

UNISON



Published by the UU Congregation of Frederick, MD (www.frederickuu.org) ◇ **May 2014**

A Welcoming Congregation

Notes
to
Self

GET ON CALENDAR

**ANNUAL UUCF
MEETING
JUNE 8, NOON**

3rd – *Labyrinth Day and Beltane. Get kids into the Maypole Dance at least – bring potluck dish. All day if we can hold up.* [p.7]

6th – *UU History Class starts. Check for sitter with Lora.* [p.5]

17th – *Elmer Derr Road Clean-up. 9am* [p.12]

18th – *Don't forget to get to ALERT REV. CARL BY MAY 11 to include our family in dedication at Sunday Service* [p.2]

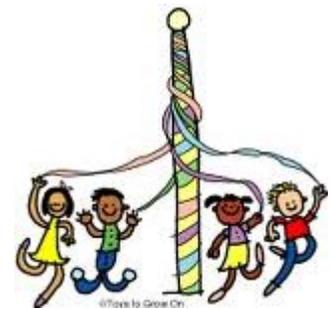
18th – *Ice Cream Social; Find out where we can fit into some Social Justice Actions in Frederick. Africa connection too?* [p.10]

World Labyrinth Day Celebration and Beltane Ritual Saturday, May 3rd, 2014



**Introduction to Labyrinth Walking
Creating Your Own Temporary Labyrinth
Sacred Sound
Open Labyrinth Walk
Beltane Ritual and Labyrinth Walk**

Day and evening events. See details p7.



NOTICE TO NEWSLETTER CONTRIBUTORS: June will be our last *Unison* issue for the 2013-2014 year. Much gratitude to all who have contributed to the sharing of our announcements and information.

The staff will take a two-month break and will be back, rested and ready, for our September, 2014 issue.

The deadline for submissions is **May 24!** Any announcements for June or the summer are due then.

Nominating Committee Seeks Applicants for UUCF Leadership Positions -

Deadline for Applications May 11, 2014

The 2014 UUCF Nominating Committee has announced organizational vacancies to be filled in the coming year. All are elected positions with voting to occur on June 8, 2014, at the Annual Congregational Meeting. If you've been a member of this Community for at least six months and have been searching for a way to get to know this Community better while providing valuable leadership, then we encourage you to consider applying for one of the open positions. Your application must be submitted to the Committee by May 11, 2014.

The **Board of Trustees** has five vacancies opening up this year including President, Vice President, Treasurer, and two Trustees -At-Large. The President, Treasurer, and Trustees-At-Large serve a two-year term; the Vice President will serve a one year term. The Board of Trustees is charged with overseeing the business and policy of UUCF. Board of Trustees members may be called upon for service on other Committees, leadership on ad hoc groups, and interaction with the greater community of Frederick. With the Minister, the Board of Trustees is the public "face" of UUCF.

The **Endowment Board** also has five vacancies with service terms from one- to three-year periods. The Endowment Board is a relatively young committee for UUCF so this is an exciting opportunity for an individual who wants to contribute to growing the congregation. It is not necessary for applicants to the Endowment Committee to be financial professionals, but should be individuals with strong and deep social ties to the congregation and concerns for its long-term stability. Members will help everyone understand how they can contribute to the growth of the Endowment through donation and estate planning.

The **Nominating Committee** will have five vacancies with service for one year. The Nominating Committee's role is to identify candidates for upcoming vacancies in UUCF elected leadership positions. Nominating Committee service is usually most active in the spring.

We want to hear from you if you are intrigued by the idea of service in any of these positions! You will find unique satisfaction for your effort!

Please don't hesitate to contact the Nominating Committee at nominations@frederickuu.org or by going to the web site (www.frederickuu.org) and finding the application on line. You can also find an application in your Order of Service, or by going to the Office and asking for a copy. You can also find one of us after Service and we'll be glad to tell you more. Don't forget -- you must submit your application to the Committee by May 11, 2014.

Thank you!

Diane Shuey, Jill Schatken, Meg Menke, Nancy Lohrey, Alex Hamill

Summing up the Pledge Drive

Our recent Pledge Drive had some notable accomplishments. 83% of our Members pledged, as did 15 UUCF Friends (10 for the first time). The total amount of pledges, from both Members and Friends, to both the Operating Fund and the third year of the Full Time Minister Fund, was \$284,535. Total Pledge Income increased about 7% from last year. The Stewardship Team (Leigh Fields, Dave Hutchings, Dick Roblin, Bill Sydnor and Rev. Carl Gregg) would like to thank all those who made pledges for the coming year.

In FY2015-16, which starts in July 2015, we will no longer have the Full Time Minister Fund Pledges coming in. Pledges to the Full Time Minister Fund over the last three years enabled UUCF to recruit Rev. Gregg as our full time minister. All of us have noted increasing attendance on Sunday mornings since his arrival. To keep building on this recent progress, we will have to sustain or increase our Pledges to the Operating Fund in coming years. The Stewardship Team would like to recruit two new members. Contact Dick Roblin if you are interested. <ror3@mac.com>

CHILD DEDICATION

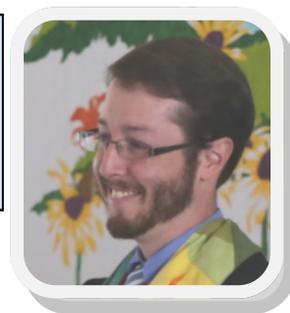
Sunday, May 18, 11 am Service

Unitarian Universalists believe that every child brings new life and hope into the world. Once or twice a year, we set aside a special time during worship for a Child Dedication ritual for our community to bless infants or young children new to the congregation. The next opportunity is **Sunday, May 18 at the 11:00 am service**. If you have an infant or young child that you would like to have participate in this Child Dedication, please email Rev. Carl <minister@FrederickUU.org> by Sunday, May 11.

I'm excited about our congregation's new ongoing Leadership Development Program. For many years, we've offered regular classes for welcoming new members called "UUCF 101: Pathways to Membership." Now, we are beginning a regular offering of classes (at least twice a year) on "UUCF 201: Pathways to Leadership." The intention of these sessions is both ongoing leadership training for current leaders as well as an intentional "on ramp" for potential leaders to discern leadership opportunities in our congregation. If you were unable to attend our first UUCF 201 class at the end of April, there will be another opportunity in the fall. In the meantime, I'm also glad to meet with anyone individually who is feeling like the timing may be right to get more involved here at UUCF. If that is the case, please call or email me (minister@FrederickUU.org). For more information, visit frederickuu.org/leadership.

CARL'S COLUMN

Rev. Carl Gregg



I also wanted to continue to update all of you about the ongoing discernment around the Family Emergency Shelter in our community. The details are still being worked out about whether, for example, using UUCF as a location is even needed. In the meantime, the greatest current need of the Religious Coalition for Emergency Human Needs is for volunteers for evening shifts (6-8pm, 8-10pm) at 27 DeGrange St. in Frederick to sign-in guests, make them feel welcome, assign beds, and offer mentoring/encouragement. Training is provided, and a Coalition staff member is always present to supervise. More information is online at thereligiouscoalition.org.

Another new offering on our UUCF website is a Topical Sermon Archive to supplement our chronological sermon archive. See: frederickuu.org/sermons.

I also invite anyone interested to join me for a six week class I'm going to be teaching, starting Tuesday, May 6 (7:00 - 8:15pm) on "What a Long, Strange Trip It's Been: Unitarian Universalist History." We'll explore the dynamic course of Unitarian, Universalist, and Unitarian Universalist (UU) history: the people, ideas, and movements that have shaped our religious heritage. We'll consider what the stories of our history can teach that can help us live more fully and abundantly in the present.

I'm grateful to be with you all on this journey.

Peace to you,

Carl

<Minister@FrederickUU.org>

Board of Trustees Notes

Appreciating Carl Kruhm

The Board opened the April 22nd meeting by each person appreciating the contributions to UUCF made by past-President **Carl Kruhm** -- and the list of contributions was very long and varied. Contributions range from policy concerns to the fire pump, and much in between. The Board is very grateful for all Carl's care and concern for UUCF and wishes him the best.

Officers for the Remainder of This Term

The Board has appointed **Steve Schatken** to step into the role of President, and **Bob Ladner** has accepted the position of Vice-president for the remainder of this term, which ends June 30, 2014. We are very grateful for their willingness to serve.

Budget Planning

Much time at the April meeting was spent in reviewing Finance Committee reports and recommendations, so that a budget that meets the needs and goals of UUCF can be presented at our Annual Meeting on June 8, 2014. At this point in the process, it appears we will be looking at a budget that funds our current levels of staffing and programming, including cost-of-living increases for staff and inflationary costs for basic service contracts and maintenance of our building. The Board is still assessing whether or not we can afford some modest improvements in our staffing or programming. A last look at the draft budget will take place at the May 15 BOT meeting. All our meetings are open meetings.

Preparations for the June 8 Annual Meeting

Committee chairs, staff, team leaders are asked to submit an **annual report** to Board Secretary Nancy Hutchins by **May 20**. We would like you to focus on successes, new directions, and/or on how well you met your mission. Remember this is a record we can look at through the years to track our progress.

The Nominating Committee is busy finding talent to replace outgoing officers and vacancies. The Board hopes that everyone will seriously consider whether they are in a position to provide some shared leadership for UUCF. Elections are held at the June 8 Annual Meeting. Please plan to attend, everyone.

Nancy Hutchins, Secretary

If you have not turned in your pledge yet, please do so. (Pledging can be done online. If you have pledged at the status quo level, can you increase that amount?)

SUNDAYS AT UUCF

Sunday Services

Sundays at 11:00am

May 4: *The Right of Conscience and the Crystallization of Conscience*, the Rev. Dr. Carl Gregg
Choir Sunday

May 11: *Founding Mothers of our Faith*, the Rev. Dr. Carl Gregg

May 18: *Fast Future: How the Millennial Generation is Shaping Our World (Graduation Recognition, Bridging, Teacher Recognition)*, the Rev. Dr. Carl Gregg and Ben Gaffigan, UUCF youth representative to UU-UNO
Choir Sunday

May 25: *Memory, Memorial Day, and Monument Wars*, the Rev. Dr. Carl Gregg

Friendly Forum

Sundays at 10:00-10:50am
in room 113

May 4: Climate Solutions: Mitigation and Adaptation: "We must act now to prevent further climate change and adapt to those changes we cannot prevent." (Sandi Smith-Gill)

May 11: Free for All

May 18: TBA (Working out Speaker Schedules)

May 25: TBA (Working out Speaker Schedules)

See the mid-week announcements for the latest information on the topics for the last two weeks of the month.

The discussions end promptly at 10:50 am.



UUCF BUDDHIST FELLOWSHIP

We meet the second and fourth **Sundays at 9:30am for meditation** followed by a program of information and/or **discussion 10:00 - 10:50am.**

Meeting Sunday, **May 11 and May 27**

Newcomers are always welcome at either or both parts of our meeting.

The UUCF Buddhist Fellowship has been using discussion time at 10 am to explore our understanding of the pointers in *When Things Fall Apart* by Pema Chodron. We expect to complete our study of this book on May 11. Watch for announcements to see our programs for spring and summer, as our discussion to decide on future programming will take place after the deadline for this newsletter.

Childcare is provided for 10am programs by UUCF. Childcare for the 9:30am meditation is available with 72 hours advance notice. Please contact DRE Lora Powell-Haney, education@frederickuu.org.



EARTH-CENTERED SPIRITUALITY

This month our Earth Centered Spirituality Service falls on **May 18th**. Please plan to join us to reconnect with the Interdependent Web of All Existence at 10am in the chapel. All are welcome.



SERVETUS SOCIETY: UU CHRISTIANS

The Servetus Society, a chapter of Unitarian Universalist Christians, meets the first Sunday of each month from October to June at 10 a.m. in the Chapel.

May 4 is the 4th Sunday of Eastertide and the service will be led by Sea Raven; **June 1** will be a celebration of Pentecost, led by Rev. Carl Gregg. Communion is served; all are welcome.



ATHEISTS, HUMANISTS, AGNOSTICS

AHA meets at 12:15pm on the following dates:

May 4: *The Essence of Christianity* by Ludwig Feuerbach (\$8 on Kindle, but come for the discussion even if you have not read the book)

A suggestion from Rev. Carl, "Anyone who doesn't have time in the next month to read all of Feuerbach's classic critique of Christianity (although it's great if you do have time!), here are two resources you might appreciate."

(1) There's a good, short intro to Feuerbach at people.bu.edu/wildman/bce/feuerbach.htm

(2) Feuerbach's own short summary of his seminal text is available at marxists.org/reference/archive/feuerbach/works/lectures/lec30.htm

May 18: Burning Issues

Looking ahead: June 15 Rev. Carl explores Nietzsche's teachings. Relevant today?



RE World

LORA POWELL-
HANEY
Director of Religious
Education
education@frederickuu.org

RE World: Bubble Meditation

My office not only has papers, books, boxes of crafting supplies, and artwork to be returned to young artists. It has bubbles. Lots of little bottles of bubbles left from various Easter egg hunts, prizes, weddings.... Now, I have discovered what to do with them.

Those times when the creative juices seem to run dry or too many things need to be done at the same time, I will slow down, grab a bottle of bubbles, and blow. Over and over and over, a little breath in and a gentle breath out and I let the tension or "monkey mind" float away in the breeze. Tiny reflective globes dance, and I feel focus and calm returning.

Too simple? Not deep enough for a spiritual practice? I invite you to watch a toddler trying to blow bubbles for the first few times. Getting that liquid to form a bubble that leaves the wand challenges young

coordination and concentration. The breath has to be just *here*, like *this*, or the tension of the liquid breaks before a bubble forms, or a bubble forms but cannot fully float free. Once the technique is mastered, however, bubbles flow and flow and flow.

That sounds like a meditation practice to me!

Now, we don't just blow bubbles every week in our Religious Education program. We do practice many forms of meditation, in age-appropriate ways. We learn about our Unitarian and Universalist ancestors and their faith journeys. We hear stories from many spiritual traditions and connect them to our UU faith. We create gifts to welcome new friends and gifts for those in need of spiritual support. And, yes, we sing and dance and play, all as a way to explore relationship, justice, community, and Mystery.

I invite you to put down your smartphone, step away from your computer, and pick up a bottle of bubbles. Share your spirit/breath with the universe. Be as a child, in wonder at the magick of the everyday. Blessed be!

Be sure to check the congregational calendar for a number of May events to feed your spirit and share with a special child in your life.

May 3: A day of labyrinth learning, an afternoon of ritual and celebration of May

May 17: Spiritual Creative Nature Retreat: creating a nature journal

May 18: Our annual Transitions worship service, including a time for child dedications, RE teacher recognition, wisdom from our youth; and an ice cream social following the service, with displays on all the social and environmental justice projects that occurred in the last year.

ADULT SPIRITUAL ENRICHMENT

Service Opportunity for Pathways to Membership Class:

As our numbers continue to grow at UUCF, more and more people are considering membership. To help them learn about Unitarian Universalism and our congregation, and to assist them in deciding if UUCF is a good fit for them, we offer a class called UUCF 101: Pathways to Membership, four times a year. The Membership Committee is looking for a couple of current members who would be interested in helping to teach these classes. Pathways classes are offered from 9 am to 1 pm on a Saturday morning. Dick Roblin and Ann Foard have been handling the instruction, but would welcome some help. Volunteers could expect to work with either Dick or Ann twice a year. If you are interested in this service opportunity, please let us know by contacting Dick or Ann.

Using Mindfulness in Daily Life
Jerry Hartman, T.M., & Adam Silcott
Saturday, May 10, 2014, 9:00 am -
1:00 pm (1 session) (Chapel)

Creative, Spiritual Nature Retreat
Lisa Solomon
Saturday, May 17, 2014, 1:00 pm -
2:30pm in the chapel

Please check the web link below to read details about the classes, including any fees!

<http://www.frederickuu.org/ase/register.php>

Vegan Cooking: Tricks and Tips
Kathy Myers & Denise McIntyre-Workman
Thursday May 22, 2014, 7:00-9:00 pm.

What a Long, Strange Trip It's Been!
UU History
with Rev. Carl Gregg
6 Sessions. Tuesdays, May 6th - June 17th
7 - 8:15 pm
Unitarian, Universalist, and Unitarian
Universalist (UU) history-the people, ideas,
and movements that have shaped our
religious heritage



www.frederickuu.org

Joys & Concerns

Recently resigned Board President **Carl Kruhm**, who is suffering from mesothelioma, has finally begun a treatment plan: very strong anti-cancer drugs to try to shrink his tumor and then surgery to clear out the rest, followed by chemo placed directly into his abdomen. He was asked if he would donate blood and tumor samples for research. Carl's response was typical of him, that he had worked in education for 30 years and appreciated the chance to give to the body of scientific knowledge.

Carl sent a message to us, "Wish I were there!" We wish you were too, Carl.

On a happy note, **Doug Foard** surprised the medical establishment and came home from the rehabilitation center in time for Easter. His May 12 date for return left us feeling we had been given a special gift last Sunday. Stay well, Doug.

A new family structure is forming with wonderful people in our community. **Mike Morse and Sea Raven** will join in a new household where they can find love and joy and strength as they give the best care possible to Carol. Best of luck for the future. (To read their announcement to the congregation, see the mid-week announcements of April 17.)

After waiting their turn for months, **Jeff and Marguerite Wilson** are finally heading to Ecuador to fulfill their mission for the Peace Corps. They will set up a blog site so we can follow their adventures. Keep us posted. You know we will miss you.

Ashley and Kevin Lynn welcomed Adelle Elinor Lynn (8lbs 12 oz.) into their home on April 5. Adelle is adorable and her siblings are understandably infatuated. Adelle made an appearance for Easter and we are all infatuated as well. Congratulations are in order.



Circle of Life Summer Activities!

Circle of Life is coming to the end of this May with a record year! We are enrolled fully for the upcoming 2014-2015 school year, with a wait list to boot!

This will mark the beginning of our tenth year as an institution. CLC is hoping to host some fun summer activities to raise funds to commemorate this noteworthy year, and also to keep in touch with other families and members throughout the summer months. Circle of Life will be hosting a car wash during the summer months, and organizing a bowl-a-thon as well. We will be keeping the congregation in the loop about these activities through our Facebook page, so if you have not "liked" us yet, please do so! CLC is extremely grateful for the support and generosity of the congregation at UUCF.

Another important activity we have planned for the summer is restoration of the Cob house on the UUCF playground. Due to a harsh winter, it is sorely in need of some hard work and

love. There is concern that it may not be salvageable if we don't get some information and volunteers to do some work. If anyone is in contact with an engineer or contractor, or even a UUCF member who was involved in the original creation of the Cob house, we would be indebted to you for putting us in contact with them. This will likely be a large event with all CLC families attending to help with the Cob house in addition to yard work that needs to be done to maintain the playground for everyone's use. Please forward any/all information you may have that can help us to Rane Lederer at ranedae@gmail.com.

And don't forget we are still TerraCycling! If you have any of our TerraCycling products in your home and want to bring them in before the last day of school (Friday, June 6th) please let do so! You can see the list on our website. <http://www.frederickuu.org/circleoflife/forms/FEB1oupcycling.pdf>

Thank you to UUCF for making this a banner year for CLC! We are hoping to continue in the upward swing of community awareness and social responsibility as we educate young children in the UU tradition.

Mari Grider



Scrip Table always Open after Service

Joan Deacon and Ann Nathan are ready to connect you with all your purchase and travel needs. Jane Ladner is next to them at the coffee/chocolate station ready to connect you to the finest organic coffee and chocolate in the world. Pay them a visit and help out UUCF in the process.

And, if you are buying from Amazon, use our web link so we will receive a little part of Amazon's profit. You will be linked immediately to your own account.

<http://www.amazon.com/exec/obidos/redirect-home/uucf04-20>



World Labyrinth Day Celebration and Beltane Ritual Saturday, May 3rd, 2014



Celebrate World Labyrinth Day with an entire day of Labyrinth programming! Attend all the offerings or pick the workshops/events that appeal most to you.

9 am: Walking In Spirit: An Introduction to Labyrinth Walking

The Labyrinth is an ancient symbol of transformation, spirituality and connection. Join Irene for an informative and moving Labyrinth workshop. Peacefully walking the Labyrinth can be a helpful spiritual tool to quiet the mind, open the heart, and bring new clarity. Discover the history of the Labyrinth, the different techniques and approaches to Labyrinth walks and how to incorporate this incredible tool for growth into your life. Workshop includes a facilitated Labyrinth walk.

11 am: Creating Your Own Outdoor Temporary Labyrinth

Would you like to include a Labyrinth as part of an event, or simply be able to add one to your yard quickly and easily? Learn to create a walkable, outdoor Classical or Seed-pattern Labyrinth with temporary, inexpensive supplies.

Noon – Lunch Break

2 pm: The Healing Labyrinth: Releasing Burdens with Sacred Sound

The Labyrinth is an ancient symbol of transformation, spirituality and connection. One of its most potent uses is as a way to release -- to let go of pain, frustration, anger, apathy and feelings of being stuck in a bad situation. This workshop will help attendees work through their burdens in a healthy, constructive way. The workshop will include a facilitated walk featuring the use of rattles and chimes to help us Release that which does not serve and Receive healing and renewal.

4 pm: Open Labyrinth Walk

Experience the differences in patterns and location with a special Open Labyrinth Walk. Three Labyrinths will be available for walking – the contemporary Labyrinth outside in the Labyrinth Courtyard, the Canvas Rainbow Labyrinth (Classical pattern) indoors in the Chapel, and a Classical Labyrinth in temporary materials outside on the church grounds. Compare and contrast the reflections that arise and energies you experience on different Labyrinths. All three Labyrinths will have a facilitator present.

6 pm – Dinner Break

8 pm: Open Beltane Ritual and Maypole Dance

Honor the Turning of the Wheel with Frederick CUUPS at our annual Beltane Ritual and Maypole Dance led by Irene Jericho! Family-friendly and open to everyone. Drums, rattles and other percussion instruments are welcome, as are contributions toward a potluck feast afterward.

9 pm: Drum Circle and Outdoor Labyrinth Walk

Stay for a Beltane drum circle in the Labyrinth courtyard and experience the jubilant energy of a Labyrinth walk set to hand drumming.

A wonderful May Day for all ages — come when you can, stay as long as you want.

For more information, contact Irene Jericho <irene.jericho@gmail.com> or Cosette Blackmer <lafingfrog@gmail.com>

VISUAL ARTS COMMITTEE ANNOUNCEMENT



The Visual Arts Committee is pleased to announce that Denise McIntyre-Workman will become the new VAC chair, beginning in May.

We all know Denise for her vegan food, her Tai Chi classes, and, of course, as President/Chair of the Board. But I'll bet most of us don't know about her extensive art background! Denise received a BFA from the Corcoran College of Art and Design, and taught sculpture and drawing for the Arlington Co. Department of Recreation. She had what she calls a "short career" as an elementary school art teacher before establishing a custom woodworking business, which she ran for 10 years. She then brought all of these experiences together and turned her talents to interior design.

Welcome Denise!

~~ Maida Wright

FISCAL NOTES as of March 31, 2014

Fiscal Notes –as of March 31, 2014

General Operating Fund	Month of March 2014	Fiscal Year To Date July, through March 31 , 2014	% of Annual Budget – 66% through the year
Contributions:	\$27,210.50	\$246,674.84	83%
All Other Income:	\$ 2,653.63	\$ 63,977.12	60%
Total Income:	\$29,864.13	\$310,651.96	77%
Employee/Staff Expense:	\$16,265.77	\$142,808.07	77%
Facilities Expense:	\$15,918.14	\$126,349.60	76%
All other Expenses:	\$ 4,689.54	\$ 31,802.62	61%
Total Expenses	\$36,873.45	\$300,960.29	75%
Difference (Net):	(\$7,009.32)	\$ 9,691.67	

Did you know?

As of March 31, 2014, we were 75% of the way through our fiscal year, and at that point we had taken in \$9,691.67 more than we spent for the year. We continued to dip into our positive Income flow in March by \$7,009.32. This winter we have had more than normal facilities expenses with the extremely cold winter, freezing of the sprinkler heads that caused all the water damage, installation of the much needed insulation, snow removal and ice control, increased propane usage and a new water heater to name a few. The Contributions are ahead of budget because some people pre-paid their pledges. The Income line is under budget mainly because we have not had the building rentals that we budgeted for.

To summarize, March was not a “break even” month. Our average expense amount for the current year is \$33,440 per month. At this rate, we will use the surplus from the 1st 4 months of the year by the beginning of May. Please, please continue to pay your current year pledges and be mindful of the utilities you use. Our available cash in the General (Operating) Fund is \$80,384.12.

We now owe \$1,026,251.87 on the building. What will we be able to do with that money when the building is paid off??? Wow, the options are endless... Our payment is currently \$6,586.77 per month.

Everyone has been focused on the pledge drive for our next fiscal year (and perhaps you are a little tired of hearing about it by now). BUT, it is the only way we can tell if we will have enough funds to maintain our current staff, the facility and our programs., and to know which things we can increase (or not). I would like to say a **HUGE THANK YOU** to EVERYONE who has made a commitment to UUCF and pledged their hard earned dollars toward our continuing programs and mission. As of today, we have **\$284,535** in pledges for the next fiscal year. The finance committee will present a balanced budget to the BOT this month and then it will be up to the BOT to decide what, if any, new initiatives we can support. In June, the congregation will vote on that budget. And last, but certainly not least, a really **BIG THANK YOU** to the Stewardship committee, led by Dick Roblin. They have spent countless hours on this extremely important task.

So, aside from all the talk about next year, I want to remind everyone of their current year pledge commitment. If you need an updated donation statement, and did not receive one by email last week, please let me know, and I will get one for you. I know spring has sprung. The cherry blossoms, daffodils and tulips are beautiful .. and there is nothing like the color of “spring green” with the newly formed leaves on the trees!

Janice Schlepp, Treasurer



Our Annual Congregational Meeting

When: June 8, following Sunday Service

Where: The Sanctuary

Why: The "Why?" of the annual meeting is this — we govern ourselves. That said, once a year we get together to do the congregation's business. The "we" is us, you and me. All of us who are voting members should be there — we are democratic and we need a quorum of members to do business. Proxy votes may be used.

What: Below are some of the items and events that occur at this meeting, where we govern ourselves, and see the results of our opinions collected throughout the year, and get to speak up when we feel called to do so on issues we feel important and may have been missed.

- Approve the 2013-2014 Budget
- Elect new members for the Board of Trustees, the Endowment Board, and the Nominating Committee
- Approve By-Laws changes
- Announce UUCF Service Awards

See you there.

Sending Announcements Made Easier!

Send Announcements from Website

If you have an announcement to post in the Sunday Order of Service, the UUCF Mid-Week Announcements, or the Unison newsletter, you may submit it online using the form at frederickuu.org/announce. Postings to the order of service or mid-week announcements must be no longer than 500 characters. *Unison* articles may be 250 or so words. For additional information, go to this form and click on Help.

We're also social media friendly! If you Tweet, Instagram or post to Facebook about UUCF, please use the hashtag #frederickuu. Follow our Twitter feed at @uufrederick.

Recognizing the need for social justice in the world, UUCF members Ben Gaffigan, Monica Greene, and Karen Russell were in New York City April 2-5 at UU-UNO (United Nations Office) was "Sacred Roots: Indigenous Lamentation." This was Ben's third year at the annual event, and he was the leader of the many young people there from the U.S. and Canada.



UU-UNO

for the 2014 intergenerational seminar. The theme Rights, Resistance, and Rec-

lamation." This was Ben's third year at the annual event, and he was the leader of



Ben Gaffigan



Karen Russell and Monica Greene

At United Nations headquarters, the keynote speakers were indigenous architect Douglas Cardinal, UUA President Peter Morales, and Canadian Unitarian Council Director Vyda Ng. During panel presentations, participants learned about issues such as The UN Declaration on the Rights of Indigenous People, indigenous spirituality, traditional lands and governmental borders, repudiating the Doctrine of Discovery, and environmental justice in indigenous communities.

Working in small groups, the participants worked to write an action statement to be sent to United Nations representatives, the UN Economic and Social Council, and their own religious congregations. **At UUCF, a report of the seminar will be offered soon at a Friendly Forum, and information will also be available at the Social Action ICE CREAM SOCIAL, May 18.** ~~ Monica Greene



Social Action Committee



JUSTice + ACTION = JustAct

<http://uusocialjustice.org>

Social Action News



Ice Cream Social and Volunteer Expo

Join us at the May 18th, 12:30-2:00 Ice Cream Social and Volunteer Expo for more information on SAC's 2013-2014 work. If you're on a UUCF committee or volunteer outside UUCF, share information about what you do and, if your group would like additional volunteers, how others can help.

Please e-mail SAC@frederickuu.org or contact Cynthia Kuske (301-874-2482) to be listed in the program and arrange for table space.



1080 West Patrick Street, Suite 4 Frederick, MD 21703 301-668-6270 www.centrohispanomd.com

Centro Hispano May 18th Split-Plate Recipient

Centro Hispano is a 501(c)3 non-profit established in 2006 by a group of Frederick County residents to provide advocacy and support for immigrants and limited English proficient people of all nationalities. Centro Hispano provides a number of services, including classes in English as a second language, citizenship preparation, tutoring and literacy, and computer skills; legal consultation and translation of documents; assistance with medical insurance information; and multilingual workshops on relevant topics (e.g., health, law enforcement, immigration).



For more information, visit <http://www.centrohispanomd.com>.

<http://www.centrohispanomd.com>



Outreach to Africa Update

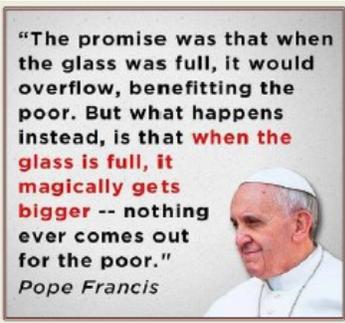
Since 2009 **Lilian Ochieng Adoyo** received UUCF financial support for her education through high school. Now a scholarship recipient at Moi University, where she is enrolled in an accelerated program in medicine, your split-plate donations have provided food, clothing, travel, textbooks, and incidentals. Lilian, along with other students in the Kenya Self-Help Project (KSHP), received a computer recently and she is well on her way to fulfilling her dream as she moves toward the end of her five-year program in medicine. Lilian needs minimal help from UUCF now. However, we requested information about her financial needs from the executive director at KSHP and will soon let you know more.

Three boreholes were drilled at **Oltorotua**. Only one yielded water but that supply will be sufficient, with planning and rationing, to supply the village. Maasai villages are composed of several compounds, or circles of small mud-and-dung houses, within a few miles radius. To supply several compounds, including the one where Jackson Liram lives (he visited here last spring), required piping the water. The Rotary clubs supporting this project, working with hydrogeologist Dan Odero, will soon have in place a wildlife-safe system for carrying the water to all parts of Oltorotua and hygiene and water management training will begin.



Healthcare is a Human Right — Maryland

A People's Health Forum will be held on **June 4 in Frederick at All Saints Episcopal Church**. Everyone is invited, including community leaders and candidates for state office. Individuals will share stories of how the healthcare system has impacted them, and candidates will be asked about their stand on the issue of healthcare as a human right.



A play, "Mercy Killers," has been written about the anguish many people endure due to lack of access to healthcare. The play raises important questions about personal responsibility and how much we, as a community, want to support each other.

The Frederick County chapter of Healthcare is a Human Right is arranging to have Michael Milligan's one-man play presented in Frederick soon.

The chapter meets twice monthly and welcomes visitors and new members. For information, please call Monica Greene at [\(301\)696-2263](tel:3016962263).

The Blanche Ames Gallery Presents New May Art Exhibit

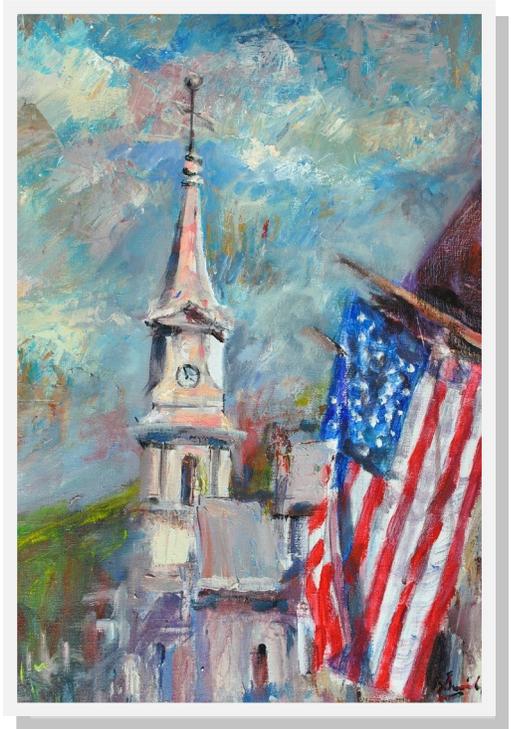
Sunil Sukla

Sunil Sukla's series "Celebration of Life" will be exhibited at the Blanche Ames Gallery May 4-25, 2014. He shares with the viewer his perception of the wonders of everyday life.

Immersing into the American society as an immigrant from Bangladesh, his life has been enriched with very interesting experiences in diverse climates, cultures, environments and with various kinds of people. Through his paintings, Sunil brings to life observations of aspects of life in a daily context; e.g., a rickshaw passing by a crowded city street or a lone farmhouse surrounded by snow for miles.

In the US, Sunil takes pleasure in discovering and then expressing the uniqueness of places that may go unnoticed, to give them their own special identity. For example, in his paintings, he expresses the vibrant allure of a dock in Annapolis, or the peaceful stillness of the countryside of western Maryland.

Audrey Farnsworth



Artist Talk and Reception May 4th 12:30—2pm

Sunil will share stories about his background growing up in Bangladesh, his reasons for immigrating to the USA, and how two different cultures have influenced his art.

After the 20 minute talk, guests will share refreshments and talk with him about specific pieces in the show.

To view the show on another day, please call 301-473-7680 to assure the building is open. The gallery hours vary.

Road Clean-up Never Looked So Comfortable



Join us **May 17 at 9am** to do our regular sweep of Elmer Derr Road. We adopted our entrance road years ago and have faithfully tried to keep up with all the trash that is blown or thrown our way.

But a chair is something new. Isn't that nice? Now we can take breaks as we pick our way along the road.

Come with good shoes, gloves, and a grabber if you have one. We will provide bags and safety vests. We always have a good time together as we beautify our little spot in Frederick County.



May BIRTHDAYS

3rd – Gail Griffin, Charles Patrick O'Keefe, Maida Wright; 7th – Sophie Sargent; 10th – Natalie Askounes, Ben Gaffigan; 13th – Nikolai Remaley; 14th – Karen Knotts; 15th – Lauren Hudgins; 16th – Sam Gaffigan; 17th – Jeff Harold, Karen Russell; 18th – Dick Menzer; 19th – Stephanie Letourneau; 22nd – Eric Scott; 24th – Barbara Gordon, Alice Kleinfeld; 25th – Moira Everett; 29th – Kristianne Buker; 30th – Danielle Grace; 31st – Jessica Hudgins.

The Unitarian Universalist Congregation of Frederick, MD
4880 Elmer Derr Road
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Publications

Unison Deadline: submissions by the 24th; web posting on the 28th
Mid-Week Announcements: submissions by Wednesday, noon; e-mailed on Thursdays
Submission address: frederickuu.org/announce

May 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid orange; padding: 5px;"> <p>** This calendar is not all-inclusive of UUCF'S building use. Please go to http://frederickuu.org/calendar/ for a complete schedule.</p> </div>				<p>1</p> <p>9:30am Yoga Class</p> <p>1pm Social Action Comm. Bag Lunch</p> <p>2pm SAC Meeting</p> <p>7pm Chalice Community Group</p>	<p>2</p>	<p>3</p> <p>9am World Labyrinth Day & Beltane Celebration. Activities all Day and Evening. (See details on p. 7)</p>
<p>4</p> <p>9:45am Chalice Facilitators Meeting</p> <p>10am Servetus Society, UU Christians (Chapel)</p> <p>10 am Friendly Forum (113)</p> <p>11am Worship Service</p> <p>12:30 pm Art Reception</p> <p>12:15pm AHA Discussion</p>	<p>5</p>  <p>CINCO DE MAYO</p>	<p>6</p> <p>7pm "What a Long Strange Trip it's Been: UU History" Class</p> <p>7pm Nominating Committee Meeting</p>	<p>7</p> <p>7:30pm Choir Rehearsal</p>	<p>8</p> <p>9:30am Yoga Class</p> <p>10am Chalice Community Group Meeting</p>	<p>9</p>	<p>10</p> <p>9am "Using Mindfulness in Daily Life" Class</p>
<p>11</p> <p>9am Membership Committee Meeting</p> <p>9:30am Buddhist Service (Chapel)</p> <p>10am Friendly Forum (113)</p> <p>11am Worship Service</p> <p>12:15pm Chalice Community Group</p>	<p>12</p> <p>7:30pm Finance Committee Meeting</p>	<p>13</p> <p>6pm Rehearsal for Spring Concert</p> <p>7pm Nominating Committee Meeting</p>	<p>14</p> <p>10am Chalice Community Group Meeting</p> <p>7:30pm Choir Rehearsal</p> <p>8pm Full Moon Labyrinth Walk</p>	<p>15</p> <p>9:30am Yoga Class</p> <p>7pm Board of Trustees Meeting</p> <p>7pm Chalice Community Group</p> <p>7pm Facilities Management Committee Meeting</p>	<p>16</p>	<p>17</p> <p>9am Pathways to Membership Express</p> <p>9am Adopt-a-Road Project</p> <p>1pm Spiritual Creative Nature Retreat</p>
<p>18</p> <p>10am Earth Centered Service (Chapel)</p> <p>10am Friendly Forum (113)</p> <p>11a.m. Worship Service</p> <p>12:15pm AHA Discussion</p> <p>12:30pm SAC Ice Cream Social</p>	<p>19</p>	<p>20</p> <p>7pm "What a Long Strange Trip it's Been: UU History" Class</p> <p>7pm Nominating Committee Meeting</p>	<p>21</p> <p>7:30pm Choir Rehearsal</p>	<p>22</p> <p>9:30am Yoga Class</p> <p>10am Chalice Community Group Meeting</p> <p>7pm Vegan Cooking: Tricks and Tips</p>	<p>23</p>	<p>24</p>
<p>25</p> <p>9:30am Buddhist Service (Chapel)</p> <p>10am Friendly Forum (113)</p> <p>11am Worship Service</p> <p>12n New Member Recognition/Reception</p> <p>12:15pm Chalice Community Group</p>	<p>26</p>	<p>27</p> <p>7pm "What a Long Strange Trip it's Been: UU History" Class</p> <p>7pm Nominating Committee Meeting</p>	<p>28</p> <p>10am Chalice Community Group Meeting</p> <p>7:30pm Choir Rehearsal</p>	<p>29</p> <p>9:30am Yoga Class</p>	<p>30</p>	<p>31</p>