail.com)) 2404056389



## Spring Labyrinth Clean-up

Calling all Labyrinth-walkers! Weather willing, our next Labyrinth walk on Saturday, April 4th, will be outdoors. The Labyrinth is overgrown from winter, and could use some TLC to get it ready for walking. If you'd like to lend a hand, please feel free to join Irene as we get the Labyrinth ready for spring! Wear clothing you don't mind getting dirty. If you have such items, please feel free to bring weed whackers, hand trowels, gardening shears and anything else you think might be useful.

Date: 28 Mar 2015  
Time: 9:00am to 12:00pm

Contact: Irene Jericho  
([irene.jericho@gmail.com](mailto:irene.jericho@gmail.com)) 2404056389

## Volunteers Needed for Pagan Pride Day

MAJOR EVENT NEEDS EARLY PLANNING

The UUCF will host Frederick's first **Pagan Pride Day Saturday, Sept 12th from 10am to 6pm**. We are looking for Event Management Volunteers, Vendors and Crafters, Readers and Healers, Representatives from local Non-Profit Groups, Events, Churches and Covens, Performers and Entertainers, Workshop and Lecture Presenters and Ritual Leaders.

If any of these options appeal to you, or if you have an idea for something you would like to add to our event that isn't on this list, email us at [frederickpaganpride@gmail.com](mailto:frederickpaganpride@gmail.com).

Deadline for submitting workshops or rituals for consideration, 1 May 2015

To volunteer to help plan or work the event, please contact me now so we can plan!

Irene Jericho 240-405-6389  
([frederickpaganpride@gmail.com](mailto:frederickpaganpride@gmail.com))

<https://frederickpaganpride.wordpress.com/>

## Square Dance is Coming

Save the Dates! Your Social Events Committee hopes you will mark these on your calendar: Sunday morning, April 12, 10:15-11am. Slim Garrison, our Square Dance Caller, will teach kids (and interested adults) how to do the square dance steps and how to play the instruments in the Jug Band.

On Saturday, April 18, at 7 to 8:30 or 9, everyone will be welcome at this exciting square dance in the Sanctuary. Children who want to play in the Jug Band will accompany Slim's banjo and fiddle. Come for Fun and Fellowship!

~ Nancy Roblin, Social Events Chair



# FISCAL NOTES as of December 31, 2014

General Operating Fund	Month of December 2014	Fiscal Year To Date July through December 2014	% of Annual Budget – 50 % through the year
Contributions:	\$41,186.20	\$187,388.45	57%
All Other Income:	\$ 3,993.61	\$ 74,625.13	88%
<b>Total Income:</b>	<b>\$45,179.81</b>	<b>\$262,013.58</b>	<b>63%</b>
Employee/Staff Expense:	\$14,029.70	\$ 94,388.58	49%
Facilities Expense:	\$14,369.55	\$ 73,094.85	44%
All other Expenses:	\$ 1,614.23	\$ 24,148.68	46%
<b>Total Expenses</b>	<b>\$30,013.48</b>	<b>\$191,632.11</b>	<b>46%</b>
<b>Difference (Net):</b>	<b>\$15,166.33</b>	<b>\$ 70,381.47</b>	

### Did you know?

For the month of December we took in \$15,166.33 more than we spent, making up for our short-fall in November, thank you to all.

Our available cash in the General (Operating) Fund is **\$130,608.06** as of December 31, 2014.

Our mortgage on the building finally went under \$ 1 Million Dollars!! As of December 31<sup>st</sup>, we owe \$998,999.99!! Thank you, Thank You, Thank You! We had 2 wonderful year end donations. There is still a long way to go, but somehow going from 7 figures to 6 feels good. Think of what we could do with the \$6,352 per month that we pay to Frederick County Bank when this loan is retired!

Our first grandchild came a little early on December 28<sup>th</sup>, but all is well. She is the sweetest little girl ever. Our little Alice Jeroma Schlepp is now up to 6 lbs. 15 oz! I spent 10 wonderful days helping take care of our son Nick, daughter-in-law Chelsea and Alice in Charlotte NC. Skype is 2<sup>nd</sup> best, but a good way to see and hear her when we are not there!

~~Janice

## Board of Trustees Notes

The Board of Trustees was delighted to welcome at their January meeting our new District Executive for the Joseph Priestley District, The Reverend David Pyle.

Rev. Pyle let us know that he is available to help us in any way he can.

He explained some of the new directions that the district is taking which, through collaborations with other congregations and districts, will mean more opportunities for us as individuals and as a congregation. We would have more access to ideas and strategies already shown to be successful as well as ways to learn more about Unitarian Universalism and increase our personal knowledge in many areas.



Pictured at center: Reverend David Pyle, District Executive for the Joseph Priestley District, with members of the Board. Front row left and right, Beth Bryant and Steve Schatken, Trustees-at-Large; Second row, Nancy Hutchins, Board Secretary and Bob Ladner, Board President. Not pictured are Emma Lou Comstock, Board Vice-President, Janice Schlepp, UUCF Treasurer, and Trustees-at-large Mike Morse, Tibby Middleton, and Phyllis Liddell. Non-voting attendees at the meeting were Rev. Carl Gregg and Religious Education Director Lora Powell-Haney.

Coming up **March 28** at the Fairfax UU is a workshop entitled "Beyond the Pledge Campaign."

Several on-line courses are available on demand through the District and also through CERG (the Central East Regional Group) which combines UU districts Joseph Priestley, St. Lawrence, Ohio-Meadville, and Metro NY and thus can offer many opportunities to learn.

And finally, the Joseph Priestley District will hold its annual Assembly **April 10-11** in the Lehigh area. Many of us cannot make it to General Assembly in June, but we might be able to attend the District Assembly.



# The Unitarian Universalist Legislative Ministry of Maryland

*Advocating for issues of interest to UUs and UU congregations in Maryland.*

The Unitarian Universalist Legislative Ministry of Maryland (UULM-MD) is a statewide advocacy network of Unitarian Universalists. We work to educate, mobilize, and coordinate UUs on specific issues before the Maryland General Assembly. Working in coalition with established state and national organizations, we as UUs model a reverence for the interdependent web of all existence which fosters justice, health and equity in society.

On Saturday, January 17, a large group from UUCF drove to Annapolis for the annual meeting of the UU Legislative Ministry of MD.

Because UULM-MD is mainly a small group of dedicated people in Annapolis trying to keep track of current legislation integral to UU values and principles, they focus on a few specific areas. One important point made at this annual meeting where affiliated UU congregations from Maryland gather was that no new spending can be added to the budget the governor submits to the legislature. Thus, UULM-MD must be selective in where they apply pressure, must work with coalitions to make an impact, and must consider views of other coalition members. During the business meeting we approved focusing on the areas listed below:

1. Support legislation in Climate Change and Reduction of Global Warming
2. Continue to monitor evolving and emerging legislation in areas of:
  - Earned Paid Sick Leave for All Workers in Maryland;
  - Physician Assistance in Dying;
  - Campaign Finance Reform for Maryland Elections;
  - Reform of Maryland's Criminal Justice System.



Back Row: John Grastorf, Rev. Carl, Phyllis Liddell, Lora Powell-Haney, Nancy Pace; Front Row: Mary Bowman Kruh, Monica Greene

In addition, UULM-MD will continue to support and monitor implementation of the Affordable Care Act and Healthy Maryland Initiative.

For those of you who live in a near-by state, UULM-MD is assisting organization of similar groups in VA and PA, but so far no group in WV has requested help.

During the day the large group of attendees had the opportunity to participate in small group discussions. Our delegation chose separate discussion groups so we could let you know a few tidbits of what went on in each. To know more, information about these areas will be posted in the SAC cabinet in the atrium or the person named below in each area will be happy to talk with you.

### **From John Grastorf, Climate Change:**

In the climate change group, the objective for now is to reinforce/defend alternative energy. From the main orientation, it appears that there will be a better understanding of tactics when each side has posted a list of bills which they wish to promote. As a new Republican governor has been elected, the issues get tougher. In Myersville, we have three Republican reps, including the party whip.

We were asked to get together with reps if we could on January 23, 5-7pm.

### **From Nancy Pace, Criminal Justice:**

In our large incarceration issues group (led by Barbara Thomas - Maryland Alliance for Justice - MAJR), we first compiled a long flip-chart list of our various criminal justice concerns. Group moderators then explained that UULM-MD choices of which proposed incarceration issues and legislation to support were still fluid, and would be determined by likelihood of passage, and by the number, talents, interest and enthusiasm of volunteers, leaders and legislators willing to work for passage.

(Article continued on next page.)

# Social Action Committee

**JUSTice + ACTION = JustAct**

<http://uusocialjustice.org>

Mary Kruhm, Chair

(Report on UU Legislative Ministry of Maryland Annual Meeting continued from previous page.)

## From Phyllis Liddell, Economic Justice:

Breakout group on Economic Justice discussed needs and remedies. All agreed this should be a priority. Two people volunteered to co-chair. The topic will be recommended to the Board for adoption.

## From Mary Bowman-Kruhm, Death with Dignity (aka Physician Assistance in Dying)

After sharing the story of how Eva Moore buttonholed State Senator Ron Young in that bastion of capitalism Wal-Mart and urged him to propose the legislation, I showed the headline in the *Frederick News-Post* that he had done so. Cathy Weber, UULM-MD chair of this issue, overviewed the history and findings in states with Death with Dignity laws (e.g., no evidence people are exploited). Working not to change the opposition's perceptions but to say it should be an *option* is a good response; the matter of how you want to live should be between you and your doctor. Cathy recommended the video *How to Die in Oregon*.

I picked up a blue *Compassion and Choices* bracelet for Eva Moore as thanks for her efforts over many years and one for myself. They say it all—"my life, my death, my choice" ([compassionandchoices.org](http://compassionandchoices.org) or 800-247-7421). Consider joining this group and identify yourself as working for the law to pass in MD. The more support we give, the more help they will give Maryland.



Lunch at P.F. Chang's before we headed back to Frederick about 3pm. An excellent event!

Mary Bowman-Kruhm

[SAC@frederickuu.org](mailto:SAC@frederickuu.org)

●●●● Rally in Annapolis and meetings afterward with our delegates!

Put March 4 on your calendar. ●●●●

## Healthcare is a Human Right

### Maryland!

After two years of surveys and community speak-outs, a report has been written: *Voices of Maryland's Healthcare Crisis*. In December the report was launched at a press conference in Baltimore; it was hand-delivered by HCHR members to our representatives in Annapolis on January 26. We are urging passage of paid sick days for Maryland workers. Want to help? Contact Matt at [410-236-5488](tel:410-236-5488) or [mwsquinlan@gmail.com](mailto:mwsquinlan@gmail.com)

The Frederick County Chapter of HCHR offers a free screening of the documentary, *Revolutionary Medicine*, a film about a community that got outraged and built their own hospital. The screening will be at C. Burr Artz Library community room on Saturday, February 7, from 2 to 4pm. All are welcome; a discussion will follow the film.  
~~Monica Greene



## UU - United Nations Office

A leader in social justice advocacy, the UU - UNO invites you to our annual inter-generational seminar, **April 9 - 11, in New York City**. Youth and youth advisers will arrive April 8th for orientation. At the exciting and educational seminar, you will gain understanding on a topic of global concern. Past seminars have focused on the rights of indigenous peoples and environmental justice, poverty, HIV, human trafficking, peacekeeping, climate change, and the empowerment of women. The 2015 topic is International Criminal Justice. For more information, visit our webpage ([www.uua.org/springseminar](http://www.uua.org/springseminar)).

## The Green Corner

### Climate March: An Odyssey of Survival

Activist Ed Fallon came back to Frederick on January 28 to talk about the recent 3,000 mile Great March for Climate Action.

After going home to Iowa, he has another action planned: March 1 - 31, a march against the Bakken Oil Pipeline (Lee County - Lyon County, Iowa.) Ed Fallon will walk about 400 miles following the proposed path of the Bakken Oil Pipeline, to encourage landowners in the path of the pipeline to oppose having their land taken by eminent domain.

Ed also discussed the urgency of the climate crisis and the need to protect our water. For more information, contact Ed at [fallon-forum@gmail.com](mailto:fallon-forum@gmail.com).

# Social Action Committee

JUSTice + ACTION = JustAct  
<http://uusocialjustice.org/news>

Mary Kruhm, Chair

**Split-Plate  
Recipient  
Sunday,  
February  
15th**



## Community Free Clinic of Washington County

Penny McDougal's late husband, Dan, passionately considered his work with the Community Free Clinic of Washington County (CFC) one of his life's most meaningful contributions. She quotes Dan as saying, "The people I see [in the Clinic] are neighbors. These are regular American folks. They're working two or three jobs and barely getting by."

By late 2009 Dan's ALS halted his medical practice. In his honor, Clinic staff launched an endowment fund named for

him and the Clinic continues to be a vital resource in Washington County. In 2013 it provided over 12,000 patient visits to the uninsured and dispensed over 40,000 prescription medications on a meager operating budget of \$896,900 with NO FEDERAL OR STATE FUNDING, thanks to community medical volunteers and diligent fundraising efforts.

Please give as generously as you can to this amazing organization that truly honors the worth and dignity of every person. For more information, see Penny's guest post at <http://uusocialjustice.org/news>.

## COMPASSION AND CHOICES MD INVITES YOU TO OUR LOBBY DAY

**WEDNESDAY, MARCH 4, 2015**  
HOUSE OF DELEGATES

We will have a full day of lobbying for *Death with Dignity*. Starting with coffee and then a speaker and distribution of materials at 10:30am and continuing through until meetings with our legislators from 11am-1pm, lunch, and then additional meetings with legislators from 2-4, this is our chance to show how passionate we are about our desire for Death with Dignity legislation. Please order a free ticket at <http://tinyurl.com/k6hpiqv>. The Social Action Committee would also appreciate your letting us know you will attend; please text or e-mail Phyllis Liddell (240-586-4554; [phyllis.elaine@comcast.net](mailto:phyllis.elaine@comcast.net)) or Mary B-Kruhm (301-712-6828; [SAC@frederickuu.org](mailto:SAC@frederickuu.org)) if you will join us. Also looking for drivers!

**MY LIFE — MY DEATH — MY CHOICE**

[Rev. Michael Dowd](#), who spoke at UUCF last year, has completed the **online Symposium** (virtual conference) that he was working on at that time, titled, *The Future Is Calling Us to Greatness*.

The 55 interviews that make up this series can be freely accessed for two weeks, from January 26 - February 8. Beyond that, the entire set of 55 audios, videos, and transcripts can be purchased for \$25.

Sign up [here](#) to receive the schedule or for more information. Participants include leading experts and activists, including **James Hansen, Bill McKibben, U. S. Senator Sheldon Whitehouse, Richard Heinberg, James Howard Kunstler, Paul Hawken, Tim deChristopher**, and dozens more.

## Circle of Life Cooperative Accepting Enrollment

Circle of Life Cooperative (CLC) Preschool is now accepting enrollment for the fall. The CLC philosophy weaves the affirmations of Unitarian Universalism into a developmentally-appropriate and cooperative environment that promotes healthy, happy children.

In a cooperative program, each family participates in the operation of the school. Families also take turns assisting the lead teacher in the classroom. A cooperative school setting allows each family to be an active and meaningful part of their child's preschool experience. Each child gains a positive introduction to school and a sense of belonging to a larger community.

Circle of Life offers:

- Small classes
  - Beautiful rural setting
  - Environmentally conscious
  - Healthy organic snacks
  - Allergy friendly
  - Curriculum and classroom environment inspired by Montessori, Waldorf, and Spirit Play
- 2-day, 3-day, and 5-day programs offered

For more information or to schedule a tour, call 301-473-7680 or email us at

[circleoflife@frederickuu.org](mailto:circleoflife@frederickuu.org). You can also find more information online at [www.frederickuu.org/circleoflife](http://www.frederickuu.org/circleoflife).

## PLAYMATE WANTED

Patricia Cronin will be teaching Arts and Exploration for our younger kids in February. Alas, she will sadly miss Rev. Carl's wonderful sermons and the rest of the Sunday services on those days. She'd love to have another grownup partner with her to share activities on those and possibly additional Sundays. Each of us could attend a separate Sunday service and play with the kids at opposite times.

She has February's activities (and the needed supplies) ready to go. Contact her at [301-865-4442](tel:301-865-4442)

## FEBRUARY BIRTHDAYS



17<sup>th</sup> – Raeann Robisch; 18<sup>th</sup> – Amy Rembold; 21<sup>st</sup> – Trevor Ellis; 22<sup>nd</sup> – Rett Dean; 23<sup>rd</sup> – Luke King, Sianna King, Tracey Law; and 27<sup>th</sup> – Knicki Bergman.

**The Unitarian Universalist Congregation of Frederick, MD**  
**4880 Elmer Derr Road**  
**Frederick, MD 21703**  
**301-473-7680**  
**[www.frederickuu.org](http://www.frederickuu.org)**

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**Webmaster**, Rick Holt <[webmaster@frederickuu.org](mailto:webmaster@frederickuu.org)>

## Publications

**Unison Deadline**: submissions by the 24th; web posting on the 28th  
**Mid-Week Announcements**: submissions by Wednesday, noon; e-mailed on Thursdays  
**Submission address**: [frederickuu.org/announce](http://frederickuu.org/announce)

# February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>9:15am Worship Service</b> 10:15am UU Christians (Chapel) 10:15am Friendly Forum (113) 10:15am RE Classes <b>11:15am Worship Service</b> 12:30pm AHA Discussion 12:30pm Art Show Talk and Reception	<b>2</b> 8pm Imbolc/ Groundhog's Day (CUUPS)	<b>3</b> 7pm Transcendentalist Poetry Class 7pm Labyrinth Walk	<b>4</b> 7:30pm Choir Rehearsal	<b>5</b> 1pm Social Action Comm. Bag Lunch 2pm SAC Meeting	<b>6</b> 12:30pm Level One Prana Flow Yoga Class	<b>7</b>
<b>8</b> <b>9:15am Worship Service</b> 9:30am Buddhist Fellowship (Chapel) 10:15am Friendly Forum (113) 10:15am UU Parenting Forum 10:15am RE Classes <b>11:15am Worship Service</b>	<b>9</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>10</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>11</b> 8am RUUMEO (IHOP at Westview Promenade)  7:30pm Choir Rehearsal	<b>12</b>	<b>13</b> 12:30pm Level One Prana Flow Yoga Class	<b>14</b> <b>Stewardship Dinners</b> (Members' Homes) 
<b>15</b> <b>9:15am Worship Service</b> 10:15am Earth-Centered Service (Chapel) 10:15am Friendly Forum (113) 10:15am RE Classes <b>11:15am Worship Service</b> 12:30pm AHA Discussion	<b>16</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>17</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>18</b> 7:30pm Choir Rehearsal	<b>19</b> 7pm Board of Trustees Mtg.	<b>20</b> 12:30pm Level One Prana Flow Yoga Class	<b>21</b> <b>Stewardship Dinners</b> (Members' Homes)
<b>22</b> <b>9:15am Worship Service</b> 9:30am Buddhist Fellowship (Chapel) 10:15am Friendly Forum (113) 10:15am RE Classes <b>11:15am Worship Service</b> 12:30pm Environmental Justice Team Meeting	<b>23</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>24</b> <b>12pm The Frederick School of Religion</b>  <b>7pm The Frederick School of Religion</b>	<b>25</b> 8am RUUMEO (IHOP at Westview Promenade)  7:30pm Choir Rehearsal	<b>26</b> 12:30pm UUCF Staff Meeting — Minister's Office	<b>27</b> 12:30pm Level One Prana Flow Yoga Class	<b>28</b>

## Annual District-wide UU Worship-Arts Festival

February 20-21 at the UU Congregation of Fairfax, VA  
<http://www.jpduua.org/>

If you are interested in potentially becoming a Worship Associate to help lead the Sunday service at UUCF, this annual event is a great way to begin learning more about worship leadership.

Join other laypersons and religious professionals (including Rev. Carl) from UU congregations around our district for this annual celebration of power UU worship! Workshops address the theology, theory, and practice of UU worship, with the goal of broadening our communities beyond boundaries we may not even have realized we had drawn! You won't want to miss out on these exciting conversations! If you have any questions, contact David M. Glasgow, Festival Coordinator, at [jpdwaf@davidmglasgow.com](mailto:jpdwaf@davidmglasgow.com).